

AIKENS FUNERAL HOME

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LaCheryl's Corner



Quote of the Month

“My mission in life is not merely just to survive but to thrive.”

-Maya Angelou



EASTER TRADITIONS

This past Monday at the National Zoo in Washington D.C., there was an exhibition of dated black and white photos called “Easter Monday: An African-American Tradition.” As far back as 1891, black families would come in their Easter clothing to the National Zoo the Monday after Easter.

Some said that it was because the black families of the past weren't allowed at the White House Easter Egg Roll. Others believed that the black housekeepers had to work in the homes on Easter Sunday, so Easter was celebrated on Monday at the Zoo.

The day at the National Zoo was and is filled with an Easter egg hunt,



Do any of the dishes look like the entrees on your family's table?

trivia games and music. The traditional Easter Panda makes an appearance.

In the past, there was African storytelling and performances by an a cappella gospel quintet, a Caribbean and reggae

band, a steel-drum band, a dance team, and a double-dutch jump rope team. Zoo-goers told the press that it felt more like a family reunion. This year, the National Zoo had an estimated 20,000 visitors.

NATIONAL DOUGHNUT DAY JUNE 1, 2018



Everyone loves donuts, there's something about that delicious deep fried treat that brings a smile to everyone's face. Donut day celebrates this wonderful treat, it's history and a special holiday brought into being to honor a special group that arose during World War I. Doughnut Day came to pass, in part, due to the efforts of a doctor in the military in the first World War who sought to brighten the day of the wounded soldiers he worked on. Due to the majority of the workers being female, the Salvation Army workers started to be known as “Doughnut Dollies.” A great way to celebrate Donut Day is to volunteer to help this amazing organization on the day they've held for years in support of our armed forces.

“Sometimes you will never know the value of a **MOMENT** until it becomes a memory.”

We're on the Web
aikensfuneralhom.net

Pre-Need

Everyday we witness the benefits of planning ahead and we see the many problems that confronts those who do not plan ahead. Please call our office for further details.

The Benefits of Pre-need are:

- Locks in today's prices.
- Gives you the flexibility to make payments.
- Allows you to personalize your service as you would want.

National Pet Week

May 6th-14th

National Pet Week® is always observed the first full week in May. Created in 1981 by the American Veterinary Medical Association (AVMA) and the Auxiliary to the AVMA, National Pet Week is dedicated to celebrating America's more than 200 million pets that enrich our lives each and every day and encourage responsible pet care every day of the year. National Pet Week is sponsored by the Auxiliary to the AVMA to foster responsible pet ownership, recognize the human-animal bond, and increase public awareness of veterinary medicine.



JUNE IS FRESH FRUIT AND VEGETABLE MONTH

Follow Healthy for Good on [Facebook](#) and [Twitter](#) for fun weekly themes on how you can Add Color! A recipe and how to video related to the weekly themes will be featured daily throughout the month.

- Week 1: Fruits and Vegetables
- Week 2: Fruits and Vegetables at Breakfast
- Week 3: Fruits and



Vegetables as Snacks

- Week 4: Fruits and Vegetables Around the World
- 1. Week 5: Fruits and Vegetables for Dessert



Four Cheese Scalloped Potatoes

- 1 1/2 tablespoons unsalted butter, cut into pieces, plus more for brushing
- 1/2 clove garlic
- 1/3 cup shredded mozzarella cheese
- 1/3 cup shredded asiago cheese
- 1/3 cup shredded raclette or comte cheese
- 2 pounds russet potatoes, peeled and sliced 1/8 inch thick
- Kosher salt and freshly ground pepper
- 2 cups heavy cream
- 1/4 teaspoon freshly grated nutmeg
- 4 fresh bay leaves