

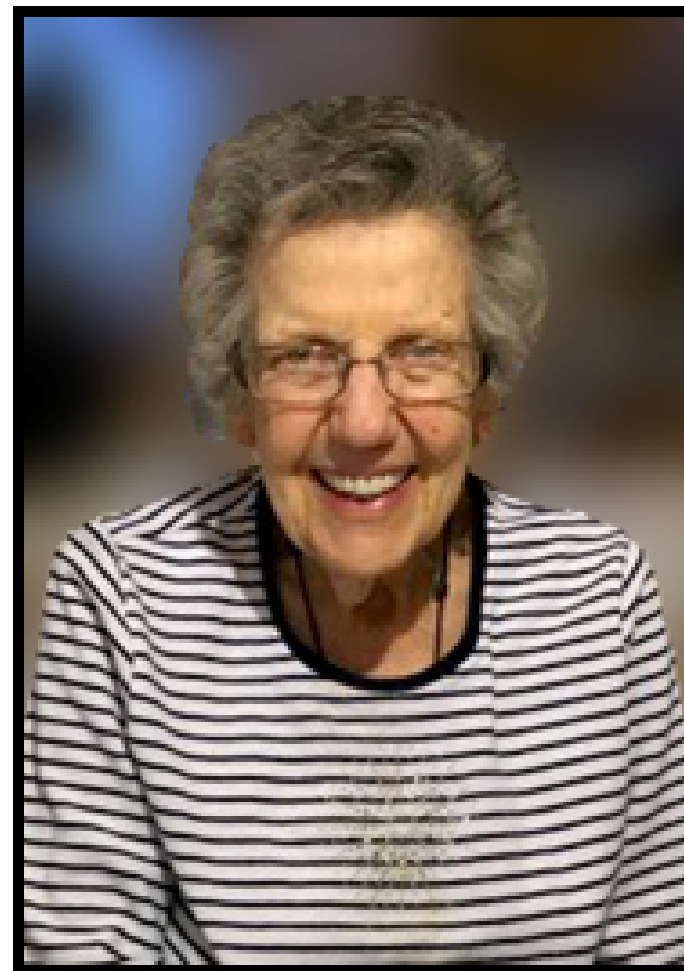


A Life Well Lived

*A life well lived is a precious gift
Of hope and strength and grace,
From someone who has made our world
A brighter, better place
It's filled with moments, sweet and sad
With smiles and sometimes tears,
With friendships formed and good times shared
And laughter through the years.
A life well lived is a legacy
Of joy and pride and pleasure,
A living, lasting memory
Our grateful hearts will treasure*

- Author Unknown

IN LOVING *Memory*



Gladys Myrle Metz

April 17, 1923 - August 21, 2020



Gladys Myrle METZ passed away peacefully on August 21, 2020 at the age of 97 years.

Gladys was born in Salmon Arm, British Columbia on April 17, 1923 to Eunice (Boutwell) and William Gaskell. At the early age of 5, Gladys travelled with her twin brother Glen and older sister Ruth to Ontario to be raised by their grandparents, Sarah and Edward Gaskell.

In her early 20s, Gladys returned to Alberta where she lived the majority of her life in Calgary. Gladys had a successful and fulfilling 30-year career with Firestone Tires beginning in 1949. It was there where she met her first husband Jim Dundas who she married in 1965. After his passing she was blessed with a second marriage when she married Harold Metz in 1975. Together they spent 29 wonderful years travelling the world with friends and family.

Gladys was a kind, energetic, gregarious woman who loved life and gave generously of herself. She was a loving and dedicated caregiver to her grandparents and her father. If you needed a place to stay, her door was always open. She loved sports both as athlete and fan. Throughout her life she golfed, played baseball and curled with the Legion earning numerous trophies. Gladys was also an active Daughter of the Nile and engaged in many activities including marching and bowling until age 88. And what a fan she was of the Calgary Stampeders and Flames. All who knew her well can attest to her uncontrollable and animated cheering and excitement when her teams were playing.

Gladys was predeceased by husbands, Jim Dundas and Harold Robert Metz, as well as her sister Ruth Edna Sauve-Schade (Neil) and twin brother Glen Edward Gaskell.

Gladys was a devoted wife, sister, aunt, daughter, granddaughter and friend. Throughout her life, Gladys touched people wherever she went and readily became a part of their families. Her approach to life was always optimistic and caring and as a result she had significant lifelong loving relationships. Right up to the end she amazed many with her sharp mind. She approached life's end frail in body but brimming in spirit. She was an amazing aunt and is lovingly remembered and will be sadly missed by the many generations of nieces and nephews from both the Gaskell and Metz families who knew and loved her well.

A special thank you goes out to the Metz family in Calgary and the generous, kind neighbors who supported Gladys especially her next-door neighbors of many years – Gwen and Terry James and family.

Memorial Service

2:00 pm, Friday, September 4, 2020
Martin Brothers Riverview Chapel
Lethbridge, Alberta
Scott Gaskell, *officiating*

Opening Prayer

Ken Butler

Family Relfections

Gaskell family ~ Marilyn Butler and Shelley Orr
Musical Selection ~ *Dancing In The Sky* ~ Danni & Lizzy
Metz Family ~ Lori Randall

Memories In Photos

When I Get Where I'm Going - Brad Paisley & Dolly Parton
I Will Remember You - Sarah McLachlan

Tributes

James Family – Gwen James
Beth Crawford - Sandra Geisbrecht – Dale Sauve
Rob Gaskell

Benediction

Maya Angelou said "*I've learned that people will forget what you did, but people will never forget how you made them feel.*"

Musical Selections

Amazing Grace - George Jones
How Great Thou Art - Elvis

Honorary Pallbearers

All of Gladys's loving family and all of
Gladys's friends and family joining
us via live stream today

*Interment to be held at a later date at
Queens Park Cemetery in Calgary, Alberta
3219, 4 Street NW*

Memorial Donations may be made in Gladys' name to the
Heart and Stroke Foundation, or The War Amps.