

2018 Victory Ball Dance Program Instructions

A Fig for Bonaparte

duple minor

- 8 bars 1st couple dance a whole figure eight down around the second couple
- 8 bars 2nd couple dance a whole figure eight up around the first couple
- 8 bars 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)
- 8 bars 1st and 2nd couple pousette counter-clockwise

The Bath Waltz

duple minor

- 8 bars 1st and 2nd couple right hands across and turn single home
- 8 bars 1st and 2nd couple left hands across and turn single home
- 8 bars 1st man crosses 1st lady in front of him as they travel down middle of set *while* 2nd couples move up along sides of set; 1st couple cast up around 2nd couple from set below, meet in 2nd place (in their own duple minor set) and right hand turn proper
- 8 bars 1st couple allemande right with partner, then allemande left with partner
- 8 bars Circle hands four left and right
- 8 bars Corners alternate exchanging places, two measures for each such exchange beginning with 1st corners

The Brandywine

duple minor

- 8 bars 1st man set twice to 2nd lady, then two-hand turn 1st lady *from the set below* once round, ending in original place
- 8 bars 1st lady set twice to 2nd man, then two-hand turn 1st man *from the set below* once round, ending in original place
- 8 bars 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)
- 8 bars All allemande right with partner, then allemande left with partner

* Catch Me If You Can

duple minor

- 8 bars 1st man set and honor R & L to 2nd lady; two-hand turn one-and-a-half times
- 8 bars 1st lady set and honor R & L to 2nd man; two-hand turn one-and-a-half times
- 8 bars “Catch Me” figure: 1st lady dances a figure eight between 1st corner positions (2nd lady above and 2nd man below), beginning by going behind 2nd lady above, finishing on her own side in 2nd place *while* 1st man chases her behind 2nd lady above, then down through the set and up around 2nd lady below to finish on his own side in 2nd place
- 8 bars All cross (passing right shoulder), then lead out a double with opposite, turn in facing opposite and lead back into set lines; 1st couple two hand turn proper, 2nd couple cloverleaf turn single (man over L, lady over R)

Comical Fellow***duple minor***

- 8 bars 1st man set advancing to 2nd lady and retire; two-hand turn once round
- 8 bars 1st lady set advancing to 2nd man and retire; two-hand turn once round
- 8 bars 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)
- 4 bars All clap four times and two-hand turn partners halfway
- 8 bars 1st and 2nd couple circle hands four left and right
- 4 bars All clap four times and two-hand turn partners halfway

The Cuckoo's Nest***triple major***

- 8 bars 1st couple *long* cast to middle and circle hands four with 3rd couple (2nd couple up)
- 8 bars 1st couple *long* cast back up and circle hands four with 2nd couple (2nd couple down)
- 16 bars Crossover heys: 2nd and 3rd couple face up as 1st couple crosses down diagonally between them into an active hey; when 1st couple reaches the top on opposite side they again cross diagonally down between 2nd and 3rd couple in active hey on their own side
- 8 bars 1st couple lead to middle place (as 2nd couple moves up along sides of set) and set to each other; 1st couple cast to bottom (3rd couple lead up middle) & set again
- 8 bars 1st and 3rd couple four changes of rights and lefts

Dashing White Sergeant***three-person sets***

(w/man or lady in center, ideally between two of opposite gender; circle formation around room w/ sets facing sets clockwise and counter-clockwise)

- 8 bars Set-facing-set circle hands six left and right
- 8 bars Within each three-person set, middle person turns to face person on their right, set and right hand turn; then turn to person on left, set and left hand turn
- 8 bars Three-person sets hey, middle person passing person on their right by right shoulder
- 4 bars Lines-of-three advance and retire
- 4 bars Lines advance again and pass through, counter-clockwise facing line raising arms into arch, clockwise facing line passing under (both lines progressing to a new line-of-three)

Duke of Kent's Waltz*duple minor*

- 8 bars 1st and 2nd couples right hands across and left hands across back
4 bars 1st couple take two hands and slowly slip down middle twice, two slow slip steps up
4 bars 1st couple *long* cast to 2nd place (2nd couple up)
2 bars Both couples give right hand to partner and balance forward and back
2 bars Partners change places, men turning ladies under their arms
2 bars Repeat giving left hand to partner and balancing forward and back
2 bars Partners change places, men turning ladies under their arms
4 bars All right hand turn the dancer diagonally to their right once round
4 bars All left hand turn partner once round

*** The French Lady***cotillion (four couple square)**FIRST CHANGE (16 bars)*

- 16 bars Grand Round: All set and rigadoon; join hands eight and half circle to the left; all set and rigadoon; join hands eight and half circle to the right

MAIN FIGURE (24 bars)

- 8 bars Heads advance & retire while sides chasse' (laterally, away from partner, facing in towards set) & back; then heads chasse' out & back while sides advance & retire
8 bars Starting by going in front of their corner, ladies weave the ring around the set, back home
8 bars Starting by going in front of their corner, men weave the ring around the set, back home

SECOND CHANGE (16 bars)

- 16 bars Ladies' Moulinet: Ladies set twice, right hands across three places and retire; repeat with left hands across to get back home

*MAIN FIGURE (24 bars) as above**THIRD CHANGE (16 bars)*

- 16 bars Men's Moulinet: Men set twice, right hands across three places and retire; repeat with left hands across to get back home

*MAIN FIGURE (24 bars) as above**FOURTH CHANGE (16 bars)*

- 16 bars All Grand Square and Reverse Grand Square (within foursomes on respective sides of set)

*MAIN FIGURE (24 bars) as above***Lord Nelson's Whim***duple minor*

- 8 bars 1st and 2nd couple set twice; right hand turn halfway; 1st couple cast while 2nd couple leads up
8 bars 1st and 2nd couple set twice; left hand turn halfway; 2nd couple cast while 1st couple leads up
8 bars 1st couple lead down the middle and back, *no casting off*
8 bars 1st and 2nd couple counter-clockwise poussette one-and-a-half times to progress

Love and Friendship

cotillion (four couple square)

FIRST CHANGE (8 bars)

8 bars All eight join hands and half circle to the right, and back to the left

MAIN FIGURE (16 bars)

4 bars All four couples join inside hands, each lady circles around her partner with her hand over his head

4 bars All eight make four passes of a grand chain, starting with right hand to their partner, ending opposite to home positions

4 bars All four couples join inside hands, each man circles around his partner with his hand over her head

4 bars All eight make four passes of a grand chain, starting with right hand to their partner, ending at home

SECOND CHANGE (8 bars)

8 bars Ladies' moulinet (ladies right hands across and left hands across back)

MAIN FIGURE (16 bars) as above

THIRD CHANGE (8 bars)

8 bars Men's moulinet (men left hands across and right hands across back)

MAIN FIGURE (16 bars) as above

FOURTH CHANGE (8 bars)

8 bars Circle four at top and at bottom (the four dancers at the top and bottom of the set respectively)

MAIN FIGURE (16 bars) as above

FIFTH CHANGE (8 bars)

8 bars Circle four on sides (the four dancers on each side of the set respectively)

MAIN FIGURE (16 bars) as above

* Ramsgate Assembly

triple major

8 bars 1st and 2nd couple set twice; two changes of rights and lefts (end facing neighbor)

8 bars All set twice to neighbor (up and down the set); two changes of rights and lefts beginning with neighbor

8 bars 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)

8 bars All join right hands with partner and balance forward and back, then exchange places, men turning ladies under; repeat the same by the left

4 bars 1st couple right hand turn first corner (for 1st man this is 3rd lady, for 1st lady this is 2nd man)

4 bars 1st couple left hand turn partner in center of set

4 bars 1st couple right hand turn second corner

4 bars 1st couple left hand turn partner while traveling down center of set into 3rd place while 3rd couple casts up into 2nd place

The Sailor Laddie

duple minor

- 8 bars 1st and 2nd couples right hands across and left hands across back
- 8 bars 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)
- 8 bars 1st and 2nd couples right hand turn partner, left hand turn partner
- 8 bars 1st couple lead down through 2nd couple below and cast up, then lead up through 2nd couple above and cast down

Shrewsbury Lassies

triple major

- 8 bars 1st man set and honor right & left to 2nd lady; two-hand turn once round
- 8 bars 1st lady set and honor right & left to 2nd man; two-hand turn once round
- 2 bars 1st couple cast to 2nd place (2nd couple up)
- 4 bars 1st couple circle hands four with 3rd couple
- 4 bars 1st man skip up around top couple to end in 2nd place improper, while 1st lady skips down around bottom couple to end in 2nd place improper
- 2 bars 1st couple two-hand turn halfway
- 2 bars 3rd couple cast to 2nd place (1st couple down)
- 4 bars 3rd couple circle hands four with 2nd couple (at top of set)
- 4 bars 3rd man skip up around top couple to end in 2nd place improper, while 3rd lady skips down around bottom couple to end in 2nd place improper
- 2 bars 3rd couple two-hand turn halfway

Sir Roger de Coverley

(longways sets for four, five, or six couples)

While many versions of good Sir Roger exist, this version can be thought of in three simple sections of figures.

The first section of the dance is a series of figures done between the first man and last lady within each set, followed by the first lady and last man of each set. These are referred to as first "diagonal ends," and second "diagonal ends" respectively.

- 1st diagonal ends right hand turn; 2nd diagonal ends right hand turn
- 1st diagonal ends left hand turn; 2nd diagonal ends left hand turn
- 1st diagonal ends two-hand turn; 2nd diagonal ends two-hand turn
- 1st diagonal ends back-to-back; 2nd diagonal ends back-to-back

The second section of the dance has the 1st couple lace down the set. This means 1st couple arm right with each other 1 ½ times to begin, which faces them towards the line of the opposite gender.

1st couple then alternates arm left with each successive person down the line of opposite gender and arm right with partner, until they reach the bottom of the set, ending with arm right with partner to come to their own side of the set.

In the third section of the dance, 1st couple promenade (or slip, or skip, what-have-you) to the top of the set, then cast off on their own side followed by the line of dancers on their side of the set. 1st couple stops at the bottom of the set and forms an arch, through which all other couples pass on their way up to progressed position (each couple will have moved up one place, with 1st couple now at the bottom of the set).

Wakefield Hunt

triple minor

- 8 bars 1st man cast down below 2nd man while 2nd man casts up (inside set) to exchange places; 1st man set to 3rd lady and two-hand turn once round
- 8 bars 1st lady cast down below 2nd lady while 2nd lady casts up (inside set) to exchange places; 1st lady set to 3rd man and two-hand turn once round
- 8 bars All three couples take hands six, slip left then right
- 8 bars 1st couple gate down through 3rd couple, then gate up through 2nd couple
- 8 bars 1st couple right hands across with 3rd couple below, then left hands across with 2nd couple above
- 6 bars 1st and 3rd couple *three* changes of rights and lefts
- 2 bars 1st couple continues to dance outside (cast) to take the place of 2nd couple below while that 2nd couple leads up into 3rd place in the set above

N.B. This dance has an unusual triple progression: 1st couple does continue to dance their way down the set as 1st couple until they are out at the bottom – but they do not move down one place. Instead, they progress three places by the end of the dance to start again as 1st couple in the triple minor set below. This results in no couple standing out at the top of the dance at anytime – once a couple reaches the very top of their longways set, they begin as 1st couple immediately.

*** Zephyrs and Flora**

duple minor

- 4 bars 1st corners back-to-back
- 4 bars 1st corners join right hands, then left hands above and thus two-hand turn halfway
- 4 bars 2nd corners back-to-back
- 4 bars 2nd corners join right hands, then left hands above and thus two-hand turn halfway
- 8 bars 1st couple cast up while 2nd couple leads down; 1st couple half figure eight through 2nd couple
- 8 bars 2nd couple cast up while 1st couple leads down; 2nd couple half figure eight through 1st couple