

“Getting Through the Holidays”

Who: Anyone grieving the passing of a loved one.

What: Area professionals will facilitate this gathering. We will watch a video “Surviving the Holidays” by GriefShare and have a time of discussion/sharing. Tips and suggestions will be offered to help ease the anxiety the holidays can bring... and resources will be discussed.

Date: **Sunday, December 9, 2018**

Times: **7:00-8:30pm**

Where: Immanuel Lutheran Church
403 2nd St. SE, Wadena, MN

**There is no charge for this gathering
and no registration is needed.**

This event is sponsored by:

- Karvonen Funeral & Cremation Services
- Knute Nelson Hospice
- Schuller Funeral & Cremation Services
- Wadena and surrounding area Parishes

**For more information call:
Immanuel Lutheran Church
218-631-2738**

