

## 2019 Victory Ball Dance Program Instructions

### Dover Pier

### *duple minor*

- 8 bars 1st and 2nd couples set twice and right hands across halfway
- 8 bars 1st and 2nd couples set twice and left hands across halfway, returning home
- 8 bars 1st couple cross and cast, two-hand turn proper (2nd couple up)
- 8 bars 1st and 2nd couples four changes of rights and lefts

### The Free Mason

### *triple major*

- 8 bars (A1) 3rd man leads line of men around ladies (counterclockwise) back to place
- 8 bars (A2) 3rd lady leads line of ladies around men (clockwise) back to place
- 8 bars (B1) 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)
- 8 bars (B2) 1st couple right hand turn once round, then left hand turn three-quarters so that 1st man ends up between 2nd couple, 1st lady down between 3rd couple
- 8 bars (C1) All honor (step right, close with the left foot and bow or curtsy, then step left, close with the right foot and bow or curtsy) in lines across the set, facing up and down, then two-hand turn partner once round **except** 1st couple who two-hand turn three-quarters ending proper in 2nd place
- 8 bars (C2) All honor partner (in regular set lines), then 2nd couple two-hand turn partner once round **while** 1st couple two-hand turn travelling down into 3rd place and 3rd couple casts up into 2nd place
- 8 bars (D1) Set lines (men together and ladies together) advance and retire (towards and away from opposite facing line), then hands six halfway
- 8 bars (D2) Same, from improper positions until all are returned home

### The French Lady

### *cotillion (four couple square)*

#### *FIRST CHANGE (16 bars)*

- 16 bars Grand Round: All set and rigadon; join hands eight and half circle to the left; all set and rigadon; join hands eight and half circle to the right

#### *MAIN FIGURE (24 bars)*

- 8 bars Heads advance & retire while sides chasse' (laterally, away from partner, facing in towards set) & back; then heads chasse' out & back while sides advance & retire
- 8 bars Starting by going in front of their corner, ladies weave the ring around the set, back home
- 8 bars Starting by going in front of their corner, men weave the ring around the set, back home

#### *SECOND CHANGE (16 bars)*

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16 bars Ladies' Moulinet: Ladies set twice, right hands across three places and retire; repeat with left hands across to get back home

*MAIN FIGURE (24 bars) as above*

*THIRD CHANGE (16 bars)*

16 bars Men's Moulinet: Men set twice, right hands across three places and retire; repeat with left hands across to get back home

*MAIN FIGURE (24 bars) as above*

*FOURTH CHANGE (16 bars)*

16 bars All Grand Square and Reverse Grand Square (within foursomes on respective sides of set)

*MAIN FIGURE (24 bars) as above*

**The Hop Ground**                    *duple minor*

8 bars 1st couple set twice to 2nd lady and hands three once round

8 bars 1st couple set twice to 2nd man and hands three once round

8 bars 1st couple cross and cast, two-hand turn proper (2nd couple up)

8 bars 1st and 2nd couples four changes of rights and lefts

**Midnight Ramble**                    *duple minor*

8 bars 1st couple clap, cross & cast (2nd couple up), then two-hand turn one-and-a-half times

8 bars 2nd couple clap, cross & cast (1st couple up); then two-hand turn one-and-a-half times

8 bars 1st couple cross & cast (2nd couple up); half-figure eight up through 2nd couple

8 bars 1st and 2nd couples four changes of rights and lefts

**Miss Bennet's Jigg**                    *triple minor*

8 bars 1st and 2nd ladies join hands and chasse between their partners, then cast home and ***all*** two hand turn their partners

8 bars 1st and 2nd men join hands and chasse between their partners, then cast home and ***all*** two hand turn their partners

8 bars 1st couple cross and cast around 2nd couple, then cross and cast around 3rd couple

4 bars All set to partner, then 1st couple chasse to first place while 2nd and 3rd couple cast down one place (back to their original positions)

4 bars All set to partner, then 1st couple cast down ***while*** 2nd couple leads up

**Nelson's Victory**                    *triple minor*

- 4 bars     1st lady take promenade handhold with 2nd man, followed by 1st man doing same with 2nd lady, and these couples lead down the middle
- 4 bars     Turn as a couple and lead back up, men crossing ladies in front of them to return home
- 4 bars     1st couple lead down the middle and back to 2nd place
- 4 bars     1st and 2nd couple hands four once round
- 4 bars     1st couple right hand turn first corner (for 1st man this is 3rd lady, for 1st lady this is 2nd man)
- 4 bars     1st couple left hand turn partner in center of set
- 4 bars     1st couple right hand turn second corner
- 4 bars     1st couple left hand turn partner and retire into 2nd place

**New Rigg'd Ship**                    *triple major*

- 8 bars     All couples right hand turn, then left hand turn partner
- 8 bars     1st couple lead down the middle and back, dancing through 2nd place (2nd couple up), 1st lady casting down to form a line facing up with 3rd couple and 1st man casting up to form a line facing down with 2nd couple
- 2 bars     Lines set facing up and down
- 4 bars     1st couple pass by right as they pass through their own side of the set (1st man between men and 1st lady between ladies) arriving in 3rd place as 3rd couple leads up
- 2 bars     Lines set facing partner
- 8 bars     Hands six round and back

**Northdown Waltz**                    *duple minor*

- 8 bars     1st lady and 2nd man, balance forward and back, then man turns the lady under his arm to change places. 1st man and 2nd lady do the same.
- 8 bars     Repeat to get back home
- 8 bars     1st couple lead down the middle and back to place
- 8 bars     1st and 2nd couple pousette counterclockwise one and a half times

Ramsgate Assembly

*triple major*

- 8 bars 1st and 2nd couple set twice; two changes of rights and lefts (end facing neighbor)
- 8 bars All set twice to neighbor (up and down the set); two changes of rights and lefts beginning with neighbor
- 8 bars 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)
- 8 bars All join right hands with partner and balance forward and back, then exchange places, men turning ladies under; repeat the same by the left
- 4 bars 1st couple right hand turn first corner (for 1st man this is 3rd lady, for 1st lady this is 2nd man)
- 4 bars 1st couple left hand turn partner in center of set
- 4 bars 1st couple right hand turn second corner
- 4 bars 1st couple left hand turn partner while traveling down center of set into 3rd place while 3rd couple casts up into 2nd place

Round and Round She Goes *cotillion (four couple square with two additional ladies, starting in center of set facing head and foot couples)*

*FIRST CHANGE (16 bars)*

- 8 bars Circles: Center ladies circle hands three L & R with head couples
- 8 bars Center ladies circle hands three L & R with side couple on their left

*MAIN FIGURE (20 bars)*

- 2 bars Center ladies cast R (preferably with a “Petronella” style turn) into the place of the side lady on their right **while** side ladies cast one place behind their partners, ending on their partner’s left
- 4 bars All circle L (hands ten) halfway
- 2 bars Side ladies begin skipping clockwise within the set
- 2 bars Center ladies pass left as they come through set to stand in center, facing out towards sides **while** side ladies finish their arc to arrive back alongside their partners
- 2 bars Center ladies cast R (preferably with a “Petronella” style turn) into the place of the head lady on their right **while** head ladies cast one place behind their partners, ending on their partner’s left
- 4 bars All circle L (hands ten) halfway
- 2 bars Head ladies begin skipping clockwise within the set
- 2 bars Center ladies loop L into original places **while** head ladies finish their arc to arrive back alongside

their partners

*SECOND CHANGE (16 bars)*

8 bars Hands Across: Center ladies right hands across and left hands across with first corners (head man facing and side lady to the right), **while** second corners right hand turn and left hand turn

8 bars Center ladies hands right hands across and left hands across with second corners (head lady facing and side man to the left), **while** first corners right and left hand turn

*MAIN FIGURE (20 bars) as above*

*THIRD CHANGE (16 bars)*

2 bars Ladies' Circle: All set as follows: Men come into center of set and loop L to end facing out **while** center ladies come to outer circle and loop R to end facing in **and** side ladies shift into their partner's place

12 bars Ladies circle hands six L & R

2 bars All set to return to places (as in reversing first two measures of the change)

*MAIN FIGURE (20 bars) as above*

*FOURTH CHANGE (16 bars)*

4 bars Arches: Head ladies gate their partners until they are in an anti-clockwise facing line of three with center lady **while** side men gate their partners into lines facing clockwise **and** center ladies set and cast L into each other's place, joining with head couples in lines of three

8 bars Lines of three move anti-clockwise making arches as lines of two move clockwise passing through arches

4 bars Head ladies and side men gate their partners home while center ladies set and cast R back to place

*MAIN FIGURE (20 bars) as above*

**The Sailor Laddie**

*duple minor*

8 bars 1st and 2nd couples right hands across and left hands across back

8 bars 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)

8 bars 1st and 2nd couples right hand turn partner, left hand turn partner

8 bars 1st couple lead down through 2nd couple below and cast up, then lead up through 2nd couple above and cast down

**Sir Roger de Coverley**

*(longways sets for four, five, or six couples)*

While many versions of good Sir Roger exist, this version can be thought of in three simple sections of figures.

The first section of the dance is a series of figures done between the first man and last lady within each set, followed by the first lady and last man of each set. These are referred to as first "diagonal ends," and second "diagonal ends" respectively.

1st diagonal ends right hand turn; 2nd diagonal ends right hand turn

1st diagonal ends left hand turn; 2nd diagonal ends left hand turn  
1st diagonal ends two-hand turn; 2nd diagonal ends two-hand turn  
1st diagonal ends back-to-back; 2nd diagonal ends back-to-back

The second section of the dance has the 1st couple lace down the set. This means 1st couple arm right with each other 1 ½ times to begin, which faces them towards the line of the opposite gender. 1st couple then alternates arm left with each successive person down the line of opposite gender and

arm right with partner, until they reach the bottom of the set, ending with arm right with partner to come to their own side of the set.

In the third section of the dance, 1st couple promenade (or slip, or skip, what-have-you) to the top of the set, then cast off on their own side followed by the line of dancers on their side of the set. 1st couple stops at the bottom of the set and forms an arch, through which all other couples pass on their way up to progressed position (each couple will have moved up one place, with 1st couple now at the bottom of the set).

### **The Spaniard**

### ***duple minor***

4 bars 1st corners set advancing and TS (R) to place  
4 bars 1st couple two-hand turn once round  
4 bars 2nd corners set advancing and TS (R) to place  
4 bars 2nd couple two-hand turn once round  
8 bars 1st couple lead down the middle and back and cast to 2nd place (2nd couple up)  
8 bars Hands four, slip left then right

### **Zephyrs and Flora**

### ***duple minor***

4 bars 1st corners back-to-back  
4 bars 1st corners join right hands, then left hands above and thus two-hand turn halfway  
4 bars 2nd corners back-to-back  
4 bars 2nd corners join right hands, then left hands above and thus two-hand turn halfway  
8 bars 1st couple cast up while 2nd couple leads down; 1st couple half figure eight through 2nd couple  
8 bars 2nd couple cast up while 1st couple leads down; 2nd couple half figure eight through 1st couple