

HOMEOPATHY AND THE COVID-19 PANDEMIC

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COVID-19 - Analysis of possible Homeopathic Remedies for treatment and prevention, based on experience treating Chinese clients and research from other experienced Homeopathic Doctors.

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Introduction to Homeopathy

Dr. Martina's Experience

Roy has used homeopathy successfully for 40 years.

Does it always work? **No, but a success rate of over 80% is not bad!**

During a pandemic, homeopathic remedies can be extremely helpful, especially when nothing else effective is available. But this does not mean you should not consult a doctor when you are sick (always do and follow their advice). Unfortunately, we are not able to be there and help you, so it is important to follow the advice of the doctor who is monitoring your condition and symptoms. However, many doctors are against homeopathy and will say it is unproven without looking any further into it (same old song I have heard for 40 years).

Introduction to Homeopathic Remedies

Despite the fact that Homeopathy has over 200 years of experience in the prevention and treatment of epidemics, western modern medicine generally scoffs at homeopathy and ridicules the concept at every chance. I have been a Homeopathic Doctor for 40 years and have seen miracles happen over and over. I was the first one in the Netherlands to do a double blind study in conjunction with the VU University (1982) on homeopathy, proving without a shadow of a doubt its efficacy, but none of the medical journals were willing to publish this academic research. If the goal was to belittle and undermine homeopathy, I believe they would publish any credible research in an attempt to disprove it. So don't believe all the stories you hear coming from the kingdom of Big Pharma and the ignorant doctors who believe the lies of Big Pharma. I will show you the research on homeopathic vaccinations.

Over my career, I have developed over 1200 combinations of homeopathic remedies still used in the USA & China. In the USA, my remedies have been used by health professionals across the country since 1988.

What is Homeopathy?

Homeopathy is a holistic, noninvasive system of medical treatment based on the concept that substances that cause certain symptoms in a healthy person can--in diluted amounts (this dilution process is called potentization and is done in a specific way to imprint the signature of the frequency of the substance on to water)--cure those same symptoms in a diseased person. As an example, caffeine in high dosages can cause insomnia. Caffeine in homeopathic dilutions can cure insomnia. Some snake poisons are known to cause blood thinning, but in a homeopathic dilution they can cure blood that does not coagulate, etc.

Homeopathy has been around for over 200 years (developed by Dr. Hahnemann in Germany) and has been measured by special devices and muscle testing. I use such a device and muscle testing in my practice to find the best remedy for any disease. Each disease has a different pattern and, in each person, a different signature. That's why Homeopathic Remedies are not

for specific symptoms, but rather for patterns of disease and the person with the disease. For example, an unexplained pain in the right big toe that worsens at night requires a different remedy than the same toe with pain that worsens in the morning. It is a very specific way to look at each symptom. In homeopathy, rheumatism means nothing. Instead, we look at the pattern--is it aggravated by wet weather, better with cold, is there morning stiffness, is it better with movement, does it get worse through stress? It is like putting a puzzle together piece by piece to fully see and understand the whole picture.

Choosing the Right Remedy Dosage

How do you decide what potency to use and how often to repeat it?"

Choosing the remedy itself is fairly straightforward because the goal is always to find a medicine that can cause symptoms similar to those that the patient is experiencing. After making this choice, however, it can be difficult to know the best method of dosing. Dr. Hahnemann himself, the founder of homeopathy, experimented throughout his career, and his recommendations varied at different times. To make matters more confusing, the opinions of various experts since that time sometimes seem to conflict.

I don't think there is an absolute answer that will apply to all patients at all times. It is going to depend on the patient, the type of illness they have, and the way they are reacting to this illness. It is also going to depend on the practitioner, since, as experience grows, it becomes possible to use different approaches in similar circumstances with good results.

I will not go into too much detail about the concepts I have developed after years of testing thousands of patients. I assume you will trust that with the experience I have working in China, I will give the best possible advice I can for the largest group of people that I can. Because of this, I can't aim for 100% accuracy, but I will settle for 90%.

First, we need to discuss what the word "potency" means within the concept of homeopathy.

High & Low Potencies

Technically, there is no official definition for the word "potency" in homeopathy. It is usually used to refer to the degree of dilution that a homeopathic remedy has undergone in its manufacturing process. This is indicated by the number and letter listed after the name of the remedy. For example, Lycopodium 30C has undergone 30 steps of dilution, each step having been a one-to-one-hundred dilution (indicated by the letter "C" meaning centesimal: 1 in 100). The usual convention in homeopathy is to refer to the higher dilutions, indicated by the larger numbers, as higher potencies and the lower dilutions, indicated by smaller numbers, as lower potencies. A 30C is a higher dilution than a 3C.

Homeopaths have long observed that the higher dilutions elicit powerful responses in patients when (and only when) they are precisely matching the symptoms the original substance causes in healthy subjects. It is because of this deep homeopathic response that these remedies are referred to as high potency.

The more commonly available and used potencies are the 6C (and sometimes 9C or 12C), 30C, 200C, 1,000C (abbreviated 1M), and 10,000C (abbreviated 10M). In most of the homeopathic world, potencies up to 30 are often referred to as low potencies and those of 200 and up are referred to as high potencies. Most homeopaths draw the line between high and low potency somewhere around 30C.

Different Factors of Dilution

Besides the C-dilutions, there are also the "X" or "D" (Europe) potencies, such as 6X or 30X. The number still refers to the number of dilutions the remedy has undergone, but the letter "X" means that each was a one-to-ten dilution (indicated by "X" the Roman numeral for 10 or D from Decimal). Both 6X and 30X are usually considered low potencies.

One other potency scale is the LM potency scale. In this system, each individual dilutional step is a much larger one-to-fifty-thousand dilution. These potencies are not commonly available to the public and are not further discussed in this article.

Korsakov Dilutions

One other dilution we will discuss was created by the Russian Homeopath Semyon Korsakov.

Korsakov is well-known in homeopathic circles as the originator of the Korsakovian method of dilution, which differed from the Hahnemannian dilutions used by homeopathy's founder in that it used a single container for a series of dilutions rather than a new container for each. Korsakov also used dilutions higher than those previously used (30C and higher). Dilutions made using his method are commonly designated with the letter "K", e.g. 15K. In the workshop, we will teach how to use this technique to quickly make your very own homeopathic vaccinations when someone gets sick with COVID-19.

Choosing High versus Low Potencies

It is stated above that the higher potencies give stronger and longer responses, so why not just use them all the time? Why bother with the low potencies at all?

The answer is that some patients respond too vigorously to the high potencies, becoming more ill and feeling worse before they get better. Such a response is called a homeopathic aggravation. This often lasts anywhere from 1 day up to 3 and is considered to be a sign of healing and detoxification. These aggravations can be quite serious and give experienced homeopaths cause to reflect when choosing potency. At the same time, these high potencies are very useful medicines that, under the correct circumstances, can help patients recover quickly and comfortably.

So how does one decide which potency to use?

Simply stated, it depends on the health and vitality of the patient, the nature of the illness that they have, and their response to that illness. The following is a brief overview of how these factors are used in potency selection.

Consider higher potencies:

- In those with good strength and vitality
- In those not overly sensitive to medicines
- In those with a history of positive responses to remedies
- When the illness is acute or sudden
- When the patient is responding vigorously to the illness

Consider lower potencies:

- In those who are sickly with poor vitality
- In those who are over-sensitive and become ill with every medicine they take
- In those with a history of difficult responses to remedies (such as easy aggravations)
- When the illness is chronic or slow
- When the patient has an indolent response to the illness

How Often to Repeat the Remedy

Now that you have chosen the remedy and the potency, how often should it be repeated?

The frequency of repetition depends upon the state of the disease. If it is acute and getting worse, you repeat more often till there is a reaction, then you slow down.

With a chronic disease it is different. You would normally use a higher potency less frequently and the standard rule is, as long as most patients are improving, it is not necessary to repeat the remedy. The following is an overview of some of these factors and how they relate to remedy repetition.

When to Consider More Frequent Dosage:

- In acutely ill or injured patients: These patients need a more frequent dosage whether the remedy is high or low potency. Don't be afraid to repeat or change remedies frequently in this situation.
- When lower potencies are being used for chronically ill patients: Patients suffering from chronic (long-term) illness often need lower potencies repeated frequently to both obtain a good result and to avoid aggravations.

When to Consider Less Frequent Dosage:

- When higher potencies are used to initiate treatment in chronically ill patients: This is the situation where aggravations are most common. It is necessary to wait after giving a high potency to such a patient until it is clear what their response will be and how long it will last. (Chronically ill patients who start on lower potencies repeated frequently often do well with higher potencies repeated frequently as time goes by. It is not usually a good idea to start these patients with such repetitions of higher potencies.)
- In patients with known over-sensitivity to remedies or other medications: Caution must be used repeating remedies of any potency, especially high, with these patients. An exception to

this rule is that even over-sensitive patients usually tolerate repeated doses if they are acutely ill or injured.

What Constitutes a "Dose"?

There are 5 typical ways to consume homeopathic remedies: 1. Tablets 2. Drops 3. Pellets 4. Ointment (gel or salve) 5. Spray. Sometimes they come in a plaster.

Homeopathic remedies are typically dispensed on medicated sugar pellets. These pellets may vary in size and composition depending on the manufacturer. Remedy bottles sold in stores are most often filled with pellets about the size of BBs, and one dose is usually one to five pellets. For most patients, taking five pellets will not significantly increase their response over taking two pellets. Same for drops or tablets.

The way I usually explain this is as follows: homeopathic remedies appear to act by giving the body a subtle stimulation to which the body responds (if it is a well-indicated remedy).

An analogy can be made with an electrical outlet. If you were to directly touch the electrical outlet with one finger, you would receive a shock of 110 volts. If you touch it with two fingers, you still receive a shock of 110 volts. If you touch it with 10 fingers, you still get 110 volts.

In a similar way, the number of pellets taken in each dose doesn't seem to make a lot of difference.

Remedies can be taken in water as well as administered dry under the tongue. The most common way to take them in water is to simply put a dose into a glass of drinking water. Acutely ill patients may sip or take a teaspoonful as frequently as needed, usually stirred before each dose. This is an effective way to give patients relief while also stretching the supply of the remedy.

Summary: Potencies, Frequencies & Dosages

For acutely ill or injured patients:

These are patients with colds, flus, fevers, injuries, etc. These patients tolerate high or low potencies repeated frequently. "Frequently" means every few minutes in urgent situations and perhaps every 3 to 4 hours in less urgent situations. The frequency should taper off as the patient recovers. Even most over-sensitive patients will respond well to this kind of repetition. Don't be afraid to change remedies frequently with acutely ill or injured patients if their symptoms change or results seem inadequate. In COVID-19, depending on the phase, we will give different instructions.

For chronically ill patients:

These are patients with long-term illnesses or complaints under the care of a professional. It requires a bit more experience to successfully treat these patients. In general, treatment will begin either with low potencies repeated frequently or with higher potencies repeated infrequently. What happens next depends almost entirely on how the patient responds to the initial dosing. Some patients will take a dose as infrequently as every few months, whereas others will be taking higher potencies daily after a while. Remedies should be changed infrequently. This does not apply to the COVID-19 situation.

The 5 Phases of COVID-19

This is how we look at the whole concept of COVID-19.

What you must understand is that it's in your best interest not to hope not to get infected, but to prepare so when you get infected you can go through the acquisition of immunity in the speediest and most pleasant way. You cannot stay locked up for the rest of your life. Sooner or later we will all need to gain immunity, either by vaccination (homeopathic or otherwise), antiviral medicine or infection and recovery. We believe the best way forward is to get your immune system in optimal state, take the homeopathic vaccination and progress through the infection with grace, ease and joy.

Phase 0: No symptoms; practicing social distancing and boosting the immune system as much as possible. Prevention and preparation is everything. **Protocol 1**

Phase 1: Suspicion of infection but no real symptoms; maybe temperature is up a bit. Start immediately with **Protocol 2**

Phase 2: Symptoms start. **Protocol 3**

Phase 3: Symptoms aggravate or intensify; maybe respiratory stress: **Protocol 4**

Phase 4: Recovery: **Protocol 5**

Let's Talk About the Elephant in the Room: Coronavirus.

Based on studying the symptoms observed in our Chinese patients infected with COVID 2019, it becomes clearer with time which homeopathic remedies can be used to prevent (or treat) coronavirus. Here are the Remedies that scored the best over and over again.

- **Arsenicum album 30c** (recommended by the Indian government's Ministry of AYUSH, based on Chinese cases reported in the Lancet – Feb 15, 2020). **Indian Advice:** use once a week as long as the outbreak is not near and change to once daily for one week once it gets near and then change to twice per week.
- **Bryonia, Lycopodium, Phosphorus.** These have been suggested based on symptoms reported by reliable sources. As homeopathic case-taking looks more deeply and widely into symptoms, the remedies mentioned are still suggestions. As they are also often called on to treat the flu and other acute conditions, you may want to have them available in **6c or D6 potency**.

Social Media Cures can be Confusing

People have been promoting their own alternative cures and prophylaxis too, but homeopathy seems to be the most promising and most actively circulated prophylaxis through Facebook, Whatsapp and other social media. The most commonly recommended homeopathic medicines are Arsenicum album, Gelsemium, Influenzinum, Mercurius and Argentum nitricum. The Government of India has officially announced Arsenicum album as a likely prophylactic for the Coronavirus infection.

The problem with most of these recommendations is that they are not based on the actual symptoms of the affected patients. Fortunately, now we have a lot of epidemiological, clinical and laboratory data available and published in peer-reviewed journals, which can be used to draw reasonable conclusions about the group of homeopathic medicines that will work best on this infection.

Myth Dispelled

However, before that, we need to establish some facts and dispel some myths to reduce this unusual state of global anxiety.

Myth: Coronavirus is a fatal infection for most people.

No. If you look at the mortality rate of recent epidemics and even the usual flu, you will realize that COVID-19 is not a life-threatening infection for most people. There were infections in the past with a much higher mortality rate such as Ebola (25-90%) Bird Flu-H5N1 (50%) SARS (9.6%) COVID-9 (2-4%), Seasonal Flu (0.01%) In China, the mortality rate is around 2.5% for COVID-19, but as the diagnosis and awareness is improving, so is the management and prognosis.

High Risk Group

Most people who are succumbing to this infection are over 50 years of age or have some associated comorbidity (illness) like asthma, COPD, diabetes etc. **We recommend taking the homeopathic vaccination for this group: Anti-Viral Support at www.optimaformula.nl**

Low Risk Group

For reasons that we do not understand yet, Covid-19 is usually NOT affecting children below the age of 18 and the children who are getting infected mostly only get mild flu-like illness. So parents of young children can reduce their parental anxiety.

Known Symptoms of the Coronavirus COVID-19 Infection.

Symptoms of COVID-19 are non-specific and the disease presentation can range from no symptoms (asymptomatic) to severe pneumonia and death. As of 20 February, 2020 and based on 55924 laboratory confirmed cases, typical signs and symptoms include: fever (87.9%), dry cough (67.7%), fatigue (38.1%), sputum production (33.4%), shortness of breath (18.6%), sore throat (13.9%), headache (13.6%), myalgia or arthralgia (14.8%), chills (11.4%), nausea or

vomiting (5.0%), nasal congestion (4.8%), diarrhea (3.7%), hemoptysis (0.9%), and conjunctival congestion (0.8%).

People with COVID-19 generally develop signs and symptoms, including mild respiratory symptoms and fever, on an average of 5-6 days after infection (mean incubation period 5-6 days, range 1-14 days).

Most people infected with COVID-19 virus have mild disease and recover. Approximately 80% of laboratory confirmed patients have had mild to moderate disease, which includes non-pneumonia and pneumonia cases. 13.8% have had severe disease (dyspnea, respiratory frequency 30/minute, blood oxygen saturation 93%, PaO₂/FiO₂ ratio <300, and/or lung infiltrates >50% of the lung field within 24-48 hours) and 6.1% are critical (respiratory failure, septic shock, and/or multiple organ dysfunction/failure).

One study showed the most common symptoms at onset were fever (59 [73%] patients) and dry cough (48 [59%]). Other non-specific symptoms included dizziness (two [2%] patients), diarrhea (three [4%]), vomiting (four [5%]), headache (five [6%]), and generalized weakness (seven [9%]).

Notably, the COVID-19 infection rarely seems to cause a runny nose, sneezing, or sore throat (these symptoms have been observed in only about 5% of patients).[\[v\]](#)

Pathological Findings from Patients of Coronavirus COVID-19

Most patients have shown bilateral lung involvement, with **lesions mainly located peripherally and subpleurally** with diffuse distribution.

The predominant pattern of abnormality observed was bilateral (64 [79%] patients), peripheral (44 [54%]), ill-defined (66 [81%]), and ground-glass opacification (53 [65%]), **mainly involving the right lower lobes** (225 [27%] of 849 affected segments).

Leukocytosis was detected in 26 (32%) patients and lymphocytosis in 54 (67%) patients. Concentrations of C-reactive protein and serum amyloid A protein were elevated in most patients.

Homeopathy for Coronavirus COVID-19 Infection

Homeopathic treatment is based on the principle that a drug will prove curative in a condition, if it can produce similar signs and symptoms in a healthy human being during a drug trial.

In the case of epidemics, a general remedy is selected on the basis of the symptoms of the existing patients and that remedy, known as **Genus Epidemicus**, can be given to the affected population group for that particular epidemic. The Genus epidemicus will change from year to year if the presenting symptoms change. Not just the symptoms, but also the sequence and intensity of specific symptoms can change the indicated homeopathic remedy.

Based on the epidemiological and clinical studies done so far, we know the following symptoms, which our homeopathic remedy should cover:

- Fever
- Chilliness
- Dry Cough
- Pneumonia
- Shortness of breath
- Tightness of chest

The sections below about the steps for identifying the Genus epidemicus are technical. Non-medical people can skip the sections below and jump to the section '*So what homeopathic remedy should I take for Coronavirus?*'

Order of symptoms

The ideal remedy should be indicated for dry cough with fever. We have many remedies that cover dry cough, which remains after an acute cold. Such remedies will not be indicated. Other remedies which are known to be effective in allergic dry cough are also unlikely to work.

Absent Symptoms

We see the Nasal Discharge is absent in most patients or is a late and minor symptom. Hence our indicated homeopathic remedy should not have a presenting picture with acute runny colds.

Based on the CT findings

The CT findings suggest that the lower lobe of the lungs are usually being affected; most lesions are peripheral, near pleura and there is predilection for the right side.

So we need a remedy which is right sided, symptoms evolve from right to left, is known to affect lower lobes and cause pleuro-pneumonia.

The CT findings have also revealed absence of lung cavitations and hemorrhage in most patients, so remedies known to cover such symptoms are less likely to be indicated.

Based on extensive research, a protocol was created for the different phases of the COVID-19 infection.

Homeopathic Protocol Phase 0: Prophylaxis

Phase 0: Take these alternatingly as a **prophylaxis**.

Brionia & Arsenicum alba; Both Potency: **D6 or C6**. Monday-Wednesday-Friday.

Take one in the morning after waking up or shortly after and the other one before sleep.

Lycopodium & Phosphoricum Potency: **D6 or C6**. Tuesday-Thursday-Saturday

Take one in the morning after waking up or shortly after and the other one before sleep.

(Which one does not matter, write on one bottle AM & the other one PM)

Our advice is: To take Anti-Viral Support as indicated later, this will prepare the body to deal with the virus in a more effective way.

We recommend taking Sunday as a day off

Intention Protocol

Use your intention with each Remedy: Close your eyes and roll them up and say quietly inside: 'Even if I don't know how this Remedy will keep me healthy and vital even if I get infected, what I do know it is so now and I am fulfilled. Delete (3x) all negative beliefs or programming that will not support this in happening. Download & activate in me all the resources that will support me to make this happen with grace, ease and joy. Thank you (x3), so it is, so it will be or something even better.' Then relax your eyes and visualize your immune system destroying all viruses quickly and effectively while seeing yourself vital and happy.

Phase 1: The Best Remedies at the Onset of the First Symptoms

As soon as you have any symptoms that are flu-like, or even just a slight increase of temperature, start the Phase 1 Protocol.

Depending on what you feel, and in addition to what you were already taking, start one of the 3 following Remedies. If the symptoms are not clear, take them alternatingly one after the other or mix all 3 together. In this stage, the frequency is every hour or every 30 minutes. If the symptoms get worse, take every 15 minutes (waking moments).

Aconitum (no sweat but fever)

Belladonna (sweating)

Ferrum Phosphoricum (not high fever)

Potencies: **D6 or C6** and take a few drops every hour or put in water and sip every 30 minutes.

Continue with the 4 Remedies of Phase 0 in the same dosage and frequency.

Our advice is: To take Anti-Viral Support as indicated later, this will prepare the body to deal with the virus in a more effective way.

Increase the Colloidal silver used in the diffuser and take internally (follow the indications)

Phase 2: Prevention of Damage to the Lungs

When the symptoms start to develop further, the most important action is increasing the frequency of the Phase 0 Remedies. Continue the Phase 1 Remedies with the same frequency as long as there is fever or sweating.

Brionia & Arsenicum alba. Lycopodium & Phosphoricum (Potency **D6 or C3**)

The frequency and dose for the Phase 2 Remedies is a few drops or tablets of the paired ones every 15 minutes, alternating on the same day. It doesn't matter which you start with, but a sample schedule would look like this: First the AM one (for example Brionia), then half an hour later, take the PM one (for example Arsenicum alba), then half an hour later, take the AM of the other day (for example Lycopodium), half an hour after that, take the last one (Phosphoricum) and then start over again with Brionia, half an hour later Arsenicum Alba, etc., all day long.

Our advice is: To take Anti-Viral Support as indicated later, this will prepare the body to deal with the virus in a more effective way. Also start with the intake of Colloidal silver (double the dosage by taking it more often)

Phase 3: Prevention of Damage to the Lungs

You have progressed to Phase 3 when there are respiratory symptoms: coughing with respiratory distress symptoms (shortness of breath). This when it is important to add the 5-Elements tapping to your routine. This is a system that taps specific acupressure points and is taught in the workshop as well as ear acupressure. During this time you will also want to increase the Lung & Lymph Support dosages of the **Anti-Viral Support**.

Also increase the intake of Colloidal silver (triple the dosage by taking it more often)

Phase 4: Recovery

In Phase 4, the symptoms are getting better and you can decrease the intake as you progress. Taper down the frequency from every 15 minutes to every hour, then every two hours etc. After 2 days, you should be back to taking remedies only a few times a day. After 3 days, you should be back to Phase 0.

Homeopathic Vaccinations: Introduction

It's going to take a lot longer to make a COVID-19 vaccine than a treatment.

Scientists and drug companies are racing to develop and test treatments and vaccines that address COVID-19, the disease caused by the novel coronavirus. Work on both is progressing at an unprecedented speed — but researchers are starting essentially from scratch on vaccine development, so the process is going to take a long time. Treatments, on the other hand, were further along when the outbreak started and might be available sooner.

“They’re in vastly different situations right now,” says Florian Krammer, a professor and vaccine development expert at the Icahn School of Medicine at Mount Sinai.

Both treatments and vaccines are important for a robust and effective response to the outbreak. Treatments help people after they already have a disease; in the case of COVID-19, researchers hope to treat around 15 percent of COVID-19 patients who have non-mild symptoms.

Vaccines, on the other hand, help prevent people from getting sick in the first place.

Scientists started work on drugs to treat coronaviruses during the SARS and MERS outbreaks, but because the outbreaks died down, the job was never completed. Now, they’re able to dust off that old research and start building on it. The leading candidate is a drug called remdesivir, which was developed by the pharmaceutical company Gilead. Research showed that it could block SARS and MERS in cells and in mice. In addition, remdesivir was used in a clinical trial looking for treatments for Ebola — and therefore, it had already gone through safety testing to make sure it doesn’t cause any harm (you have to take this with a spoonful of salt; no harm in pharmaceutical science doesn’t exist).

The vaccine development process will take much longer. Experts say that it will be between a year and 18 months, or maybe longer, before they’re available to the public. One of the strategies for creating a vaccine involves making copies of one part of the virus (in this case, the bit that the novel coronavirus uses to infiltrate cells). Then, the immune system of the person who receives the vaccine makes antibodies that neutralize that particular bit. If they were exposed to the virus, those antibodies would be able to stop the virus from functioning.

Making vaccines is always challenging. Developing this one is made more difficult because there has never been a vaccine for any type of coronavirus. They have to start from scratch.

There won’t be a vaccine done in time to hold off any approaching outbreak of COVID-19 in the US or in other countries where it’s still not widespread. That’s why treatments are so important: along with good public health practices, they can help blunt the impact of the disease and make it less of an unstoppable threat. The best experts can hope for is that a vaccine can help prevent other outbreaks in the future if the novel coronavirus sticks around.

Vaccines in General and Side Effects

An effective vaccine is worth its weight in gold and many of the common childhood illnesses are believed to be cured by vaccines. It is celebrated as a remarkable triumph of modern medicine. Of course, the decline of infectious diseases is always multifactorial: good nutrition, understanding of disease epidemiology, and good hygiene all have contributed to the decline of many diseases, vaccine-preventable or not. What is not commonly discussed is the safety and side-effects of vaccines. What is a vaccine?

Vaccines offer a small, fixed amount of a pathogen (antigen) to the immune system. A tiny bit of bacterial cell or a part of viral protein is used. Something that the immune system can recognize and respond to and prepare the counterattack, so that when the patient is exposed to the real infection, with its relatively massive amounts of antigen, the immune system is prepared and can react immediately to minimize the damage, rather than the usual delay it takes before immunity kicks in.

Over the last few years especially, many people have become increasingly concerned about using the conventional vaccines developed in Western medicine. Conventional vaccines are believed to carry a number of risks. A small number of people may have severe, and even life-threatening, reactions to these vaccines.

Physicians often stress, however, that the benefits of conventional vaccines far outweigh their risks. While many people believe that conventional vaccines may be responsible for the increase in autoimmune disorders, childhood cancers, and [autism](#), the medical world will always say there is little evidence to support these claims. Most physicians believe that the dangers of contracting diseases like polio are far more severe than the risk of a vaccine reaction.

Homeopathic Vaccination is Different

Homeopathy is the practice of giving a signal (a frequency that is not chemical) to the body to treat the illness or disease it is experiencing. Because the remedies are so diluted, many doctors refuse to even be open to the idea of homeopathy working and will ridicule it without looking at the vast amount of research that proves that it works (see our Addendum). It is silly to see how this game has been played in the 40 years of experience I have as an alternative Medical Doctor despite all the proof to the contrary.

The first 'law' behind vaccines and homeopathy is the same: like cures like. A nosode "is a homeopathic remedy prepared from a pathological specimen. The specimen is taken from a diseased animal or person and may consist of saliva, pus, urine, blood, bacteria, virus or diseased tissue."

One can get nosodes for human use for everything from Anthrax to Variola (smallpox) at either 30 or 200 dilutions. In a rare burst of honesty, one site notes, "There are no whole molecules of the actual substance in 30C potency" and another notes "(homeopathic vaccines) do not contain Thimerosal, Aluminum, Borax (used to kill ants) and other chemical elements that cause some of the side-effects from vaccination."

It is also worth noting that in the studies that have been able to proceed, no child has had any severe side effects from the homeopathic vaccines given.

Homeopathic vaccinations do not work like standard vaccines: by leading to the development of antibodies. Homeopathic preparations have not been shown to raise antibody levels. The Homeopathic alternative does not rely on antibody formation. What I know is that the cells can also be programmed by information (frequencies) and be prepared to fight a disease or illness just as effectively as a real vaccine without any toxic materials and these remedies can be taken orally.

COVID19 Support (based on holistic medicine)

This is the information on the Homeopathic vaccination & support developed by Dr. R. Martina and a team of medical experts.



Green Big Pharma is a company with a mission to help people with natural research and proven remedies to restore health or speed up recovery.

Disclaimer: this is not meant to replace medical advice. If sick, call your doctor immediately and follow their advice.

In these times of global pandemic, traditional western medicine is waiting for a vaccine to be developed and then will probably force everyone to be vaccinated, with the potential for many unknown effects in the future.

1. Getting immunity by going through the infection is the best way. However, some people are at risk. A vaccination protocol would be best for people that are high risk as well as those that are especially low risk, as this will mitigate the spread of the infection.
2. The next best way is to strengthen the immune system through a healthy lifestyle, immune stimulating vitamins, herbs and practices (yoga, tai chi, breathing exercises etc.), combined with holistic prevention.

In light of this, and in collaboration with our team, we have created a new way to build immunity against the COVID 2019 virus by training your immune system to be ready for COVID-19 and to do everything you can to be as healthy as you can.

What makes you more vulnerable are:

1. Pre-existing medical conditions
2. Heavy load of toxins (especially heavy metals, chemical, pharmaceuticals)
3. Weaknesses of the lungs (asthma, fibrosis, CPD, etc.) or smoking

In 1988, Dr. R. Martina was the first to develop a homeopathic detox program that is still being used by health professionals in the USA and abroad. This is still sold by Apex Energetics. Inc in California.

How is it possible that after 32 years this program is still so effective?

Simple, it is based on holistic science. In a booklet he wrote in 1988: Detox Made Simple (with over a million copies distributed) he explains the science of detox: using homeopathic dilutions of toxins to activate the body to remove the heavy metals, chemicals and other by-products logged into the tissues in the body due to our western lifestyle and environmental pollution. These basic rules are as important today as they were 30+ years ago.

With the COVID-19 virus, the same rules apply: detox the body, support the lungs, support the lymph system (very important with infections) and then activate the immune system to know what to be alert for. We do that in two ways

Training your immune system in 2 ways: General & Specific

1. Using **specific frequencies** (homeopathic frequencies) that are known to help the body's immune system fight viruses. This may work by activating the immune cells and interferon production (this is not yet confirmed by scientific research, but from testing with equipment on thousands of patients). This is called **A support 1**. It should be used right away to bring the body into an alarmed state. It is like training an army for war. We are preparing what, in the USA, would be called the green berets and Navy seals for missions behind enemy lines.
2. Using a frequency derived from the COVID-19 itself. In homeopathy this is called a nosode, or if you are sick, iso-sode. Nosode is a term used for using microorganisms like bacteria, viruses etc. in homeopathic dilutions. Iso-sode is when you use the same material that you are creating immunity for. That would be the closest we can get to a (homeopathic) vaccination. We found that the homeopathic dilution of C35 is the best potency to alert the immune system of the frequency of COVID-19. This is called **A support 2**. This one should not be taken daily as that would be too much. If you are healthy: once a week for 4 times is enough. If you get sick, you put it in water and take a sip every hour (not more). This is like training your army to know who the specific enemy is. Where A-support 1 is general preparation for any viral attack, A-support 2 is training for a specific enemy.

Preparing your body in 3 ways: Lymph, Detox & Lung support

3. Using **Lymph support**, we are preparing the part of the body that is crucial to fighting fast-multiplying viruses and alerting the immune system to be ready so it will not get overwhelmed. This is also best supported by antioxidants in high dosages (Vitamin C) and virus killers (Colloidal Silver, more about that later). The lymph system is extremely important to combat infections. If it gets overwhelmed, that can cause unnecessary swelling and liquids. When that happens in the lungs it may cause hypoxia and difficulty breathing, a known problem with the severe cases of COVID-19.
4. Using **Detox support** is what we have been talking about. The more we can release toxins, especially chemicals and heavy metals, the better the body can handle any type of stress, such as the stress on the body caused by a viral attack. You can support this by lessening your intake of animal products, processed foods (more veggies and fruits), and use of dairy products (causes extra mucus in the lungs and gut with many people). Imagine going up a mountain with a heavy backpack and 2 suitcases. That's the image of a body with a high toxic load.

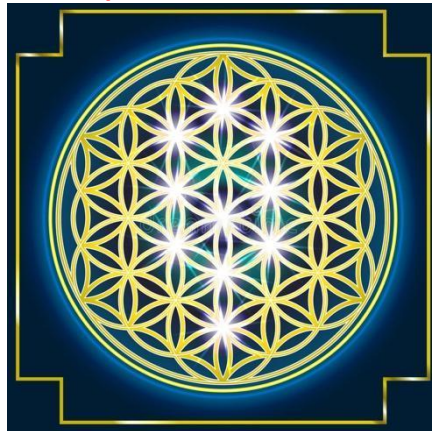
Once, in Dr. Martina's practice in Curacao 30 years ago, when he had a year-long waiting list, he attempted an experiment. He put all of the people on the waiting list on his Detox program for heavy metals and chemicals. After 3 months, the waiting list had decreased by 50% because many people no longer had symptoms! That is the importance of detoxification. You can support this by spending time in the sauna, 2-3 days of juice or vegetable fasting, etc. This is an important part of this regimen and should not be underestimated.

5. **Lung support**: we now know that COVID-19 specifically targets the lungs and in a short time can create double interstitial pneumonia in vulnerable people. This can also happen in younger people. This pneumonia is the reason for intensive care in a small percentage of the patients. Dr. Martina and his team created a special Homeopathic Remedy to prepare for this. Prevention is the best protection.

Disclaimer: This program has been created based on the research and experience Dr. Martina had with Chinese clients at the beginning of the COVID-19 outbreak in Wuhan. His clients combined his advice with visualization practice, breathing practice, tapping points and listening to an audio program. None of this proves that these Remedies will prevent infection or help heal faster when infected. But based on the results of thousands of Chinese clients who worked with these programs, the results were impressive. This program has not been tested in clinical trials, nor approved by the medical authorities and no one should make the assumption that they should

not consult their physician in case of suspected infection. That having been said, it is obvious that your chances are better off with a homeopathic nosode (vaccination-like effect) and a support program if you get sick. This is a program to prepare yourself the best you can. Also, it is important to know that if you choose to buy this program, Dr. Martina will get a royalty fee. You are free to choose what you feel is best for you and your family and whose advice is more important, someone who has been at the forefront of this pandemic and is trusted by over 60,000 Chinese clients who used his advice and downloaded his programs or.....

Charge water and your remedies with Sacred Geometry:



With these Remedies you will also receive a sacred geometry sticker. Place a bottle or glass of water on this sticker to charge it with these sacred symbols. This will restructure the water and help the body drain toxins!



How to use:

When you use all 5 you get a **synergistic effect** that is greater than using them separate!

Note: These COVID-19-specific instructions may be different than what you find on the labels.

A support 1: 2 times a day 1 drop (morning and before sleep) *when sick, add 1 drop to a big glass of water (stir well) every day and take a sip every hour.*

A support 2: once a week 2 drops (before sleep), *when sick, add 1 drop to a big glass of water (stir well) every day and take a sip every hour.*

Lymph support: 3 times a day 1 drop before meals. *when sick, add 1 drop to a big glass of water (stir well) every day and take a sip every hour.*

Lung support: 2 times a day 1 drop (morning and before sleep) after taking A-support 1, take a sip of water then take this. *when sick, add 1 drop to a big glass of water (stir well) every day and take a sip every hour.*

Detox support: 3 times a day 1 drop before meals, after taking Lymph-support, take a sip of water then take this. *when sick, add 1 drop to a big glass of water (stir well) every day and take a sip every hour.*

Economic Use

If you have more than one person in your household, you can put the drop of water in a glass, stir it well and give everyone a sip to drink.

The ingredients:

A support 1

Active potencies/frequencies of:

Elaps corallinus
Drosera rotundifolia
Ferrum phosphoricum
Mercurius solubilis
Vincetoxicum officinale
40% alcohol

A support 2

Active potencies/frequencies of: Homeopathic diluted viruses in C35

40% alcohol

Lymph support

Active potencies/frequencies of:

Acidum silicium
Baryta carbonica
Cundurango
Silicea
Thuja occidentalis

40% alcohol

Detox support

Active potencies/frequencies of:

Arnica montana
Carduus marianus
Chelidonium majus
Lachesis mutis

Solidago virgaurea
Sulfur
Thuja occidentalis

40% alcohol.

Lung support

Active potencies/frequencies of:

Acidum phosphoricum
Beuk (Fagus sylvatica)
Bryonia alba
Lycopodium
Natrium muriaticum
Ster van Bethlehem (Ornithogalum umbellatum)
Strychnos ignatia
Phosphorus

40% alcohol

ADDENDUM

Homeoprophylaxis (Homeopathic Vaccinations)

Homeoprophylaxis Programs (HP) exist for All Ages

Homeoprophylaxis Programs for all ages! HP has been used for over 200 years to prevent infectious diseases. HP has been proven to be clinically effective on millions of people worldwide to boost natural immunity, based on homeopathic principles.



“Homeoprophylaxis never causes anaphylaxis or shock, never results in secondary infection, never leaves in its wake serum or vaccine disease or any other severe reaction; it simply protects surely and gently.”

Dr. A. H. Grimmer

How Homeoprophylaxis Works: Homeoprophylaxis programs also known as “HP” or commonly referred to by parents as **“homeopathic immunizations”** are a safe, non-injected alternative to traditional vaccines. HP stimulates an immunological response by the body through the action of the homeopathic nosode. A homeopathic nosode is highly diluted and made in a licensed homeopathic facility from the disease material so that not a single molecule remains of the disease substance. The energetic stimulation of the homeopathic nosode on the body helps to stimulate increased natural immunity to that given disease. HP has been proven highly effective for many diseases in [modern clinical studies](#). HP has been used successfully worldwide in large populations including in [Cuba](#), [Brazil](#), [Europe](#), [India](#) and [Japan](#) to prevent all types of [infectious diseases and epidemics](#).

HP Helps To Strengthen Your Natural Immunity!

HP is 100% Safe, Non-Injected and Non-Toxic.

Homeoprophylaxis has been shown to be 90% effective in the most recent research from May 2019. There are modern [clinical studies](#) based on 15 years of research in Australia and also in Brazil. Other large-scale studies of homeoprophylaxis in 2007 and 2008 in Cuba were done where HP was used to prevent an *epidemic of Leptospirosis*, a bacterial disease that affects both humans and animals. The results showed the remarkable [clinical effectiveness of HP](#) on a population of 2,000,000 people in a government run program, with zero reported deaths of participants in both studies. Watch [videos](#) about homeoprophylaxis that explain why and how it works to boost natural immunity.

All vaccines are categorized by the US government as “unavoidably unsafe”. All vaccines contain [toxic ingredients](#) including [mercury or aluminum](#) that create health risks. Vaccines can cause [severe injury](#) and even death. Current [scientific research](#) also indicates that vaccines are associated with the onset of autism, in particular the [MMR vaccine](#). Vaccines are also associated with [adverse reactions](#) including ADHD, allergies, Autism, autoimmune diseases, developmental delays, neurological damage and chronic health issues. Avoid potential severe vaccine injury and choose homeoprophylaxis!

Scientific Proof of Homeopathic Vaccinations

Clinical Research On Homeoprophylaxis

Learn more about the clinical research and the effective use of HP worldwide for the past 200 years. Homeoprophylaxis has a very long-term clinical and historical use that continues to demonstrate how well HP performs on millions of people. The most current clinical research for 2019 was done on 250 million people and demonstrated that homeoprophylaxis was 90% effective!

Homeopathy has been effective in many past epidemics! The **1918 flu epidemic** resulted in the deaths of many millions. The mortality rate of people treated by conventional medicine was as high as 30 percent. Those treated by homeopathic physicians had a mortality rate of **1.05 percent**. Of the fifteen hundred cases reported at the Homeopathic Medical Society of the District of Columbia, USA, there were **only fifteen deaths**. Recoveries in the National Homeopathic Hospital, again in the USA, were 100%. In Ohio, of 1,000 cases of influenza, Dr. T. A. McCann, MD, Dayton, Ohio reported no deaths. **Total statistics from the homeopathic records of the time tell us that the success rate with homeopathy was around 98%.**

Current Clinical Research On Homeoprophylaxis

- Read about the [History Of Homeoprophylaxis](#).
- Read the [May 2019 Research on Homeoprophylaxis](#).
- Read the article on [Homeoprophylaxis History: Human Records, Studies and Trials](#)

Use of Homeoprophylaxis: Clinical Research Data on Effectiveness

Data from HP for Professionals Course Taught by Dr. Isaac Golden, 2014. References for these studies may be found in [*Vaccination and Homoeoprophylaxis – A Review of Risks and Alternatives*, 6th edition.](#)

Year	Researcher	Numbers of Participants	Length of Survey	HP's % of Effectiveness
1907	Eaton	2,806	< 1 year	97.50%
1950	Taylor-Smith	82 (12 definitely exposed)	< 1 year	100%
1963	Gutman	385	< 1 year	86%
1974	Castro & Nogueira	HP =18,000 Not HP = 6,340	3 months	86.10%
1987	English	694	2 years	87.0 – 91.5%
1987	Fox	61	5 years	82.0 – 95.0%
1998	Mroninski et al	HP = 65,826 Not HP=23,539	6 months & 12 months	95.0 – 91.0%
1997	Golden	593 children (1,305 questionnaires)	10 years	88.80%
1987	Fox	61	5 years	82.0 – 95.0%
1997	Golden	593 children (1,305 surveys)	10 years	88.80%
2004	Golden	1,159 children (2,342 surveys)	15 years	90.40%

A 15 Year Clinical Research Study On Homeoprophylaxis By Dr. Isaac Golden, Australia

[Download a 287 page book \(PDF\) of current HP Clinical Research.](#)

- In this recent study by Dr. Golden, parent responses were data based over a 15 year [Homeoprophylactic Program](#) for disease prevention from 1985 to 2004. There were a total of 2,342 responses collected, each one covering one year of a child's life. The effectiveness and safety of the [homeopathic option](#) to vaccination is fully discussed and the actual comments by parents are reported.

- The single figure measure of effectiveness in this study was **90.4%** with 95% confidence limits 87.6% – 93.2%.
- Using national attack rates in Australia where the study was done, the **control HP efficacy** for three diseases was:
 - Mumps – 91.6%
 - Measles – 90.0%
 - Whooping cough – 86.2%

Current Books on Homeoprophylaxis Clinical Research Written By [Dr. Isaac Golden](#)

- His main book on HP is called [“The Complete Practitioners Manual of Homoeoprophylaxis”](#).
- [Dr. Isaac Golden’s](#) thesis on HP research is titled [“Homoeoprophylaxis – A Fifteen Year Clinical Study: A Statistical Review of the Efficacy and Safety of Long-Term Homœoprophylaxis”, 2004.](#)
- His book for parents comparing vaccination and HP is called [“Vaccination and Homoeoprophylaxis, 7th edition.](#)
- He also wrote [“Homoeoprophylaxis – A Practical and Philosophical Review”, 4th edition, 2007.](#)
- His PhD thesis was [“The Potential Value of Homoeoprophylaxis in Long-Term Prevention of Infectious Diseases, and the Maintenance of Health in Recipients.”](#) [Download the 287 page book \(PDF\) of HP clinical research here.](#)

Highlights Of Modern Use of Homeoprophylaxis By Governments In Other Countries

- [2019: Read Large Scale Homeoprophylaxis Study: Results of Brief and Long-Term Interventions on 250 million people.](#)
- **Brazil 1998:** The Brazilian government funded two large trials in thousands of children that successfully reduced the occurrence of [meningococcal disease](#) in those given homeoprophylaxis. The Brazilian experience with homeoprophylaxis was:
 - In 1998 there was an outbreak of **meningococcal meningitis type B** in a region of Brazil. Doctors in that country are also homeopaths. There was **no vaccine available at the time** so a group of doctors who worked in the region used the **HP meningococcal nosode on 65,826 children**. Another 23,539 children in the region were not immunized. The doctors followed the two groups for 12 months.
 - The efficacy of [Homeoprophylaxis](#) was **95% after six months** and **91% after 12 months**. It was a complete and statistically rigorous report and was published in a leading peer reviewed Homeopathic journal, and is available for study. *Reference: Mroninski C, Adriano E, Mattos G (2001) Meningococcinum: Its protective effect against meningococcal disease. Homoeopathic Links Winter Vol 14(4); pp. 230-4).*
- **Cuba 2007 and 2008:** The Cuban government depends on homeopathy to manage its **leptospirosis epidemics** and **Dengue Fever** outbreaks in millions of people. The Cuban experience with Homeoprophylaxis has these clinical results:
 - [Dr. Golden](#) supervised the recent use of [Homeoprophylaxis](#) on a large population [during an epidemic in Cuba in 2007 and 2008](#) for **Leptospirosis** – with amazing clinical efficacy on a population of **2,000,000 people in a government-run program**.

- Cuban medical researchers successfully prevented the outbreak of *Leptospirosis* in Cuba among a population of 5 million people across two regions using homeopathy in both 2007 and 2008.
- [Dr. Golden](#) was consulted at the request of the Finlay Institute, a vaccine manufacturer, to do this work for the Cuban government.
- Using [Homeoprophylaxis](#), the equivalent of immunization in homeopathy, a *HP nosode of Leptospirosis* was prepared and administered along with two Bach Flower Essences to address the typical mental and emotional effects of the disease.
- Two dry doses were given to a population of 2.5 million, the second dose being 7-9 days after the first, bringing the incidence of infection to just under 10 people, with no fatalities.
- Previously, conventional treatment of the population with a vaccine still resulted in thousands of infections and a number of fatalities and at a cost of US \$2 million.
- The [Homeoprophylaxis](#) solution was incredible AND affordable and the total cost was only US \$200,000!
- **Ghana:** An Open Study and a Double-Blind Randomized Clinical Trial on Homeoprophylaxis for Malaria in Ghana called "[Malaria and Homeopathic Remedies in Ghana.](#)"
- **India:** The Indian government controls epidemics for thousands of people for malaria, Japanese Encephalitis, Dengue Fever and epidemic fever with homeopathy. Japanese Encephalitis was becoming a serious problem in India. "It had caused significant morbidity and mortality in the state of Andhra Pradesh for several decades. In 1986, a high of 2038 cases with 638 deaths was recorded. When the Government Department of Indian Medicine and Homoeopathy began to systematically distribute prophylactics in 1999 via Public Health Centres, Government Homeopathic Dispensaries, homeopathic pharmacies and homeopathic doctors, notifications and mortality dropped to nil (zero) by 2003." This HP was administered to a population of 20 million children under the age of 15 (Japanese encephalitis is on the decline in the state. *The Hindu*. April 2, 2003.)
- **India:** In Kerala, India a clinical study in 2006 discussed the effectiveness of homeoprophylaxis for *Chikungunya Fever*. "A Study on the Prophylactic Efficacy of Homoeopathic Preventive Medicine Against Chikungunya Fever." [Download the article to read the study about HP for chikungunya fever.](#)
- **India:** April 2018: A new study entitled "[Could Homeopathy Become An Alternative Therapy In Dengue Fever: An Example Of 10 Case Studies](#)".
- **India:** Another study was done on homeoprophylaxis for *Chikungunya Fever* called "Homoeopathic Genus Epidemicus 'Bryonia alba' as a prophylactic during an outbreak of Chikungunya in India: A cluster – randomised, double -blind, placebo- controlled trial". [Read about this study here.](#)
- **India:** Another Indian study was done called "A Study on the Prophylactic Efficacy of Homoeopathic Preventive Medicine Against Chikungunya Fever." [Read about the study here.](#)
- **Tanzania, June 2005:** Read the study of the use of homeoprophylaxis using Neem (*Azadirachta indica*) in Tanzania for malaria "[The Effect of Homeopathic Neem for the Prophylaxis of Malaria.](#)"

- **Thailand, Colombo, Brazil:** The governments of Thailand, Colombo and Brazil also use homeopathy to manage **Dengue Fever** outbreaks and epidemics.

Large Populations: Clinical Research On Homeoprophylaxis For Disease Prevention

- **2011:** The **Brazilian** Public Health Service did a placebo-controlled clinical trial of homeoprophylaxis with **600 children** called [*"The Use of Homeopathy To Prevent Symptoms Of Human Flu And Acute Respiratory Infections: A Double-blind, Randomized, Placebo-controlled Clinical trial with 600 children."*](#) Download the study [here](#).
- **2010:** The Cuban government used HP for **the swine flu on 9.8 million people in Cuba**. They immunized this large population via Finlay Institute, a vaccine manufacturer. This included doing homeoprophylaxis for the entire country for anyone above 12 months of age. Cuba also did homeoprophylaxis for [pneumococcal disease](#).
- **2010:** The Cuban government successfully used homeoprophylaxis again to prevent an epidemic of **leptospirosis**. This study involved 2.3 million people of all ages. The cost was about \$200, 000 (USD), compared to over \$3 million (USD) for the vaccines. The study that was published is called *"Large-scale application of highly-diluted bacteria for Leptospirosis epidemic control."* [Read the abstract of study here.](#)
- **2009 Immunization Graphs:** [*Natural Infectious Disease Declines; Immunization Effectiveness; and Immunization Dangers*](#) by Raymond Obomsawin Ph.D. December, 2009. These graphs show the decline of diseases in North America, Europe, and the South Pacific. There are major declines in life-threatening infectious diseases that occurred historically **either without, or far in advance of public immunization efforts** for specific diseases as listed. This provides irrefutable evidence that vaccines are not necessary for the effective elimination of a wide range of infectious diseases.
- **2008:** The Brazilian government used homeoprophylaxis to control an outbreak of **Dengue Fever** in Macaé, Rio de Janeiro, Brazil and attributed homeopathy to the control of an outbreak of dengue. *"Contribution of Homeopathy To the Control Of an Outbreak of Dengue In Macaé, Rio de Janeiro, Brazil"*. [Read the study here.](#)
- **2007:** The Brazilian government used homeoprophylaxis to control an outbreak of **flu and respiratory infections**. *"The use of homeopathy to prevent symptoms of human flu and acute respiratory infections: a double-blind, randomized, placebo-controlled clinical trial with 600 children from Brazilian Public Health Service"*. [Download the study here.](#)
- **2006:** The Indian government study was done on the treatment of **Chikungunya Fever** called *"A Study on the Prophylactic Efficacy of Homoeopathic Preventive Medicine Against Chikungunya Fever."* [Read about the study here.](#)
- **2005:** A study was completed on the use of homeoprophylaxis using Neem (Azadirachta indica) in Tanzania for **malaria** [*"The Effect of Homeopathic Neem for the Prophylaxis of Malaria."*](#)
- **1999:** The Department of Indian Medicine and Homeopathy started distribution of nosodes for **Japanese Encephalitis** in a systematic way throughout the Indian state of Andhra Pradesh and uses it for epidemics.
- **1999:** In Andhra Pradesh, India, **Japanese Encephalitis dropped to zero within 3 years**. The mortality rates for **Japanese Encephalitis** had touched a high of 638 deaths from 2,038 cases

in 1986, but fell to four from 33 cases in 2001 after the implementation of the homeoprophylaxis program. The World Health Organization and the Medical and Health Department acknowledge that homeoprophylaxis has been a vital factor in the sharp decline of **Japanese Encephalitis** cases in Andhra Pradesh.

- **1996:** The homeopathic remedy for **Dengue Hemorrhagic Fever**, an infectious tropical disease of **Dengueinum 30C** was administered to over **39,200** people in the Delhi, India area during an epidemic of Dengue hemorrhagic fever. Follow-up of **23,520** people 10 days later showed **only 5 people (0.125%) had developed mild symptoms**, with the rest showing no signs or symptoms of the disease (CCRH). This is clinically significant because normally during epidemics of Dengue, the attack rates among those most susceptible are often 40-50%, but can reach as high as 80-90%, per the World Health Organization.
- **1975:** During another poliomyelitis epidemic in Buenos Aires, Brazil there were **40,000** people given the **Lathyrus sativus** for homeoprophylaxis. No one developed polio.
- **1957:** A poliomyelitis (polio) epidemic occurred in Buenos Aires, Brazil. The majority of homeopathic doctors prescribed **Lathyrus sativus** as a preventative. Drug stores distributed thousands of doses to the public. None of those who used the prophylactic registered a case of contagion.
- **1950:** During an epidemic of poliomyelitis (polio) in South Africa, Dr. Taylor Smith of Johannesburg protected **82** people with homeopathic **Lathyrus sativus**. Of the 82 who used the homeoprophylaxis, 12 came into direct contact with disease and still none were infected.
- **1950:** In the USA, Dr. Grimmer of Chicago, Illinois treated **5,000** young children with **Lathyrus sativus** to prevent polio and no one developed polio.

Historical Use of Homeoprophylaxis and Clinical Research Since Hahnemann's Time

- **HP has been used successfully for over 200 years!**
- **1798:** Vaccination was first used in 1796 and Homeoprophylaxis was first used in 1798. The founder of homeopathy, Dr. Samuel Hahnemann, used homeoprophylaxis routinely in his practice. There are over 200 years of recorded clinical evidence showing the real-world effectiveness of HP and it has been used by many masters of homeopathy since then!
- **1799:** Dr. Samuel Hahnemann used the homeopathic remedy **Belladonna** successfully to prevent **Scarlet Fever**. Following Hahnemann's example, another eleven medical doctors prescribed **Belladonna** during the same epidemic. They reported that of 1,646 children exposed to scarlet fever after being given **Belladonna**, only 123 (7.4%) developed symptoms of infection. In contrast, the infection rate in those who did not receive the prophylactic was as high as 90%.
- **1838:** The Prussian Government used **Belladonna** during all **scarlet fever epidemics**. Their chief of physicians, and the royal physician of the King of Prussia, Christoph Wilhelm von Hufeland, showed it to be an effective prophylactic. Hufeland was convinced of the successful use of **Belladonna** as a prophylactic against **Scarlet Fever** and published a paper called "*On the Prophylactic Powers of Belladonna Against Scarlet Fever*" (published in *The Lancet*, Vol. 2, Issue 296, May 1829, pg. 135).

- **1831:** Dr. Samuel Hahnemann prevented and treated **cholera** during the 1831 **Asiatic cholera epidemic** with the remedies **Camphor**, **Cuprum metallicum** and **Veratrum album**.
- **1849:** Dr. Clemens von Boenninghausen treated and prevented untold numbers of **cholera infections** during the 1849 European epidemic with the above remedies recommended by Hahnemann. While a death rate of 54-90% occurred with conventional treatment, Boenninghausen's patients had a mortality rate of only 5-16%.
- **1800's:** Dr. Clemens von Boenninghausen used **Thuja** for both the treatment and prevention of **smallpox** during an epidemic.
- **1902:** Dr. Eaton of Iowa, USA reported that during a **smallpox epidemic** in Iowa, 2,806 patients were treated prophylactically with homeopathic **Variolinum**. Of the 547 patients definitely exposed, only 14 developed the disease. The protection rate on these numbers was **97%**.
- **1850:** During an epidemic of **poliomyelitis**, Dr. Taylor Smith of Johannesburg, South Africa protected 82 people with homeopathic **Lathyrus sativus**. Of the 82 so immunized, 12 came into direct contact with disease. **None were infected.**
- **1900's:** Dr. Thomas Lindsley Bradford wrote in "*The Logic of Figures*". He documents (on page 31) several doctors who followed the success of Dr. Samuel Hahnemann with **Belladonna** against scarlet fever and tried it for themselves.
- **1950:** In Chicago, Illinois, Dr. Grimmer prophylactically treated 5,000 young children with **Lathyrus sativus**. **None developed polio.**
- **1957:** A severe **poliomyelitis epidemic** occurred in Buenos Aires, Brazil. The majority of homeopathic doctors prescribed **Lathyrus sativus** as a preventative. Drug stores distributed thousands of doses to the public. **None of those who used the prophylactic registered a case of contagion (Eizayaga).**
- **1975:** During another **poliomyelitis epidemic** in Buenos Aires, Brazil, 40,000 were given the homeopathic prophylactic **Lathyrus sativus**. **None developed poliomyelitis (Eizayaga).**
- **1987:** The article on HP was published entitled "**Pertussin 30** — Preventive For Whooping Cough?: A Pilot Study" <http://www.sciencedirect.com/science/article/pii/S0007078587800042>
- **1996:** The homeopathic nosode **Dengueinum 30C** was administered to at least 39,200 people in the Delhi area of India during an epidemic of **Dengue Haemorrhagic Fever**. Follow-up of 23,520 people 10 days later showed **only 5 people (0.125%) had developed mild symptoms, with the rest showing no signs or symptoms of the disease** (CCRH). During epidemics of **Dengue**, attack rates among susceptible are often 40-50 %, but may reach 80-90 %, per the World Health Organization.
- **1999:** The Department of Indian Medicine and Homeopathy started distribution of homeoprophylaxis for **Japanese Encephalitis** in a systematic way throughout Andhra Pradesh, India with **Belladonna**, **Calcarea Carbonica** and **Tuberculinum**.
- **2001:** Following the implementation of the HP program in Andhra Pradesh, India for **Japanese Encephalitis**, mortality rates which had touched a high of 638 deaths from 2,038 cases in 1986, **fell to four (4) cases from 33 cases in 2001**. The World Health Organization (WHO) and the Medical and Health Department acknowledge that homeoprophylaxis has been a vital factor in the sharp decline of in India of **Japanese Encephalitis**.

- **2010:** A research paper was published entitled “*The Use of Homeopathic Prophylaxis and Treatment For Malaria in Endemic Areas of Kenya*” by D. Ananda. [Read here.](#)
- **Aug 4, 2015:** A paper was published on the use of homeopathy to prevent symptoms of **human flu** and acute respiratory infections: a double-blind, randomized, placebo-controlled clinical trial with **600 children** from Brazilian Public Health Service. [Read the paper on Pub Med here.](#)

HP Clinical Research Referencing Success Of Homeoprophylaxis By Year Include:

- **1961:** Eisfelder, H.W. “*Poliomyelitis immunization: a final report.*” J Am Inst Homeopath 54, 166–167.
- **1950:** Taylor-Smith, A. “*Poliomyelitis and prophylaxis.*” Br Homeopath J 40, 65–77.
- **2001:** MMW Fortschr. “*Treatment of scarlet fever with homeopathy? MMW readers remember the pre-penicillin era.*” Med 143, 12.
- **2008:** De Souza Nunes, L., and Nunes, L.A. de S. “*Contribution of homeopathy to the control of an outbreak of dengue in Macae, Rio de Janeiro*” Int J High Dilution Res 7, 186–192.
- **2009:** Chalmers, I., and Toth, B. “*Nineteenth-century controlled trials to test whether belladonna prevents scarlet fever.*” J R Soc Med 102, 549–550.
- **2010:** Bandyopadhyay. “*Decreased Intensity of Japanese Encephalitis Virus Infection in Chick Chorioallantoic Membrane Under Influence of Ultradiluted Belladonna Extract.*” Am. J. Infect. Dis., 6, 24–2
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Historical Timeline of Homeoprophylaxis Use By Known Homeopaths

Data from HP for Professionals Course Taught by [Dr. Isaac Golden](#), 2014

- **1799** In the book [The Life and Letters of Dr. Samuel Hahnemann by Thomas Lindsley Bradford, M.D.](#), in chapter 17 we read “*Epidemic of Scarlatina*”, the author writes “*during the summer of 1799, the last year of his sojourn in Konigsutter, an epidemic of scarlet fever occurred, during which Hahnemann discovered the great value of Belladonna as a prophylactic against this serious disease.*”
- **Historical Background For the Use of Belladonna as a Homeoprophylactic For Scarlet Fever:** It was during a 1799 **scarlet fever outbreak** in Germany, Dr. Hahnemann observed that three children in a family contracted the disease, but the fourth remained unaffected. The fourth had been treated with homeopathic **Belladonna** for an unrelated joint problem. Dr. Hahnemann reasoned that perhaps the dose of **Belladonna** had protected the child from scarlet fever as well as treated the joint affliction. Soon afterward, he was able to test his theory when, in another of his patient’s families, three children in a family of eight contracted scarlet fever. Hahnemann administered homeopathic **Belladonna** to the remaining unaffected five people, and all five remained symptom-free. Dr. Hahnemann continued using **Belladonna** during this epidemic, and soon conventional physicians took note and began using the same protocol. Of 10 allopathic physicians who were reporting their results with **Belladonna**, **1,646 children were prophylactically treated** and then exposed to scarlet fever, but only 123 children (7.4%) developed symptoms (**during the same time, disease from exposure ran as high as 90%**).

- **1801** Dr. Samuel Hahnemann, Founder of Homeopathy and Homeoprophylaxis used **Belladonna** to prevent **Scarlet Fever** as reported in his pamphlet entitled ["The Cure and Prevention of Scarlet Fever with Belladonna"](#). Read the contemporary article about the ["Origin of Homeoprophylaxis" by David Little \(1996\)](#).
- Dr. Hahnemann also refers to **homeoprophylaxis for scarlet fever** in his book ["6th Organon of the Healing Art"](#), aphorism 73, footnote 73b that discusses acute miasmatic disease. In [aphorism 73](#), Hahnemann discusses his use of **Belladonna** for prevention of **scarlet fever** and **Aconite** for **roodvonk (purpura miliaris)**.
- **1831:** Dr. Samuel Hahnemann uses the remedies of **Camphor, Cuprum metallicum** and **Veratrum album** as homeoprophylactics to treat **Asiatic Cholera**.
- **1849:** Dr. C. M. F. von Boenninghausen, Lesser Writings, **Cholera**
- **1853:** Dr. R. E. Dudgeon, **Belladonna, Scarlet Fever**.
Dudgeon reported in his Lectures on the *"Theory and Practice of Homoeopathy"* the experience of ten allopathic doctors who gave Belladonna to 1,646 children who were exposed to **scarlet fever** of whom 123 contracted the disease, which is under 1%. The normal attack rate in unprotected children was as high as 90%.
- **1884:** Dr. J. C. Burnett used homeoprophylaxis in his practice.
- **1900:** Dr. K. T. Kent used homeoprophylaxis in his practice.
- **1907:** Dr. C. W. Eaton, used homeoprophylaxis with **variolinum** in his practice.
- **1918:** Dr. T. A. McCann of Dayton, Ohio, during an **Influenza Pandemic** wrote that *the effectiveness of Homeopathy in acute epidemics was confirmed during the great Influenza Pandemic of 1918*. Read [The Journal of the American Institute of Homeopathy, May 1921](#) where the following data was reported: Dr. Dayton recorded that in 24,000 flu cases treated by orthodox medicine the mortality rate was 28.2% **while for those treated homeoprophylactically, it was only 1.05%**. The Dean of Hahnemann College who collected 26,795 cases with similar results supported this figure. Read also [Some History of the Treatment of Epidemics with Homeopathy by Julian Winston](#).
- **1920:** Dr. S. Close used homeoprophylaxis in his practice.
- **1932:** Dr. Paul Chauvanon – used **Diphtherortoxinum** for homeoprophylaxis in his practice.
- **1967:** Dr. Dorothy Shepherd used homeoprophylaxis in her practice.
- **1968:** Dr. Krishnamurthy – used **Influenzinum** for homeoprophylaxis in his practice.
- **1972:** Dr. P. Sankaran – sourced 92 practitioners and hundreds of examples of HP in his practice.
- **1974:** Dr. D. Castro and Dr. D. G. G. Nogueira – both used **Meningococcinum** against **Meningitis** for homeoprophylaxis in their practices.
- **1976:** Dr. M. Blackie used **Influenzinum** for homeoprophylaxis in his practice.
- **1976:** K. M. Mather used homeoprophylaxis in his practice.
- **1978:** Dr. P. Sankaran used homeoprophylaxis in his practice.
- **1982:** L. J. Speight wrote *"Examples of HP in Nine Common Diseases"* and used homeoprophylaxis in his practice.

- **1989:** Dr. Andrew Lockie used homeoprophylaxis in his practice.
- **1991:** F. X. Eizayaga used homeoprophylaxis in his practice.
- **1991:** r. B. Sethi – *Diphtherium, Lathyrus sativa, Pertussin* against Whooping Cough for homeoprophylaxis in his practice.
- **1998:** Mroninski C., Adriano, E., Mattos G., 2001 – used *Meningococcinum* for homeoprophylaxis in his practice.
- **1985 to 2004:** Dr. Issac Golden collects a total of 2,342 responses for homeoprophylaxis research, each one covering one year of a child's life. The effectiveness and safety of the homeopathic option to vaccination is shown to be highly effective.