



"To Know Her

♥ Is To Love Her"

- The Beatles

~ Legacy of Love ~

*A Wife, A Mother, A Great Friend too
This is the Legacy we have From You
You Taught us Love and How to Fight
You Gave us Strength, You Gave Us Might*

*A Stranger Person would be Hard to Find
And Your Heart, You Were Always Kind
You Fought for us all in one way or Another
Not just as a Wife Not Just as a Mother*

*For all of us you gave your Best
Now the Time has come for you to Rest
So go in Peace, you've earned your Sleep
Your Love in Our Hearts, We'll Eternally Keep*

In Loving Memory Of ♥
Christina Jean Cowan

April 22, 1981 - January 15, 2022



Ms. Christina Cowan of Magrath lost her courageous battle with cancer on Saturday, January 15, 2022 at the age of 40 years.

Chris was born April 22, 1981 and lived most of her life in Magrath, receiving her formal education there, and graduated from Magrath High School in 1999. She was the first girl to play junior football there and enjoyed knocking the tough “guys” on their butts.

After graduation she worked various jobs before attending Training Inc. to become a Health Care Aide. She then trained at Edith Cavell Care Centre in Lethbridge, where she eventually became a full-time employee. Chris made many lifelong friends through her health care career, with co-workers as well as patients and their families.

Chris and her fiancé Rick had many enjoyable times with family and friends; along with the children, they loved to go camping, fishing and quadding, and spent many memorable times at the “cabin” in Duck Lake, Montana.

In 2018 she was diagnosed with breast cancer, which she fought valiantly to her very last day. She never gave up and was happily planning her upcoming nuptials and even helped decorate her house for Christmas a few weeks ago.

Mourning her loss are her children, Tristen, Lexy and Madyson; her mother Loretta Cowan (Jim Troman); and beloved fiancé Rick Villa and his son Spencer. Also mourning her loss are many aunts, uncles and cousins, as well as the Villa families and a never-ending list of great friends.

She was predeceased by her grandparents, Grenald and Jean Cowan; and her infant cousin Gunnar Cowan.

Chris was a fun-loving spirit and always the life of the party. Although she will be deeply missed, we are relieved her pain is finally over. She will remain in our hearts forever.

Christina Jean Cowan

Funeral Service

2:00 pm, Tuesday, January 25, 2022

Martin Brothers Riverview Chapel

Lethbridge, Alberta

Reverend Trevor Potter, *officiating*

Song ~ *Time* by The Alan Parsons Project

Welcome

Centering Prayer

Reading ~ Legacy of Love

Eulogy ~ Jim Troman

Tribute ~ Lorretta Cowan

Song ~ *Boot Scottin Boogie* by Brooks & Dunn

Tribute ~ Lexy Cowan

Tribute ~ Tristen Cowan

Tribute ~ Madyson Cowan

Tribute ~ Rick Villa

Slide Show

Paradise By The Dashboard Lights ~ Meatloaf

Shake The Sugar Tree ~ Pam Tillis

Seven Year Ache ~ Roseanne Cash

Prayer of Blessing with the Lord's Prayer

Closing

Song ~ *Proud Mary* by Tina Turner

Honorary Pallbearers

Jared Shipley Samantha Cowan Emmett Cowan,
Lincoln Cowan, Griffin Cowan Lucy Hillmer,
Crosby Hillmer Reggie Hillmer Hank Hillmer
Bridgette Hillmer Braiden Hillmer
Farrah Mae Hillmer Brody Kelman Malikai Kelman,
Madalyn Taylor Emily Taylor

Pallbearers

Rick Villa Earl Cowan Spencer Villa Shane Hillmer
Lyle Hillmer Russell Taylor Tristen Cowan
Lexy Cowan Madyson Cowan