

Dr. Runas Powers' Legacy

On December 11, 1938, Dr. Runas Powers, Jr. was born to Mr. Runas Powers, Sr. and Mrs. Geneva Dorsey Lee Powers, in Jackson's Gap, AL. Runas graduated from Laurel High School in Alexander City, AL, in 1957. After graduating from Tennessee State University in 1961 and Meharry Medical College in 1966 (Nashville, TN), Runas held an internship at Hurley Hospital in Flint, Michigan. From 1967-1969, Runas was a US Navy Medical Officer in Vietnam. He was awarded a Bronze Star Medal and Purple Heart while serving his country as Lieutenant Commander in the United States Navy during the Vietnam War in 1968. Runas married his soul mate of 52 years, Mary Alice Shelton Powers, on February 1, 1969.

At an early age, Runas confessed Christ as his Lord and Savior and united with Flint Hill Baptist Church in Alexander City, Alabama. At the time of his passing, he was a member of Reaching the World Bible Church in Sylacauga, Alabama, under the leadership of Pastors Henry and Ella Loony. Runas was a man that loved the Lord and attended church with his community.

Runas completed his residency in internal medicine at the University of Michigan Hospital, Flint, MI, in 1972. He held a postdoctoral fellowship at Stanford University Medical Center, in Stanford, CA, until 1976, when he became an assistant professor of medicine at Rutgers University. In 1978, He moved to Alexander City, AL, to be closer to his parents and raise his family. It was then that Runas joined Russell Hospital, now known as Russell Medical Center. Runas was the first African-American doctor to work at Russell Hospital/Medical Center. He ran a successful Internal Medicine and Rheumatology practice for 34 years until ultimately retiring in 2012. Runas was named 43rd Man of the Year by the Alexander City Chamber of Commerce in 1990. He was also named to the Best Doctors in America® list for 2001-2004 and from 2007-2012. Runas was also a Fellow (FACR) of the American College of Rheumatology, which represents rheumatologists and rheumatology health professionals around the world.

Runas enjoyed watching sporting events with his son, Coley. He also loved to listen to gospel and jazz music. He had a special fondness for dogs for his entire life. He was also an avid reader of novels and Christian literature. Travel was also something Runas thoroughly enjoyed. Some of his favorite trips and vacations were to Aruba, St. John, the Bahamas, California and Orlando, Florida. Most of all, he enjoyed spending time with his family.

Runas departed this life on April 27, 2021, at Russell Medical Center, Alexander City, Alabama. He was preceded in death by his parents and his brother, Mr. Tommie Powers.

He leaves to cherish his memory: His wife, Mary Alice Powers, three children: Tiffany Renee Powers-Reid of Chicago, IL, Trina Geneva Stevenson (Rodney) of Houston, TX, and Runas Coley Powers III, of Alexander City, AL, Cousin Nettie Salter of Montgomery, AL, Cousin Doris Caldwell (James) of Opelika, AL, Cousin Faye Poindexter of Chicago, IL, Cousin Homer Burton (Alma) of Alexander City, AL, Cousin Edward Morris of Alexander, AL, Cousin Paul Burton of Rockford, AL, Cousin Betty Moon of Talladega, AL, Cousin Elizabeth Campbell of Alexander City, AL, Cousin Julius Brown of Baltimore, MD, Cousin Jeanette Boddie of Alexander City, AL and life long friend Jessie Heard (Yvonne) of Gainesville, FL. He is also a proud grandfather of four grandchildren: Caleb E. Reid, Raven R. Reid, Rodney K. Stevenson, Jr., Kai A. Stevenson, and a host of other cousins, relatives and friends.



Prelude

Processional

Selection - Undrea Coley

Reading of Holy Scriptures New Testament, Reverend Emerson Ware Old Testament, Reverend Adonis Thomas

Prayer - Homer Burton

Selection - Undrea Coley

Poem - Runas Coley Powers, III

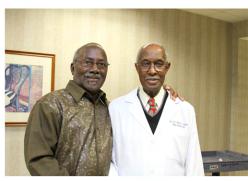
Obituary - Lisa Boddie

Eulogy - Reverend Henry Loony

Reflections and Remarks





















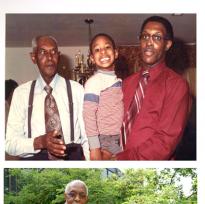






















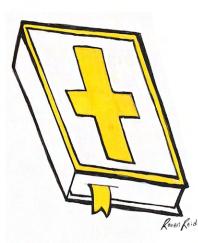
























Our Daddy

Being patient and showing kindness, gentleness, integrity and greatness, were some of the principles that you stood for.

Therefore, you were a great man, a father, provider, protector and of course an awesome doctor.

Which was your life's calling and now God has called you home. "Saying well done my faithful servant your job on earth is now finally done."

Although your legacy will forever live on, throughout your generations to come Daddy you will be certainly missed and not ever forgotten. You always hugged us and told us you loved us so often by teaching and showing us love is what love does.

You were a mighty man and you knew and taught us that Jesus always loves. Now we are saying goodbye but we know we all will see you again because God's grace, love and your legacy will not ever end.

Our Daddy

By: Runas C. Powers, III

Daddy Dear

I am so blessed to have had a father like you who put me first no matter what.

You are a father who always saw the best in me no matter what the situation might be.

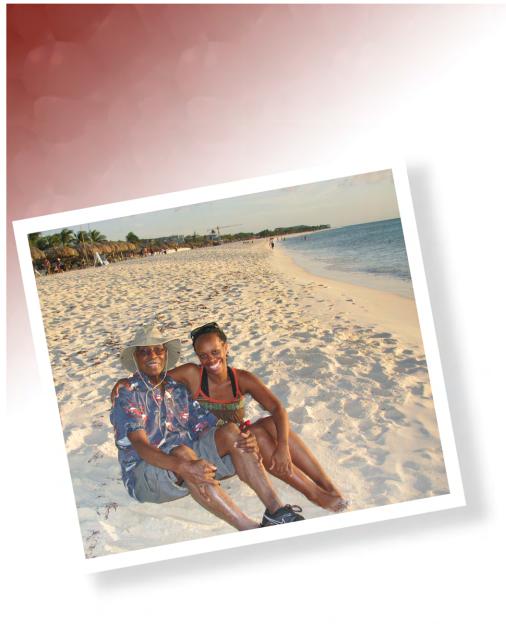
You are the father whose ear I always had at every stage of my life. You are the father whose eyes allowed me to always see the rainbows in spite of the storm.

You are the father who believed in me which allowed me to dream of all I could achieve. You are the father whose perfect love mirrored our Heavenly Father's love for us,

My Daddy Dear

From: Tiffany Renee Powers-Reid





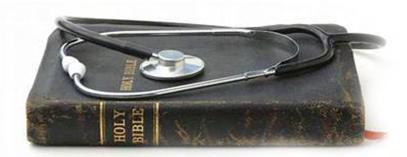
Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. John 14:27 NKJV

Trust in the Lord with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths. Proverbs 3:5-6 NKJV

The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning. Lamentations 3:22-23 NLT

Weeping may endure for a night, but joy comes in the morning.

Psalm 30:5 NKJV



Daddy,
Dear Daddy,
Your time has come to rest.
Thank you for being such an

You are my first example of a true servant leader in every sense of the word.

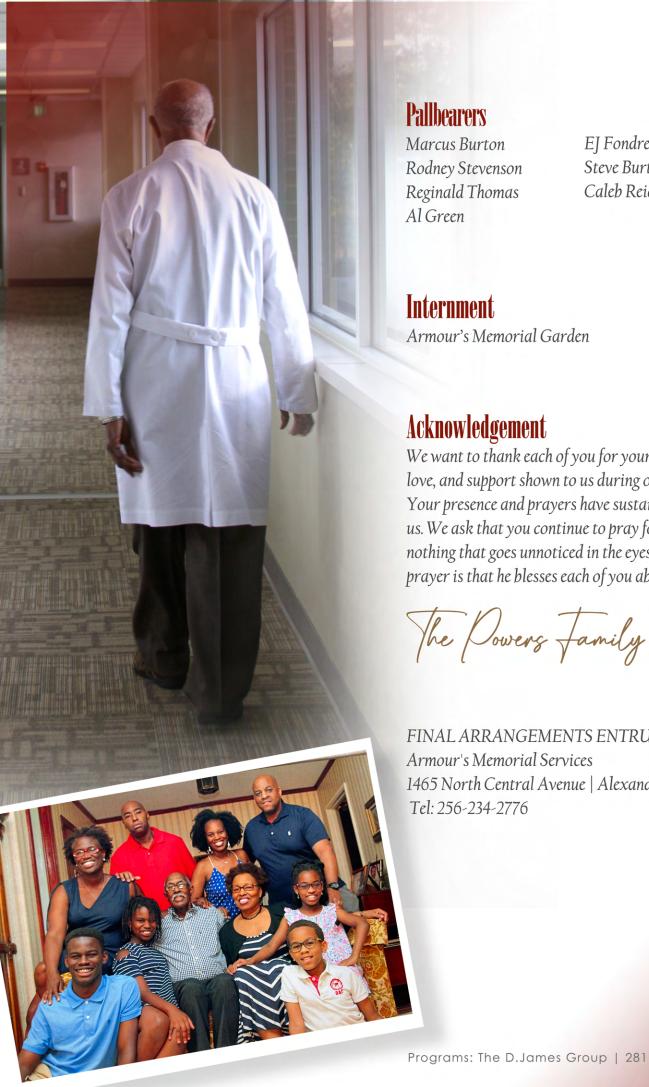
amazing father to us.

The values of hard work you
instilled in me
are more than I could have
ever learned in any school.
Thank you for making me want to
make the world a better place and for,
along with Mom, showing me
a path to do so.
Thank you for making sure
that I knew
I was loved by you.

You leave a beautiful legacy for your wife, children, grandchildren and for future generations to come.

Rest in perfect peace,

Your baby daughter, Trina Geneva Stevenson



Pallbearers

EI Fondren Marcus Burton Rodney Stevenson Steve Burton Reginald Thomas Caleb Reid

Internment

Armour's Memorial Garden

Acknowledgement

We want to thank each of you for your many acts of kindness, love, and support shown to us during our time of bereavement. Your presence and prayers have sustained and ministered to us. We ask that you continue to pray for our family. There is nothing that goes unnoticed in the eyes of the Lord, and our prayer is that he blesses each of you abundantly.

FINAL ARRANGEMENTS ENTRUSTED TO:

Armour's Memorial Services 1465 North Central Avenue | Alexander City, AL 35010 Tel: 256-234-2776

Programs: The D.James Group | 281.591.2750