

How Do You Want To Be Remembered?

Talking with loved ones about who you are as a person can be a rich and satisfying experience. These deeper conversations not only form a bond with you and your children, but also create a legacy of how you want to be remembered.

Sharing stories from your life is an important first step in pre-planning for your final wishes. Finding a way to start talking can be difficult, and for this reason we have compiled a list of questions that will help to start the dialogue.

What is your earliest memory?

Were you named after anyone? Is there a story behind it?

Did you have any family traditions growing up?

Is your life exactly as you imagined it growing up?

Did you have a pet as a child?

What was your favorite meal as a child?

What types of jobs have you had over the years?

What drew you to that type of work?

What school did you attend?

Did you join any clubs or play any sports in school?

What was your favorite subject in school? Your least favorite?

What events have defined your generation?

Have you ever met anyone famous?

What is the most adventurous thing you have ever done?

What makes you proud?

What was the happiest moment of your life?

What was the saddest moment of your life?

“Sometimes you will never know the value of a moment until it becomes a memory.”



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Do you have any regrets in life?

Were you close with your siblings as a child?

Describe your parents and grand-parents.

How has your relationship with your parents changed over the years?

Who was the first person you loved?

How did you meet your spouse?

What made you know that you wanted to marry your spouse?

What is your favorite memory of your wedding day?

How did you find out you were going to be a parent? How did you feel at that moment?

Describe the moment when you first became a parent.

How has being a parent changed you?

Who is your best friend?

What family traditions do you want your family to carry on?

What advice would you give to your children/grandchildren?

How do you want people to remember you?



Looking through old family photo albums is a great way to start the conversation.