

Climb Leadership

Update February 1, 2017

Competent leaders are necessary to minimize the inherent risks of climbing. The Climbing Committee, composed of the current Chemeketan Climb Leaders, is responsible for granting climb leadership status. There are five levels of climb leadership: Climb Assistant, Provisional Crag Leader, Crag Leader, Provisional Alpine Leader and Alpine Leader.

Minimum Leadership Requirements

The following minimum standards have been established for all levels of climb leadership.

1. Must be a current Chemeketan club member.
2. Must be at least 18 years of age.
3. Must possess a current American Red Cross Standard First Aid and Adult CPR certification, or equivalent.
4. Should have served an instructional role in the field sessions of the annual Chemeketan Climb School.
5. Must maintain a minimum level of participation on Chemeketan club activities (climbs, instructional role, etc.).

Status	Minimum Participation
Assistant	Must assist at least two climbs or crag outings every two years. Assistants may but are not required to lead U-Rated climbs (Scramble Summits) as specified by the scramble summit guidelines.
Provisional Crag Leader	Must lead at least four crag outings with an observing Crag or Alpine Leader. If minimum qualifications are not met in a two-year period, applicant must re-apply for Provisional Crag Leader status.
Crag Leader	Should lead at least four crag outings every two years. Supervising a provisional crag leader counts as a lead.
Provisional Alpine Leader	Must lead at least two climbs per type of qualification every two years, one of which must be an overnight climb. If minimum qualifications are not met in a two-year period, applicant must re-apply for Provisional Leader status.
Alpine Leader	Should lead at least four climbs every two years. Supervising a provisional leader counts as a lead.

**Mixed climbs count for both snow and rock.

Application for Climb Leadership Status

To be considered for any level of climb leadership candidates must submit a letter of application in writing or by email to the Climbing Co-Chairs. The letter of application should include:

- Leadership status for which the candidate is applying
- Relevant climbing experience to include: climb, date, leader, candidate's capacity
- Copy of first aid certification
- A cover letter that describes why you are applying
- A copy of the Assistant Leadership Skills checklist is required when starting the Leadership track. Additional skills outlined in this document are expected of the candidate to know, but may not require demonstration.

Leadership Review Meeting

The Climbing Co-Chairs will review and approve Assistant Leader applications as they are received. It is advised the Climbing Co-Chairs inform the Climb Leaders of the Assistant Leader applicants via electronic communication to gather input or objections.

The Climbing Co-Chairs will convene a meeting of the current Chemeketan Climb Leaders to review applications for advanced climb leadership (advanced climb leadership includes all leadership above Assistant Leader). The Climb Leaders in attendance will review and discuss the applicant's qualifications and either award the requested status or recommend further experience by a simple majority vote. These reviews are not open to the Club membership or to the candidates being reviewed. The candidates will be notified of the results as soon as practical. Leadership Reviews normally take place during a portion of a regularly scheduled meeting of the climb leadership.

Climb Assistant Candidates

1. Must have completed the Chemeketan Climb School or equivalent.
2. Must have successfully participated in at least three Chemeketan climbs or crag outings; two for each type of qualification (mixed climbs count for both snow and rock). These climbs should have been led by at least two different Climb Leaders.
3. Must demonstrate the minimum skills listed in Climb Assistant Skills section of this document.

A candidate with extensive climb leading experience may be granted Climb Assistant status without satisfying these requirements.

Provisional Crag Leader Candidates

1. Must be a current Chemeketan Climb Assistant.
2. Must have successfully participated in at least four Chemeketan crag outings.
3. Must have assisted at least three Chemeketan climbs or crag outings. These climbs should have been led by at least two different Climb Leaders.

A candidate with extensive climb leading experience may be granted Provisional Chemeketan Climb Leader status without satisfying the above requirements.

Crag Leader Candidates

1. Must be a current Provisional Crag Leader.
2. Must have successfully led at least four Chemeketan crag outings. These climbs should have been observed by at least two different Climb Leaders.
3. A candidate who was previously a Chemeketan Climb Leader may be reinstated without having to repeat supervised climbs.
4. A candidate with extensive climb leading experience may be granted Chemeketan Crag Leader status without satisfying the above requirements.

Provisional Alpine Leader Candidates

1. Must be a current Chemeketan Climb Assistant.
2. Must have successfully participated in at least six Chemeketan climbs; three in each type of qualification (mixed climbs count for both snow and rock).
3. Must have assisted at least three Chemeketan climbs; two in each type of qualification (mixed climbs count for both snow and rock). These climbs should have been led by at least two different Climb Leaders.

A candidate with extensive climb leading experience may be granted Provisional Alpine Leader status without satisfying the above requirements.

Alpine Leader Candidates

1. Must be a current Chemeketan Provisional Alpine Leader.
2. Must have led at least three Chemeketan climbs; two in each type of qualification (mixed climbs count for both snow and rock). At least one of the climbs must be an overnighter. A Chemeketan Climb Leader must supervise these climbs. Use of the same Supervising Leader for all provisional climbs is discouraged.
3. A candidate who was previously a Chemeketan Climb Leader may be reinstated without having to repeat supervised climbs.
4. A candidate with extensive climb leading experience may be granted Chemeketan Climb Leader status without satisfying the above requirements.

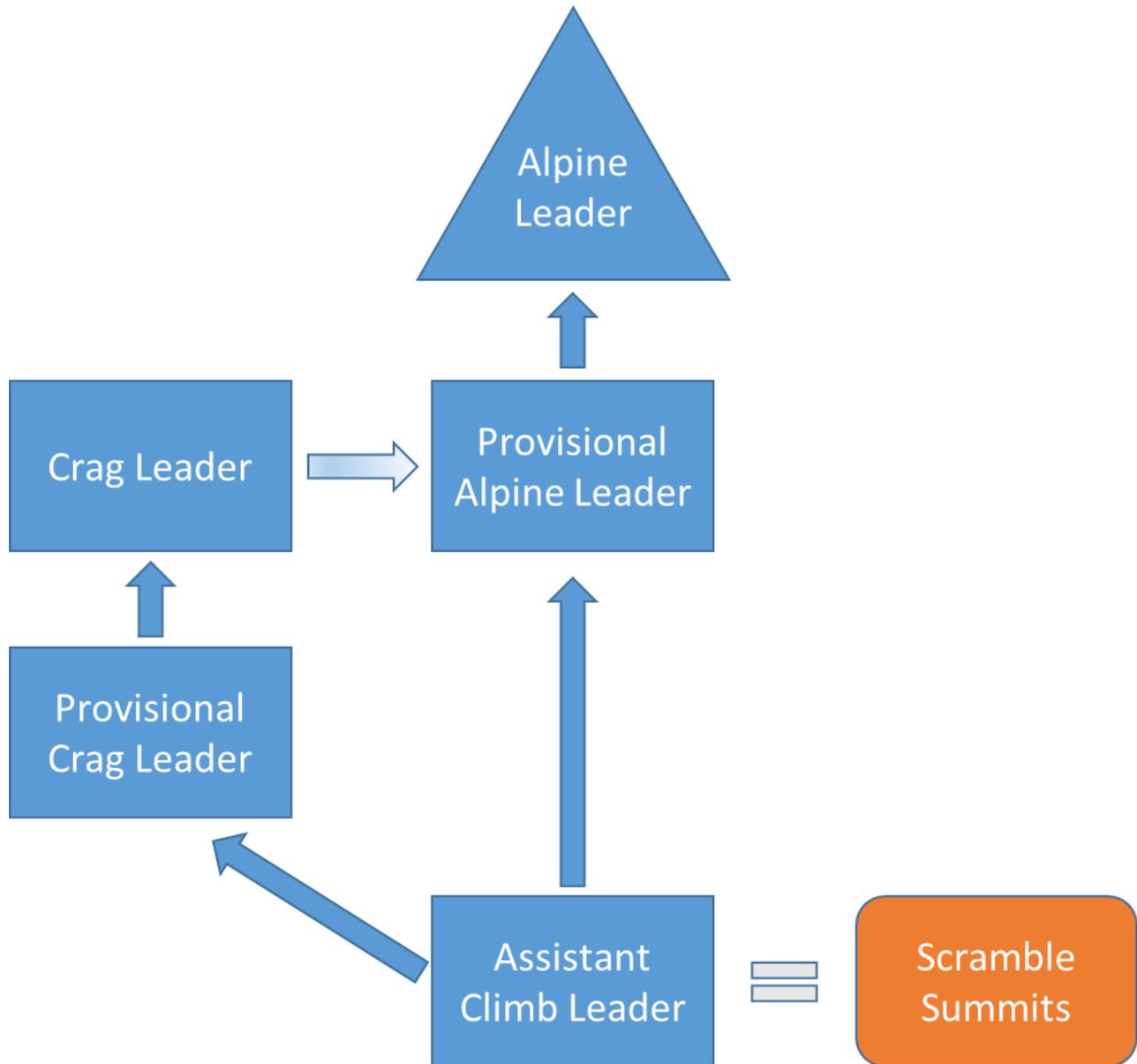
Evaluation Forms

Feedback is an important part of leadership training. Forms for evaluating the Provisional Climb Leader and Climb Assistant are available on the club's website. These evaluations are useful when considering promotion during Leadership Reviews. It is the mentoring leader's responsibility to submit a written evaluation to the Climbing Co-Chairs.

Training Reimbursement

The Climbing Committee has chosen to encourage Climb Leaders and Climb Assistant Leaders to pursue additional training by reimbursing a portion of their training expenses. Application for such reimbursement must be made in writing to the climbing co- chairs for review and approval upon successful completion of the training. Generally, a 50% reimbursement will be granted depending on funds available and the value of the training to the club. Approved reimbursement requests will be submitted to the club's Executive Council for final approval and payment.

Climb Leadership Paths:



Assistant Leader Skills:

CHEMEKETANS ASSISTANT CLIMB LEADER SKILLS CHECKLIST

The purpose of this form is to give Assistant Climb Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Assistant Climb Leader applicants should complete this form and attach it to your leadership application.

This checklist is designed as a starting point for skill development and is not intended as a definitive measure of competence.

- Skills may be demonstrated to Full Leader(s) in formal or informal settings
- Obtain signature from Full Leader(s) for each section
- Submit with Assistant Leader Application (if applicable)
- Update required in two years, if inactive

Knots:

- | | |
|--|---|
| <input type="checkbox"/> Prusik Knot | <input type="checkbox"/> Double Fisherman |
| <input type="checkbox"/> Figure 8 Knot | <input type="checkbox"/> Figure 8 Bend |
| <input type="checkbox"/> Figure 8 on a bight | <input type="checkbox"/> Clove Hitch |
| <input type="checkbox"/> Girth Hitch | <input type="checkbox"/> Munter Hitch |
| <input type="checkbox"/> Water Knot | <input type="checkbox"/> Figure 8 Follow |
| <input type="checkbox"/> Alpine Butterfly loop | <input type="checkbox"/> Through |

Leader Sign/Date: _____

Rope Management Skills:

- Flake
- Coil
- Clip through fixed anchor – rock and snow
- Glacier travel setup – harness/gear, prepare rope
- Roped glacier travel – manage slack, switchbacks
- Ascend vertical fixed line on a prusik knot
- Lead Belay
- Belay commands/communication**
- Rappel

Leader Sign/Date: _____

Anchor Building:

- Basic Belay Anchor
- Basic Rappel Anchor
- Bolted top rope – equalized
- Picket/Deadman Placements

Leader Sign/Date: _____

Navigation:

- Basic map and compass
- Basic GPS Knowledge
- Basic route research

Leader Sign/Date: _____

Safety/Rescue:

- Valid CPR & First Aid certifications
- Self-Arrest
- Basic Crevasse Rescue

Leader Sign/Date: _____

Intangibles

Intangible leadership traits can be developed over time. Successful Assistant Leaders have a positive attitude, a desire to learn, and a willingness to follow instructions. They help others grow, work well within a team setting, and efficiently help Leaders manage both groups and individuals. Assistant Leaders are encouraged to proactively seek out Leaders and offer to assist in leadership activities during climbs and other club functions.

****Accepted Belay Commands & Terminology**

Use individual's name when climbing in crowded areas or when confusion could result.

Climber

On belay
Climbing
Up rope
Take
Slack
That's me
Ready to lower
Off belay

Belayer

Belay is on
Climb on

Lowering
Belay is off

Capabilities:

Assistant Climb Leaders can lead Scramble Summits.

Chemeketan Scramble Summit Program

Updated 1/31/17

This program allows Chemeketan Assistant Leaders to lead non-technical climbs. Non-technical climbs refer to those that do not require technical gear to reach the summit (rope work, ice axe, crampons, etc.). However, the use of a helmet is acceptable and encouraged when applicable.

The primary objectives of this program are:

1. Provide a meaningful training program for upcoming club leaders.
2. Provide more non-technical climbs for new climbers.

Sponsorship:

1. The Assistant Leader must enlist a full leader to sponsor their climb.
2. It is the sponsor's option to participate in the climb.
3. Assistant Leader must keep the sponsor informed during pre-climb planning; including:
 - a. Prospectus development
 - b. Climb team and climb assistant selection
 - c. Pre-climb check-in (route conditions, weather, final roster, etc.)
4. Sponsor makes the final "Go-No Go" decision on the climb based on the expected conditions, weather, and their own comfort level with the leader and team.
5. After the climb, the Assistant Leader will submit a climb report to the sponsor including:
 - a. final roster of climbers
 - b. synopsis of climb, including positives and negatives
6. Sponsor will assess success of the climb based on the climb report, follow up with climb team (optional), and their own success criteria.

Requesting to Lead a Peak:

1. The assistant may look at the suggested list of climbs below or find an appropriate climb not listed.
2. Assistant Leader must find a sponsor for the climb.
3. The peak application to a sponsoring leader should include (but not be limited to) route info, rough itinerary, estimated date, map, links to summitpost/relevant trip reports, any personal experience with area, identification of potential issues (i.e. route finding challenges, water issues, etc.).

Scramble Summit List:

1. The list is suggested climbs and not inclusive of all scramble summits.
2. The suggested list will be maintained by the Climbing Committee.
3. Climb Leaders may make recommendations based on personal knowledge of routes.
4. Assistant Leaders may petition to have a peak added to the official list.
5. The Climbing Committee will determine when a peak should be added/removed from the list.

Suggested Scramble Summit Peaks (updated 1/31/17):

Oregon Peaks:
South Sister
Diamond Peak
Mt Mcloughlin
Mt. Bailey
Sacajawea
Matterhorn
Eagle Cap
Elkhorn

Washington Peaks:
Mt. Ellinor
Mt. St. Helens
Yellow Aster Butte
Granite Peak
Mt. Maude
7 Finger Jack
Chikamin
Hidden Lake Peak

Provisional Crag Leader Skills:

CHEMEKETANS PROVISIONAL CRAG LEADER SKILLS CHECKLIST

The purpose of this form is to give Provisional Crag Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Provisional Crag Leader applicants should complete this form and attach it to your leadership application.

**The Provisional Crag Leader skills include all the rock and leadership skills outlined in the Assistant Climb Leader skills checklist, plus the additional skills below.

Knots:

- Bowline
- Auto-Block
- Munter Mule Hitch
- Double Bowline
- Klemheist

Rope Management Skills:

- Belaying a leader
- Belaying from above (direct, redirect)
- Rappel with Auto-block

Anchor Building:

- Multidirectional Belay anchors
- Sliding X w/ limiter knots
- Cordelette
- Equalette

Safety/Rescue:

- Escape the belay
- Pass the knot
- Z-Pulley
- Know what back clipping is
- Know what z-clipping is

Capabilities:

Provisional Crag Leaders should be able to lead single or multi-pitch sport routes, and should be developing traditional climbing skills.

Crag Leader Skills:

CHEMEKETANS CRAG LEADER SKILLS CHECKLIST

The purpose of this form is to give Crag Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Crag Leader applicants should complete this form and attach it to your leadership application.

**The Crag Leader skills include all the rock and leadership skills outlined in the Provisional Crag Leader skills checklist, plus the additional skills below.

Capabilities:

Crag Leaders should be able to lead single or multi-pitch sport routes, and is highly encouraged to be leading traditional climbing routes.

Provisional Alpine Leader Skills:

CHEMEKETANS PROVISIONAL ALPINE LEADER SKILLS CHECKLIST

The purpose of this form is to give Provisional Alpine Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Provisional Alpine Leader applicants should complete this form and attach it to your leadership application.

**The Provisional Alpine Leader skills include all the leadership skills outlined in the Assistant and Crag Leader skills checklists, plus the additional skills below.

Knots:

Rope Management Skills:

Running Belays

Anchor Building:

Snow Bollards

Safety/Rescue:

Crevasse Rescue

Wilderness First Aid

Capabilities:

Provisional Alpine Leaders should be able to lead single or multi-pitch sport and traditional climbing routes.

Alpine Leader Skills:

CHEMEKETANS ALPINE LEADER SKILLS CHECKLIST

The purpose of this form is to give Alpine Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Alpine Leader applicants should complete this form and attach it to your leadership application.

**The Alpine Leader skills include all the leadership skills outlined in all of the Leader skills checklist.

Capabilities:

Alpine Leaders, climb in all types of environments, weather conditions, and typically are in remote locations. They need a diverse set of skills, combined with experience and sound judgement. Alpine Leaders must have demonstrated sound planning and logistics. They must have completed Wilderness First Aid. Applicants at this level should have had all the technical skills as a Provisional Alpine Leader and successfully demonstrated the intangible skills and traits of a leader.