

### *GriefShare*

GriefShare is a 13-session weekly video seminar and support group facilitated by friendly, caring people who understand what you are going through and who will walk alongside you through this difficult grief journey. You can join a group at any time and attend as many meetings as you like. Many of groups meet weekly around the Fox Valley and surrounding area. Visit [www.griefshare.org](http://www.griefshare.org) to find a group near you that fits your time and schedule.

### *Theo (To Help Each Other)*

Support and learning for those who have had a loved one die. 1<sup>st</sup> and 3<sup>rd</sup> Mondays each month, 6:30 pm, St. Mary's Church, 312 S. State St, Appleton. No fee. Contact the Parish office at 739-5119 or Donna Nemecek at 739-2093.

### *Theda Care at Home Hospice Living with Loss*

A six-week group offering support to adults who have experienced the loss of a loved one. Contact Jonathan Elmer, 920-730-3408, [jonathan.elmer@thedacaore.org](mailto:jonathan.elmer@thedacaore.org) for meeting dates, more information and to register.

### *St. Paul Hospice Journey of Hope*

Adult grief support group for those who have experienced the loss of a loved one. Open to the community at large. Meets the 3<sup>rd</sup> Tuesday of the month, 9:45 am, St. Paul Villa Chapel, 316 E. 14<sup>th</sup> St, Kaukauna. No fee. Contact Sue Grasse, 920-766-6180.

### *Affinity Visiting Nurses - Hospice*

Grief support for adults grieving the death of a loved one. All groups are free of charge and open to all regardless of previous involvement with hospice. Contact Angela Schuldt, Bereavement Coordinator, 727-2000 or 866-236-8500.

- ❖ A Time to Mourn – A six-week program for adults that provides information and support, looking at all aspects of the grief experience. Contact Angela upcoming dates.
- ❖ Men Journeying through Grief – A support group for men only who have experienced the death of a loved one. Includes a home-cooked meal. Meets the 1<sup>st</sup> Wednesday every month, 6-8 p.m., Affinity Visiting Nurses office, 816 W. Winneconne Ave., Neenah. Pre-registration is appreciated for meal planning purposes.

### *Teens & Children Center for Grieving Children*

The Center for Grieving Children is a safe place for grieving children, teens and their families to find compassionate peer support. Programs are provided to children, ages 3 - 18, and the adults who care for them, at no charge. Located in the Boys & Girls Club, 160 S Badger Ave., Appleton. A one-time orientation with the Director is the only requirement to attend. Call Loris Damerow, 920-750-5839.

- ❖ Teen's Only Grief Group – 2<sup>nd</sup> & 4<sup>th</sup> Tuesday every month. Dinner at 6 p.m, group from 6:30 – 8 pm.
- ❖ Family Night – 2<sup>nd</sup> & 4<sup>th</sup> Tuesday every month, 6-8 PM; begins with a shared meal and visits from our therapy dogs. This program is for grieving children ages 3-18 and the adults who care for them.

### *Camp Hope for Kids*

Camp HOPE is a weekend camp where children and teenagers can work through the grieving process after a loved one dies. Fun is the top priority. Through playing, sharing and being together with peers and staff, the children and teenagers know their pain is understood and shared. No fee. For information, contact, see [www.camphopeforkids.org](http://www.camphopeforkids.org).

### *Camp Lloyd for Kids*

Camp Lloyd is a week-long day camp for children, ages 7 - 14, grieving the death of a loved one. The camp is filled with fun activities, and it is also a time for campers to explore their experiences of grief, find support from each other and realize that their feelings are normal. Held at the Mauthe/Ecumenical Center on the UW-GB campus. For information, see <http://www.uwgb.edu/camployd/>.

### *Pregnancy & Infant Loss We Remember*

A parent-led group providing mutual support and for those who have experienced the loss of a child through miscarriage, ectopic or molar pregnancy, stillbirth, or newborn death. 2nd Wednesday each month, 6:30 pm, Appleton Public Library, 225 N. Oneida St.,. For more information, see: [www.we-remember.org](http://www.we-remember.org).

### *Elizabeth Ministry*

Bereavement resources for those grieving the death of an unborn child, infant or child. Contact Elizabeth Ministry Resource Center, Kaukauna, 920-766-8380 or [www.elizabethministry.com](http://www.elizabethministry.com).

## *Suicide*

### *Survivors after Suicide (SAS)*

Survivors After Suicide (SAS) is a support group offering help for individuals who have lost a loved one to suicide. Meets the 1st Thursday of each month, 6-8pm, 211 E Franklin St, Appleton. The group is sponsored by Prevent Suicide - Fox Cities. Contact Jeanette Potts, 920-931-2252 or at [jmpotts@preventsuicidefoxcities.org](mailto:jmpotts@preventsuicidefoxcities.org).

### *Survivors of Suicide (SOS)*

**Adult (SOS) Support Group** meets the 2nd Monday of the month, 6:30-8:30 pm, Unitarian Universalist Fellowship, 2600 E. Philip Lane, Appleton. Open to all people over 18 who have been affected by loss due to suicide.

**Youth (SOS) Support Group** meets the 3rd Monday of the month, 6:30-8:00 pm, Unitarian Universalist Fellowship, 2600 E. Philip Lane, Appleton. Open to ages 14-24 who have been affected by loss due to suicide.

Contact Barb at (920) 475-4748 or [barb@centerforsuicideawareness.org](mailto:barb@centerforsuicideawareness.org).

### *Social Groups for Widows & Widowers New Beginnings*

Dinner and social group for widows and widowers. 2<sup>nd</sup> Wednesday evening each month for a wide range of social events at various locations in the Fox Valley. Also meets 1<sup>st</sup> Friday each month for fish fry at the Darboy Club in Appleton. Advanced registration is required. Contact Donna Nemecek at 739-2093.

## *Faith Organizations*

Your local churches and faith organizations can provide comfort and assistance during your grief journey.

## *Professional Counseling*

The Fox Valley has many professional counseling resources. For referrals, please contact us, your clergy or your healthcare provider.

# Grief Support Groups & Counseling



At Brettschneider-Trettin-Nickel Funeral Chapel, we are committed to providing families with the best possible service in their time of need.

### **Brettschneider-Trettin-Nickel Funeral Chapel & Crematory**

606 N. Oneida Street, Appleton, WI 54911

Phone: 920-733-7383 Fax: 920-733-3977

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Grief is a difficult journey,  
a journey that should not  
be walked alone. Many  
knowledgeable and  
compassionate resources  
are available to guide you  
through this journey.