Helen Friesen, age 80, passed away peacefully with her loving family around her on Monday, May 20, 2019 at the Herbert & District Integrated Healthcare Facility, Herbert, SK.

Helen Joan Wiebe was born on March 4, 1939 to Cornelius & Mary Wiebe in Blumenhof, SK. She was one of eight siblings, including her twin brother. In 1957, Helen married Abe J. Friesen in Swift Current, SK. In 1958 they moved to Herbert, where they lived until her passing.

Helen's family was her pride and joy — they were blessed with four children, seven grandchildren, and five great-grandchildren. She also fostered many children, most of them newborns. Helen enjoyed gardening, crocheting, bingo, and singing hymns with her sister, Betty. She worked at the Herbert Senior Citizens Home as a cook for a number of years.

Helen was predeceased by her parents, Cornelius & Mary Wiebe; and by her sister, Betty Belter.

Helen is survived by her loving husband of almost 62 years, Abe Friesen; her children, Sherry (Elmer) Gerbrandt, Dwayne (Rosie) Friesen, Rick (Joanne) Friesen, and Maryann (Richard) Stephenson; her grandchildren, Angie Jackson, Jamie Gerbrandt, Melissa Stephenson, Jordan Stephenson, Kevin Friesen, Kristyn Friesen, and Lauren Friesen; her greatgrandchildren, Wyatt and April, Seth and Mackenna, and Tyson; her siblings, Peter (Eileen) Wiebe, Hank Wiebe, Agnes (Jake) Friesen, Con (Donna) Wiebe, John (Bev) Wiebe, and Herman (Caroline) Wiebe; and by numerous nieces and nephews.

IN LOVING MEMORY OF

HELEN FRIESEN

MARCH 4, 1939 - MAY 20, 2019

PRIVATE FAMILY GRAVESIDE SERVICE

Friday, May 24, 2019 at 2:00 pm Herbert Cemetery, Herbert, SK

OFFICIATING

Pastor Lincoln Vellacott

GUITARIST

Marilyn Vellacott

HYMNS

"In the Garden"
"Just a Closer Walk With Thee"

TRIBUTE

Angela Jackson

PALLBEARERS

Angie Jackson, Jamie Gerbrandt, Melissa Stephenson, Jordan Stephenson, Kevin Friesen, Kristyn Friesen, and Lauren Friesen

LUNCHEON

Following the service at the Herbert Lion's Hall

DONATIONS

Swift Current SPCA or the Diabetes Canada

ARRANGEMENTS

Swift Current Funeral Home

I'm Free

Don't grieve for me, from pain I'm free I'm following the path God has laid, you see. I took His hand when I heard His call I turned around and left it all. I could not stay another day, To laugh, to love, to work or play. Tasks left undone must stay that way, I found the peace on a sunny day. If my parting has left a void, Then fill it with remembered joys. A family shared, a laugh, a kiss, Oh yes, these things I too will miss. Be not burdened with times of sorrow. I wish you the sunshine of tomorrow.

My life's been full, I've savored much,

Good family, good times, a loved one's touch.

Perhaps my time seemed all too brief. Lift up your hearts and peace to thee.

God wanted me now:

From pain I'm free.



Hølen Friesen 1939 – 2019