



PRESIDENT'S MESSAGE

Happy Spring!

There's nothing like bird song or a line of Bradford pear trees in bloom to make one quickly forget the ills of winter.

We are moving toward the end of our spring semester after a winter that was a doozie. The Curriculum Committee has some wonderful tours and classes to round out our year and is completing a fall schedule with thought provoking offerings.

The Membership Committee sponsors our Spring Potluck Luncheon on May 15. All are invited to enjoy good food and good company. Also, as the Membership Committee strives to improve member communications, it has formed a subcommittee to assess the use of additional electronic technologies, such as electronic distribution, FaceBook, Tweeter, etc.

Among the tasks of the Administration Committee is a call for proposed changes to the Policies and Procedures Manual. Each committee includes a report in this newsletter.

We are very grateful for the tasks performed by our three standing committees. As you know, this is an all-volunteer organization. We encourage you to do what you can: Join a Committee, run for the Board, help with a social event, or sponsor a class. It is your organization. Bring your ideas and your helping hands.

ElderStudy also marks the end of the first year in our new home at the Center for Life Long Learning at the UMW Stafford Campus. We are fortunate to be in a modern facility with plenty of seating and parking for all.

Best wishes, Bill Toomey

New Members Elected to the Board of Directors

Three new members were elected to the Board of Directors at the March 19th General Meeting. Eighty four ballots were tallied and, as a testament to the strengths of each candidate, it was a very close race.

Peggy Gratz, Donna Lewis, and Mel Wright will begin their three-year terms in September 2014.

With appreciation to the candidates, ballot tellers, and nominating committee, Mary Ann Stana

KEY POINTS FROM BOARD (3/11/14) and GENERAL MEMBERSHIP (3/19/14) MEETINGS

(Summarized by Secretary Barbara Barrett from the minutes to comply with a duty in the Policies and Procedures document; complete minutes are posted on the ElderStudy website)

3/11/2014 Board Meeting (rescheduled from 3/5 because of hazardous driving conditions)

- Mary Washington ElderStudy's 2012-13 Federal tax return was accepted by the IRS.
- Funds for the 2014-15 Bachelor of Liberal Studies Scholarship were transferred to UMW.
- Program cancellations because of bad weather, mechanical failures on campus, or other events require coordination among program sponsors, the Curriculum Committee Chair, the President and sometimes UMW. Written guidelines will be developed to clarify lines of responsibility.
- New volunteers are needed to chair the Curriculum and Membership Committees next year.
- Having new members pick up their orientation packets and temporary nametags at the ES classroom is working well.
- Maturing CDs have been/will be renewed on a short-term basis at the best possible rates.
- Cost quotations for Officers & Directors Liability insurance were discussed.
- The February issue of the newsletter with the ballot(s) is the only issue to be sent to all members via the United States Postal Service (USPS). All other issues will be mailed via USPS only to those members who have not opted for electronic delivery of newsletters.
- Once a year, every member will be given a hard copy of the membership roster. Updated versions will be sent electronically on a monthly basis to every member with an email address.

3/19/2014 General Membership Meeting (excludes items reported above)

- At present, 90-95% of the fall semester programs are in place. A program must have a sponsor; if a member suggests a program without arranging for a sponsor, the program will not occur.
 - The Membership Committee has formed a subcommittee to assess the use of additional means of electronic communication (e.g., social media). The Committee recommends that ballots be mailed first-class separate from the March newsletter.
 - ES income is 8% more than anticipated when the budget was prepared because more members joined than expected.
 - Three new Directors were elected for a 3-year term: Mel Wright, Peggy Gratz, and Donna Lewis.
 - A Budget Call for 2014-15 was issued; send information to the Admin Committee by April 28.
 - Proposed changes to the *Policy and Procedures* should be submitted to the Committee by May 1.
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Treasurer' Report

The mid-year financial reports have been approved by the Board of Directors and are included with this newsletter. The **Mid-Year Operations Report** (September 1, 2013 to February 28, 2014) shows that income from membership fees exceeded the budget estimate [the number of memberships exceeded anticipated levels] and this income is sufficient to fund the budgeted expenses provided that there are no overruns. The **Mid-Year Balance Sheet Report** indicates that the organization's assets exceed its liabilities. Both reports are posted on the bulletin-board in the classroom and on the website.

Administration Committee Report

The Administration Committee has recently "kicked off" two major annual tasks which need attention by the membership, the three Committees, and the Board of Directors. **TASK A** is the preparation of the Annual Budget for the 2014-2015 Program Year (September 1, 2014 to August 31, 2015). Information has been requested from all of the above regarding budget categories, budget amounts, rationale for all increases/decreases/additions/deletions. Written inputs (electronic or hand-written) are to be submitted to the Administration Committee Chair **NOT LATER THAN April 28** so that the committee can prepare a Proposed Budget to be presented to the Board of Directors for approval on June 4. Copies of the Budget Call and the submittal format are posted on both the website and in the classroom.

TASK B is the Annual Review of the Policy and Procedures Document to determine what changes may be necessary to ensure that the document is accurate and correct for the Program Year beginning September 1, 2014. Inputs are requested from the membership, the three Committees, and the Board of Directors; submissions are to be made in writing (electronic or hand) to Anne McGrath or the Committee Chair **NOT LATER THAN May 1** to allow for review and consolidation of suggested changes leading to a Recommended Draft by the Admin Quarterly Meeting on May 27. The Committee recommendations will be presented to the Board of Directors on June 4, 2014. Copies of the Review Call and the submittal format are posted in the classroom and on the website.

Mary Washington ElderStudy

2013-2014 Year-to-Date Operations Report #6

BOD Approved 3/11/14

Mid-Year Report

Accounting Category/Subcategory	2013-2014 Approved Budget (6/5/2013)	Actuals YTD: 9/1/2013 to 2/28/2014	% of Plan
INCOME			
Carry-over from Prior Year	TBD	\$8,714.33	
Membership Fees [236 paid]	\$12,095.00	\$13,090.00	108.2%
Interest from Checking Account	\$0.00	\$0.00	
Interest from Certificates of Deposit	\$320.00	\$156.79	Reinvested
Miscellaneous (excludes replacement NameTags)	\$0.00	\$0.00	
Total ES Income/Revenue	\$12,415.00	\$21,961.12	
EXPENSES			
<u>Board of Directors</u>			
Awards	\$0.00	\$0.00	
BLS Scholarships	\$1,000.00	\$1,000.00	100.0%
Grants (from excess 2013-14 Funds)	TBD	\$0.00	
Classroom Contingency (CD principle in ckg)	\$5,000.00	\$41.07	
Subtotal BOD	\$6,000.00	\$1,041.07	
<u>Curriculum Committee</u>			
Speakers/Programs (Sept-Jan)	\$6,500.00	\$2,699.22	41.5%
Postage/Mailing/Copying	\$125.00	\$0.00	0.0%
Off-site Location [Wash Nat Cathedral]	\$0.00	\$100.00	
Gifts/Gratuities	\$25.00	\$0.00	0.0%
Stationery/Supplies	\$100.00	\$21.19	21.2%
Telephone Service [6 mos.]	\$150.00	\$66.00	44.0%
Special Activities (net)	\$0.00	\$0.00	
Subtotal Curriculum Committee	\$6,900.00	\$2,886.41	41.8%
<u>Administration Committee/BOD</u>			
General Operating Funds	\$150.00	\$0.00	0.0%
Stationery/Supplies/Publications	\$125.00	\$3.56	2.8%
Postage/Mailing/Copying	\$75.00	\$0.92	1.2%
Subtotal Administration Committee	\$350.00	\$4.48	1.3%
<u>Membership Committee</u>			
Brochures	\$150.00	\$42.40	28.3%
Stationery/Supplies	\$100.00	\$49.93	49.9%
Gifts/Remembrances	\$200.00	\$0.00	0.0%
Name Tags (net)	\$275.00	\$245.63	89.3%
Newsletter (prep & distrib) [3 of 5]	\$1,800.00	\$800.91	44.5%
Postage/Mailing/Copying	\$200.00	\$67.91	34.0%
Web Site	\$125.00	\$0.00	0.0%
Telephone Services [6 mos.]	\$150.00	\$66.00	44.0%
Membership Meetings/Spec Events (net)	\$1,000.00	\$422.26	42.2%
Subtotal Membership Committee	\$4,000.00	\$1,695.04	42.4%
Total Expenses (without Classroom Reserve)	\$12,250.00	\$5,585.93	45.6%

MARY WASHINGTON ELDERSTUDY
2013-2014 Mid-Year Balance Sheet Report

Reporting Period: September 1, 2013 thru February 28, 2014

Date of Report: March 3, 2014

BOD Approved 3/11/14

Description of Asset or Liability		As of 9/1/2013 (a)	As of 2/28/2014 (b)
Assets	Operating Account		
	Wells Fargo Bank Checking Account [Quicken]	\$22,683.79	\$22,301.79
	Capital Reserve Account		
	Wells Fargo CD 16084 [0.15%; m 10/27/2014]	\$5,135.78	\$5,157.46
	Wells Fargo CD 16101 [0.55%; m 5/27/2014]	\$5,150.80	\$5,164.87
	Wells Fargo CD 70719 [0.75%; m 6/28/2015]	\$5,165.52	\$5,184.76
	Total Assets	\$38,135.89	\$37,808.88
Liabilities	FY 2012-2013 Expenses Pending	\$50.00	
	FY 2012-2013 Expenses Paid (since Year-End Report)		\$50.00
	FY 2013-2014 Approved Budget	\$12,250.00	
	FY 2013-2014 Budgeted Expenses Pending		\$6,705.14
	FY 2013-2014 Capital Reserve (\$15,000 min.)	\$15,452.10	\$15,507.09
	FY 2013-2014 Grants	TBD	TBD
	FY 2013-2014 Classroom Contingency	\$5,000.00	\$4,958.93
	FY 2013-2014 Membership Renewal Incentive Plan	\$2,220.00	
	FY 2013-2014 Membership Renewal Incentive		\$2,390.00
	Total Liabilities	\$34,972.10	\$29,611.16
Assets less Liabilities (Net)		\$3,163.79	\$8,197.72

Treasurer's Notes:

(a) 9/1/2013 Checking Account is actual per Quicken; CD Information is from Wells Fargo COB 8/31/13.

(b) 2/28/14 Checking Account information is per Quicken; CD information is from Bank Statement for the period ending 2/28/14.

Respectfully Submitted,
 John Thompson, Treasurer

Membership Committee

Today is April fool's Day, but you can't prank in a newsletter, so how about a bad animal joke? ***Why did the termite eat a sofa and two chairs? It had a suite tooth.***

Now that I have your attention, mark the date **Thursday, May 15, 2014** for the End of the Year Potluck Luncheon. Remember old-fashioned potlucks make the best food ever! Eugenia Jones of the membership committee is in charge of this event. Mary and John Vreeland (St. George's Church) will provide the entertainment. The reservation form is included in this newsletter.

The next membership committee meeting is on **Wednesday, May 7, 2014** at Headquarters, Central Rappahannock Regional Library, Room 2 starting at 1:30. We appreciate new helpers on the committee, so come and join us.

The Membership Committee has established an "ElderStudy Electronic Sub-Committee" (EE) to look at the feasibility of creating a Facebook page and other electronic means of "spreading the word" about our organization. We will meet at the LLC on Wednesday, April 16, at NOON, right after the morning session. If you have experience with Facebook or other social media, or just an interest, please join us.

The **Art of Aging Expo – Life Begins at Fifty** will be held on Wednesday, June 11 from 10 – 2 at the Fredericksburg Expo Center. The event's purpose is to show the many opportunities for healthy aging and living in the Fredericksburg area. The membership committee will need 4 volunteers to man the booth and to tell the world about UMW ElderStudy. By having 4 people, one would only need to cover a two-hour shift. If you would be interested in helping out, please call (786-2196) Suzanne Willis before April 27, 2014.

An enormous thanks goes to Anne McGrath for taking charge of the membership committee chair for our last membership meeting, the administrative, the board meetings, and the general membership meeting while I was out. Thank you, Anne

See you all in class.

Suzanne Willis, Membership Chair

Electronic Delivery of the Newsletter

In an effort to reduce the cost of mailing the newsletter to all members, those members who have the availability to read and print the newsletter through electronic means, are encouraged to opt out of receiving the newsletter through the USPS. You can opt out at any time by notifying the Membership Committee Chairman or the Newsletter Editor or any Board member, or leave a message on the phone, 540-654-1769.

This Newsletter is prepared by me, Dot Meyers, with the help of many members of ElderStudy. If you have any questions or suggestions for the newsletter, please feel free to let me know. You can leave a message on the phone, 540-654-1769, or call me at 540-760-1533.

Book Group Report

The book group meets on the second Thursday of the month. You don't have to read the book to join this lively discussion.

The next meeting is April 10, and 2 books will be reviewed. We had to cancel the February meeting because of all the flowers that were blooming!!! O I mean the SNOW!

We will discuss *Citizens of London*, lead by Carrie Allahut, and *A Lesson Before Dying* lead by Dot Meyers..

The May meeting will conclude this year with the discussion of *The Right Hand Shore*, lead by Pat and John Parkinson.

At the May meeting we will also vote for the 9 books we will review in the next year beginning in September. If you have any suggestions for books to read, please let me know before April 30, so I can write them up before we vote. Thanks for all your help. Dot Meyers

History of Mary Washington ElderStudy

Mary Washington ElderStudy was organized under a Memorandum of Understanding between Mary Washington College and the Elderhostel Institute Network (EIN) dated October 21, 1992. ElderStudy was accepted as an affiliate member of the EIN in the fall of 1993. ElderStudy is one of many Lifelong Learning Institutes (LLIs). Training conferences are offered by the Network. The Network distributes an electronic newsletter that provides information from other LLIs and is available by subscribing at www.roadscholar.org/ein/intro.asp. (Note: In 2010, Elderhostel, Inc. renamed its programs Road Scholar. EIN and LLI continue as originally named, affiliated entities; information on them is available on the above website.)

Join Us for the Annual ElderStudy End-of-Year Potluck Luncheon

Thursday, May 15 in the Fellowship Hall of the First Christian Church
1501 Washington Avenue, Fredericksburg (down the hill from Kenmore)

11:30 am to 3:00 pm

Entertainment will be provided

Deadline for mailing reservations is Monday, May 5

If your last name begins with a letter in the interval:

A – H Bring a vegetable or fruit salad

I – P Bring a dessert

Q – Z Bring a meat or vegetable casserole

Beverages will be provided by the Membership Committee

If you have any questions, call 786–8987 Eugenia Jones
or 373–5713 Rose Marie Schlemm

Complete the form below and mail it by Monday, May 5.



I/we plan to attend the end-of-year potluck luncheon on
Thursday, May 15, 2014.

Name(s) _____

Contact info (phone and/or email) _____

Number attending _____

Send this form to: Rose Marie Schlemm (or phone her at 373–5713,
428 Ingleside Drive but mailing is preferred)
Fredericksburg VA 22405