

Regina Ann McCants Fountain

Her Beginning- On March 31, 1952 a precious life was born to the family of Refus Sr. and Syvilla Abney McCants. Included in this family was older brother James Floyd. The family nest was not complete until two younger brothers were added Refus Jr. and Rex Allen.

Her Faith- Her early church beginning and affiliation was with the York Chapel AME Church, Franklin, AL. She later joined Hopewell CME Church after the family moved to Excel, AL. Regina continued to grow in maturity and faith. She was a faithful member of the Hopewell Young Adult Choir.

Her Education/Profession- Regina began her education in a small rural school in Franklin, AL. She graduated Excel High School then went on to collage and attended Alabama State University. There she received a BS/BE degree to teach Elementary Education. Her first professional position was at Excel School, her Alma Mater, where she taught classes several years. Her professional career was cut short because of health issues.

Her Marriage/Family- Regina was wedded to the late Joseph Fountain of Peterman, AL. To this union they were blessed with one son, Joseph Russell Fountain Jr.

Her Life/Memories- To the McCants family Regina was a very special, precious daughter and sister. She was counted on to be stand in Momma, when needed. To all of her nephews and neices she was their Aunt Tee. She was depended upon like a Grandma. The family would brag about Gina cooking. Whether a pound cake, tea cake, collard green, salmon ball, fried chicken or biscuit You name it, she added her special touch. She had a good sense of humor, always smiling, and loved to talk. (Talking is a family trait) She loved people and easily made friends. One of her favorite songs was “We’ve Come This Far By Faith” she song this song throughout her illness , many days as she endured pain.

Her Departure- Regina spent many years at Englewood Nursing Home. During her stay she faced multiple health issues, including Covid 19. In the last couple months her health declined. But Regina continued to have a praise in her heart. It was nothing to leave from a visit with her better than you came. She always kept the faith and remained strong until the very end. Her last song she sang was “Pass Me Not” On Thursday, March 17th just before 11am , she transition to her heavenly home.

Her Legacy- one son, Russell Fountain of Range AL, two brothers James (Linda) McCants of Repton, AL. Rex (Jessie) McCants of Century, FL. One Sister in-law Sallie J. McCants of Monroeville, AL. one grandson Christian Blake Fountain, two aunts Willie Sharpe Williams (Aunt Red) of Cincinnati, OH, Laura McCants of Selma, AL. a host of nephews, nieces, cousins, other relatives and friends.