

Grief education and support group

sponsored by
Samaritan Evergreen Hospice

Why come to a weekly group?

- It's a chance to meet weekly with a small group of people who are also learning how to go on living after the death of someone they love.
- Each session includes information on a particular aspect of grief, and suggestions on how to cope with some of the things people often experience after the death of a loved one.
- There is time to talk about your experiences in a confidential, supportive setting, and hear how other people cope with the changes in their lives after someone they love dies.

There is no charge for the group but a pre-registration phone call is required. For more information or to preregister, call Virginia Tyler, LPC, at 541-812-4680 or 1-800-442-1428. Please register early. Enrollment is limited.

The group will be offered again in May and September

Serves Albany, Corvallis, Lebanon and surrounding areas

**Free, seven-week series
beginning Jan. 26, 2017**

Evenings

Thursdays, 4:30 to 6:15 p.m.

Dates: Jan. 26, Feb. 2, 9, 16, 23, March 2, 9

Location: Samaritan Evergreen Hospice House,
4600 Evergreen Place SE, Albany

Facilitator: Jody Gordon



541-812-4662

samhealth.org/Hospice

Grief support groups

January to June 2017 —

Free support and education for adults who have experienced the death of a loved one whether or not it occurred under hospice care. Your loss does not have to be recent.

Albany

No Meeting on Sunday, January 1

Monday, January 16, 5:30 to 7 p.m.
Sunday, February 5, 1:30 to 3 p.m.
Monday, February 20, 5:30 to 7 p.m.
Sunday, March 5, 1:30 to 3 p.m.
Monday, March 20, 5:30 to 7 p.m.
Sunday, April 2, 1:30 to 3 p.m.
Monday, April 17, 5:30 to 7 p.m.
Sunday, May 7, 1:30 to 3 p.m.
Monday, May 15, 5:30 to 7 p.m.
Sunday, June 4, 1:30 to 3 p.m.
Monday, June 19, 5:30 to 7 p.m.

Location:

Samaritan Evergreen Hospice House
4600 Evergreen SE (off Del Rio St,
near the Mennonite Village), Albany

Facilitator:

Virginia Tyler, LPC, 541-812-4680

Lebanon

Tuesday, January 10, 4:30 to 6 p.m.
Tuesday, January 24, 2 to 3:30 p.m.
Tuesday, February 14, 4:30 to 6 p.m.
Tuesday, February 28, 2 to 3:30 p.m.
Tuesday, March 14, 4:30 to 6 p.m.
Tuesday, March 28, 2 to 3:30 p.m.
Tuesday, April 11, 4:30 to 6 p.m.
Tuesday, April 25, 2 to 3:30 p.m.
Tuesday, May 9, 4:30 to 6 p.m.
Tuesday, May 23, 2 to 3:30 p.m.
Tuesday, June 13, 4:30 to 6 p.m.
Tuesday, June 27, 2 to 3:30 p.m.

Location:

Samaritan Lebanon Community
Hospital
525 N. Santiam Hwy, Lebanon
Conference Room A or B

Facilitator:

Jody Gordon, 541-812-4547

Seven-week grief education and support groups are also offered. For more information call Virginia Tyler, LPC, 541-812-4680 or 1-800-442-1428.



**Samaritan
Health
Services**

Samaritan Evergreen Hospice
541-812-4662
samhealth.org/Hospice