



## **MESSAGE FROM THE PRESIDENT**

Finally, a break from the summer heat. If only we could find some rain! On a positive note, most all of the construction on Rt 17 seems completed which has improved our commute to our classroom.

Your new Board began its work in mid September as Chuck Watkins moved to ex-officio member, Jack Allison moved to the Vice President's slot, Peggy Verdine became Secretary, Barbara Barrett became Chair of the Admin Committee (which I am sure John Thompson will miss), Donna Lewis will take over the Membership Committee, and I moved up to President. More on that later.

We have an exciting lineup of sessions this fall and attendance seems higher to me as the room is filling up quickly. I am sure that the Curriculum Committee will come up with a lively list of programs for the spring. Speaking of spring, Membership is still looking for a venue for our Spring Luncheon. If you have suggestions, let Donna know.

As of the first part of January, things will change for the Board. Lynn and I are purchasing a home in Richmond with a closing in mid December. This is going a lot faster than we had anticipated. As a result, I will have to resign my position as President. Pending action by the Board at its December meeting will consist of Jack moving up to President, the appointment of Dottie Meyers to the Board as per the by-laws to fill out my remaining term as a Board member, and approving Joan Bitely as VP.

As always, members are encouraged to attend and get involved in the various committees. It is a great way to meet others and learn how Elderstudy works.

Mel Wright

## **ElderStudy 2015-2016 Year-End Financial Report**

At its September 13, 2016 Board Meeting, the Board of Directors approved the financial operations report for the 12-month period which ended on August 31, 2016. This financial report appears in this newsletter as “2015-2016 Operations Report #12”.

The income from 2015-2016 membership fees (268 paying members) was sufficient to cover the budgeted expenses as well as providing funds for year-end grants to University Departments whose faculty provided programs during the year. Income from fees associated with the October 2015 Program in Richmond, VA were sufficient to cover the transportation and dining expenses for that program. Reservation fees associated with the December 2015 holiday luncheon at Lake-Of-The -Woods were sufficient to cover the associated expenses.

The 2015-2016 financial records are currently undergoing a required independent audit which is expected to be completed prior to the December 2016 Board Meeting. Board approval of this independent audit is necessary prior to filing the Annual Federal tax Return in early January 2017.

Inquiries for additional information regarding the 2015-2016 Operations Report should be addressed to the Treasurer at [johnsafet@cox.net](mailto:johnsafet@cox.net).

*[www.elderstudy.com](http://www.elderstudy.com)*

*What you need to know - when you need to know it!*

This Newsletter is prepared by me, Dot Meyers, with the help of many members of ElderStudy. If you have any questions or suggestions for the newsletter, please feel free to let me know. You can leave a message on the phone, 540-654-1769, or call me at 540-760-1533.

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OCTOBER 2016

Mary Washington ElderStudy				Rept Date:	9/1/2016
2015-2016 Operations Report #12				BOD Approved	9/13/2016
Accounting Category/Subcategory	2015-2016 Approved Budget (€ YTD: 9/1/2015 thru 8/31/2016			% of Plan	
<b>INCOME</b>					
Carry-over from Prior Year	TBD		YES		
Membership Fees [268]	\$13,118.00		\$15,334.00		116.9%
NameTag Replacement Fees	\$0.00		\$40.00		
Interest from Certificates of Deposit	\$0.00				
Miscellaneous (excludes replacement NameTags)	\$0.00				
Membership Special Events Fees	\$0.00		\$1,764.00		\$49.42 profit
Curriculum Off-Site Fees	\$0.00		\$1,530.00		\$6.93 profit
Early 2016-2017 Memb Fees [176/182 ]			YES		
Total ES Income/Revenue	\$13,118.00		\$18,668.00		
<b>EXPENSES</b>					
<b>Board of Directors</b>					
Awards	\$0.00		\$0.00		
BLS Scholarships	\$1,000.00		\$1,000.00		100.0%
Election Expenses (copying, printing)	\$200.00		\$165.61		
Grants (from excess 2015-16 Funds)	TBD		\$2,200.00		
Classroom Contingency (in carry-over))	YES		YES		
Subtotal BOD	\$1,200.00		\$3,365.61		
<b>Curriculum Committee</b>					
S  (a)	\$7,500.00		\$7,245.61		96.6%
Postage/Mailing/Copying	\$125.00		\$62.40		49.9%
Off-site Location Programs	\$0.00		\$1,523.07	(see income)	
Gifts/Gratuities	\$25.00		\$0.00		0.0%
Stationery/Supplies	\$100.00		\$15.78		15.8%
Telephone Service [12 mos.]	\$150.00		\$132.00		88.0%
Special Activities (10/12/16 Offsite)	\$0.00		\$200.00		
Subtotal Curriculum Committee	\$7,900.00		\$9,178.86		(#)
<b>Administration Committee/BOD</b>					
General Operating Funds	\$200.00		\$100.00		
S  [c]	\$325.00		\$262.98		
Postage/Mailing/Copying	\$100.00		\$57.71		
Subtotal Administration Committee	\$625.00		\$420.69		67.3%
<b>Membership Committee</b>					
Brochures/Rack Cards	\$100.00		\$0.00		0.0%
Stationery/Supplies	\$200.00		\$145.05		72.5%
Gifts/Remembrances	\$100.00		\$0.00		0.0%
Name Tags	\$300.00		\$383.06	(see income)	
Newsletter(5)/Communications	\$1,000.00		\$565.68		56.6%
Postage/Mailing/Copying	\$200.00		\$265.87		132.9%
Web Site	\$180.00		\$176.43		98.0%
Telephone Services [12 mos.]	\$150.00		\$132.00		88.0%
M  (b)	\$1,190.00		\$2,252.04	(see income)	
Subtotal Membership Committee	\$3,420.00		\$3,920.13		(#)
Total ES 2015-2016 Expenses YTD	\$13,145.00		\$16,885.29		(#)
Net ES 2015-2016 Expenses YTD			\$13,592.07		
					3
(a) 12/2/15 BOD added \$500 to item budget			(#) Includes all expenses		
(b) Fall GMM expenses paid by Dr. S					
[c] W-F partial reimbursement for new checks.					

## **ADMINISTRATION COMMITTEE REPORT**

ElderStudy's (ES) bylaws charge the Administration Committee with developing and executing policies and plans for ES operations, subject to approval by the Board of Directors. The Committee also is to monitor finances, project future needs, propose an annual budget, and recommend annual fees; recommend changes to ES's governing documents and the Policies and Procedures (P&P) document when needed; and maintain official ES documents and history. The Committee meets quarterly about 8 days before the Board of Directors meetings.

The Administration Committee last met on August 30. Preliminary year-end financial reports were reviewed and approved for presentation to the Board with appropriate updates through August 31, the end of ES's fiscal year. Other recommendations discussed and approved for the Board's approval at its September 13 meeting include: (1) making minor changes on six pages of the P&P and issuing only updated pages instead of reprinting the entire document; (2) determining which of two qualified candidates shall be chosen as Treasurer (one subsequently withdrew); (3) appointing Connie and Chuck Block to conduct the annual audit for the period ending August 31, 2016; and (4) allocating up to \$100 for supplies for the white board mounted in the classroom, to be taken from the Newsletters/Communications line item of the Membership Committee's budget, which is the appropriate line item and has funds to cover the estimated costs.

John Thompson conducted this August meeting—his last as Administration Committee Chairman—in his usual able, affable manner. Committee members extend a heartfelt thanks for his years of leadership. He will be missed but is invited to grace our proceedings with his presence as long as he is so inclined!

The next Committee meeting is Tuesday, November 29 at 1 p.m. in the Stafford Campus classroom. Members are encouraged to attend. Contact Chairman Barbara Barrett ([barrettorr@verizon.net](mailto:barrettorr@verizon.net)) if you have any questions or concerns.

## **CURRICULUM COMMITTEE REPORT**

The Curriculum Committee (CC) needs to alert every one of some changes in the remainder of our fall 2016 schedule. Since the beginning of the semester, we have had to add some information to the description of two programs, moved a program to an earlier date, changed the description of a program and added two additional programs. We would emphasize that the information available on line at the ElderStudy website is up to date. The new information is especially critical to those members who use the hard copy schedule provided with the August 2016 Newsletter. We apologize for any inconvenience this may have caused. Following are the changes:

### ADDITIONAL DESCRIPTIONS FOR EXISTING PROGRAMS

Tuesday, November 15 10am – noon. Architecture at the Scottish Border Sponsored by Phil Hall

Presenter: Phil Hall . Images and commentary from a tour my wife and I enjoyed this past May. We visited castles, manor houses, gardens, abbey ruins, historic sites, and enjoyed the incomparable Scottish countryside.

Tuesday, November 29 10am – noon. To Oz: An Australian Adventure Sponsored by Rose Reif.

Presenters: Jack Allison, Mary Ann Stana

Join us for a photographic journey covering the eastern half of Australia. From the barren lands of the Red Center to the lush rainforests of the Karandu region enjoy exotic flora and fauna and the colorful aboriginal inhabitants as seen through our lenses.

### NEW PROGRAMS

Wednesday, November 16 1pm – 3pm Tony Bennett: Pre-Concert Lecture Sponsored by Phil Hall . Kevin Bartram will discuss: Tony Bennett. A pre-concert lecture on the life and career of the legendary singer who will perform a rare Christmas show with the UMW Philharmonic on December 9.

Thursday, November 22. 10am – 12:30 pm

The Academy Awards Best Pictures: The Emergence of the Summer Blockbusters, 1975–1979. Sponsored by Alan Zirkle

Gary Owen will discuss: The so-called “Renaissance of Hollywood” began during these years. Steven Spielberg’s *Jaws* introduced to the paying public the “event films,” summer big-budgeted films geared towards action and youth-oriented special effects. George Lucas followed the shark film with *Star Wars*, insuring that blockbusters were here to stay. We’ll trace the Academy Awards Best Picture category during this time period, from which both films were nominated, as well as describe the new technologies introduced. Those included the steadicam, memorably used in *Rocky*, and the VHS videotape machine, which distributed Best Picture nominees such as *Apocalypse Now*, *Midnight Express*, and *All That Jazz*.

## CORRECTED DESCRIPTION

Wednesday, November 2. 1:30pm – 3pm. Fall UMW Gallery Tour II. Ridderhof Martin Gallery

Sponsored by Mary Ann Stana. Presenter: Rosemary Jesionowski

We will begin at the Ridderhof Martin Gallery for Association for Creative Zoology and continue to DuPont for an exhibit to be announced. Note unusual start time.

## RESCHEDULED PROGRAM

The program scheduled for Wednesday, November 16 from 10am – noon had to be rescheduled and was moved to September 22, 2016

The CC believes that the fall schedule has been a great success with many and varied programs. The CC is now working hard to prepare and finalize our spring 2016 schedule. Obviously, we need to have it done for inclusion in December 2016 newsletter. We still have a few spaces for additional programs and continue to encourage ElderStudy members to help sponsor programs or to give a presentation themselves.

Another important reminder for those who do not have email or who do not routinely check their email and that is to remember that the best way to determine if a class has been cancelled or that a class has been added is to use the ElderStudy phone number (540 654-1769 – Option 2).

A final reminder to leave cell phones or other electronic devices in your car or ensure they are turned off prior to the beginning of any class. It is obviously disruptive to the flow of any presentation to have a noise making device go off unexpectedly.

## CHUCK JOHNSON – CURRICULUM COMMITTEE CHAIRPERSON

ElderStudy sends email messages whenever there is a change in the schedule, and whenever there is other information to convey to the membership. Members who do not use email can get phone messages from a volunteer about changes.

We have started archiving the text of recent emails on the ElderStudy website. If you have accidentally deleted a message, or if you believe that you are not getting messages that you should be getting, check this webpage. From the main ElderStudy webpage, click on Governance, then Recent Emails. Or, from the Curriculum Menu webpage, click on Archive of Recent Emails. Read the Disclaimers at the beginning of the page.

When ElderStudy detects a problem when sending you an email message, you will be contacted by phone in an effort to fix the problem. But sometimes we don't detect a problem when there is one. If you find that you are not receiving messages that you should be getting, verify that ElderStudy has your correct email address. We will do what we can to fix problems originating at our end, but sometimes you may need to contact your provider if we cannot resolve it.

## **MEMBERSHIP COMMITTEE REPORT**

The Membership Committee would like to extend a welcome to all returning and new members for another year in learning and growing through ElderStudy. We are excited to report that our organizational membership continues to be strong, and your active participation is necessary for us to succeed. We would like you to help us continue to spread the word about ElderStudy. You are our best sources for recruitment. In addition to recruiting and welcoming new members, our committee is responsible for keeping the membership informed about upcoming opportunities through tools such as our website, newsletters and our classroom bulletin/white boards. We maintain a voicemail service with updates and plan social events to help members get acquainted.

Our committee is responsible for maintaining and making available the current roster of members. If you have a change in your contact information, please notify a member of this committee so we can keep our records up to date. In addition, we try to stay in touch with our members who are infirmed or have suffered a loss in the family. So that we might send the appropriate condolences, we appreciate you notifying us if a member is in need.

Our vibrant committee is currently planning for the General Membership Meeting (October 19, 10am) in the LLC, UMW's Stafford Campus; our Annual Holiday Luncheon at Lake of the Woods (December 1, 11:30 am); and our next membership Committee meeting (November 30, 11 am) in the LLC. We hope that you will consider joining us for all of these events. Please note that the Holiday Luncheon reservation form can be found in this newsletter. Please complete it and return as instructed.

As we start our new year, we want to extend a special thank you to our outgoing chairperson, Pat Parkinson for her leadership over the past two years. We look forward to her continued participation in ElderStudy.

Donna Lewis

Membership Committee Chairperson

# JOIN US FOR THE ANNUAL ELDER STUDY HOLIDAY LUNCHEON

**THURSDAY, DECEMBER 1, 2016 11:30 AM to 2:00 PM**

Lake of the Woods Clubhouse – 102 Lakeview Parkway, Locust Grove, VA. Cash bar at 11:30; Lunch at 12:00

Entertainment Provided by Doug Gately – 1:00 to 1:30

\$21.00 per Person - Guests Welcome. Deadline for Reservations: Tuesday, November 22, 2016

**MENU** Honey Bourbon Salmon – Atlantic salmon topped with a honey-bourbon glaze **OR**

Chicken Parmesan – Lightly fried chicken breast topped with parmesan and provolone cheese and drizzled with marinara sauce.

Served with Salad (French or Italian Dressing), Green Beans Almandine, Roasted Red Bliss Potatoes, Éclairs, Beverage Station.

**Complete this form and check one entrée per person:**

Name: \_\_\_\_\_

Honey Bourbon Salmon \_\_\_\_\_ Chicken Parmesan \_\_\_\_\_

Name: \_\_\_\_\_

Honey Bourbon Salmon \_\_\_\_\_ Chicken Parmesan \_\_\_\_\_

Name: \_\_\_\_\_

Honey Bourbon Salmon \_\_\_\_\_ Chicken Parmesan \_\_\_\_\_

Name: \_\_\_\_\_

Honey Bourbon Salmon \_\_\_\_\_ Chicken Parmesan \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_ Check Number: \_\_\_\_\_

**Respond by Tuesday, November 22, 2016, with check, made payable to Mary Washington Elder Study, for \$21.00 per person. Mail to:**

**Carolyn Sulima, 12603 Cannon Crest Drive, Fredericksburg, VA 22407**