Value of the Funeral

Acknowledges that a life has been lived. Allows mourners to remember and honor their loved one in a special way. Serves as a central gathering place for family and friends to give emotional and physical support to one and another. Provides closure for the bereaved. Initiates the grieving process. Confirms the reality and finality of the death. Encourages mourners to face the pain of their loss and express their thoughts and feelings. Helps survivors to better cope with their grief and enables them to move forward with their lives.

- Author Unknown