

# TSS Women's Sailing meeting notes for Saturday August 6, 2016

**“First Aid, Hoist and Rail” discussion with Q&A, led by Steve Hodge.**

**14 attended:**

9 women: Penny Bartenstein, Lesa Dailey, Cathy Hodge, Lauren Merritt, Melissa Nicholson, Joyce Nodland, Julie Stocksdale, Lathleen Thomas, Jackie Werndli.

5 men: Jim Boggs, Steve Hodge, Mike Smith, John Stocksdale, Phil Werndli,

## **Main thoughts from the meeting:**

The first hour, Steve led a discussion with Q&A about First Aid for Cruising. Steve had prepared a detailed handout with lots of great information.

Then we walked over to the Hoist (also known as “the crane”) and Steve talked about what it is used for and demonstrated how it works.

Last, we headed over to the Rail (also known as “the way”). Steve gave us the history of this great piece of equipment and reviewed its many uses and how it is designed. It is the only one like it in Florida. Very interesting!

## **Upcoming Programs:**

- **\*September 10** (2<sup>nd</sup> Saturday due to Labor Day) – Kayak adventure: Newman Branch Paddling Trail.

BYOL – (Bring your own lunch.) Meet at Becky & Sally's house for departure.  
Bring your kayak if you have one.

- **October 1** - Coast Guard Auxiliary-Flotilla 7-5, Gary Mull, Flotilla Commander and TSS Board Dir. Discussion will include what the CGA does and programs they offer, including Vessel Examinations and Boating Safety.
- **November 5** – To be determined.
- **December 3** – DIY Christmas project (led by artist Martha B. in her garage) followed by Christmas party and lunch at Becky & Sally's house.

**Note: Men are welcome to attend our educational meetings.**

Minutes submitted by: Lesa Dailey 8-7-2016

Happy sailing!