

### *Remembering the life of....*

Char passed away on May 3, 2020 at age 70.

She was born in Fargo, ND to Arnold and Lorraine (Kupperion) Pauls on October 22, 1949. She was raised in Fargo/Moorhead, graduating from Moorhead High in 1967. She attended Moorhead Technical College as a member of the first graduating class of Medical Secretaries. Char worked for 30 years at Blue Cross/Blue Shield of ND working in the Noridian Medicare side specializing in beneficiary education and training. She made many friendships during her time at BCBS. She was a member of the Moorhead American Legion. Char married Ron Laufman on September 5, 1994. They made their home in West Fargo. Ron was her partner, best friend and confidant. Ron was a great caregiver.

Char enjoyed going to the lake, casinos, working in her flower garden, baking, watching the MN Twins, and selling J.R. Watkin products. She enjoyed attending her grandchildren's activities and loved spending time with them. Later in life Char had numerous health issues which made it difficult for her to enjoy many of these things. Char loved her cats and always had one or two by her side. She collected cat figurines and memorabilia. She loved the holidays, especially Christmas and would have fun decorating and baking her grandma's fudge to share with her family.

Char is survived by her husband Ron and son Shane (Kristina) Spieker, grandchildren Kaiden and Brynn of West Fargo; sisters: Nancy (Terry) Peterson, West Fargo, Kathy Forde, Amarillo, TX; nephews: Brant (special friend Tera) Peterson, John Forde, Fargo, Seth (Ashley) Schmitz, Red Lake Falls, MN; nieces: Erika (Todd) Steenerson, West Fargo, Erin (Justin) Smith and children Sydney and JJ, Amarillo, TX, Jenni (Reed) Maddox, Panama City, FL Teresa (Mike) Rumpee and son Joe, Woodbury; MN sister & brother in law Joel and Judy Schmitz, Red Lake Falls, MN, sister in law; Han Laufman Chipley, FL, aunt; Phyllis Groven, Grand Forks, and many cousins.

Char is preceded in death by her parents, grandparents, brother in law: Ken Laufman, many aunts and uncles, and stepson Scott Spieker.

*In lieu of flowers donations can be made to Cat's Cradle, Moorhead American Legion or a charity of your choice.*



*In Loving Memory*



### I'M FREE

Don't grieve for me, for now I'm free!  
I'm following the path God laid for me.  
I took His hand when I heard Him call.

I turned my back and left it all.

I could not stay another day  
To laugh, to love, to work or play.  
Tasks left undone must stay that way,  
I found my peace at the end of day.

If my parting has left a void,  
Then fill it with remembered joy-  
A friendship shared, a laugh, a kiss,  
Oh yes, these things I too will miss.  
But be not burdened with times of sorrow.  
I wish for you the sunshine of tomorrow!  
My life's been full, I've savored much-  
Good friends, good times, a loved one's touch.  
Perhaps my time seemed all too brief  
Don't try to lengthen it with undue grief.  
Lift up your heart and share with me.

## Celebrating the life of CHAR PAULS-LAUFMAN



**MEMORIAL SERVICE**  
West Funeral Home Chapel  
West Fargo, North Dakota  
Saturday, May 9, 2020  
1 p.m.

### Presider

Fr. Gary Luiten  
*Blessed Sacrament Catholic Church  
West Fargo, North Dakota*

### Music

Selected CDs  
"On Eagles Wings" "Here I Am, Lord"  
"Ave Maria"

**Honorary Urn Bearers**  
All Friends & Relatives

**Interment**  
Fargo National Cemetery  
Harwood, North Dakota

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