



New Horizons Newsletter

Service of Anderson Funeral Home
& Anderson's On Broadway Aftercare Program

801 Broadway
Alexandria, Minnesota 56308
320-219-6278

Jeri Dawson • Aftercare Coordinator

Jeri's cell phone: 320-491-5409

jeridawson@andersonfuneral.net

FEBRUARY & MARCH 2018 NEWSLETTER

A NOTE FROM JERI

Okay, "What do I do now"? If you are asking yourself this question, plan to attend the grief seminars. The grief seminars will be starting in March. You will learn more about grief and the process of grieving, feelings, impact of loss on a family, reflections, journal and letter writing, hope and healing. You will be spending time with others who are on the same journey and you will learn that all the feelings you are experiencing are normal. You will make new friends as well. Grieving is painful, but with the support and fellowship of others, it eases the pain. The best part is while you are doing something for yourself, you are also doing something for others who are experiencing some of the same issues that you are. Many have found it helpful to attend more than once. Please join us. Details for the grief seminars are on the March side of this newsletter.

FEBRUARY 2018 HAPPENINGS

FEBRUARY NOON MEALS: The meals for February will take place at the following restaurants:

February 4 th	Pizza Ranch	February 18 th	Angelina's
February 11 th	Valentine's Dinner	February 25 th	Great Hunan

All meals are scheduled to meet at 12:15 PM. To make your reservation to join others for your Sunday meal, please call Lillian at 320-846-0650 by 7:00 PM on Saturday evening. If no answer, please leave a message.

HART TRAVEL DAY TRIP: We have a few tickets left for the Dutton Show at the Paramount in St. Cloud on Friday, May 4th. The cost of the day trip is \$75.00 for bus ride, dinner and show. Call Jackie if you are interested in getting a ticket by February 15th at 320-834-4483.

CARDS/GAMES/FELLOWSHIP: We meet on Tuesdays for cards at Anderson's On Broadway starting at 1:00 PM. Parking is on the east side of the building. Call Jeri if you have any questions at 320-491-5409. Call a widowed friend and invite them to come with you. Feel free to bring a snack to share.

DART GAME NIGHT: Come try your hand at a dart game on Thursday, February 8th at 5:30 PM at Anderson's On Broadway. We did have a dart board made for New Horizons and we are ready to play. Bring appetizers/snacks to share. We will discuss how we want to proceed with dart game night. If you cannot attend, call Jeri at 320-491-5409 with thoughts or ideas for future dart game nights.

VALENTINE'S DINNER: Our Valentine's Dinner will be on Sunday, February 11th at 12:30 PM with doors opening at 12:15 PM at Broadway Ballroom, using the west entrance doors for Broadway Ballroom. Call Elsie at 320-766-6607 for your reservation by Tuesday evening, February 6th. Your cost will be \$10.00 with New Horizons paying the balance. Come enjoy the special entertainment we have planned.

SATURDAY MORNING COFFEE: Come join us at Anderson's On Broadway for morning coffee and treats at 9:30 AM on Saturday, February 17th. We will be celebrating the birthdays for the month of February. Call a widowed friend or someone from your grief seminar to come with you.

FEBRUARY BRUNCH: Tuesday, February 20th at 9:30 AM at Traveler's Inn. Good time to visit and share a meal together. Any questions call Shirley at 320-762-8202. Bring a friend with you.

ANGELINA'S TACO NIGHT: Join us on Tuesday, February 20th at 5:30 PM at Angelina's for taco night. Call in your reservation by Sunday evening, February 18th to Mary Ellen at 320-766-8031.

SUPPORT GROUP: Come join us on Monday, February 26th at 5:30 PM upstairs at the Depot for \$8.00 pizzas. Call in your reservation by Sunday evening, February 25th by 7:00 PM to Jeri at 320-491-5409. Ordering off the menu is also an option. Discussion will be on changes in your life.

B-GEMS: Come join us on Friday, February 9th for our Valentine's Dinner at 11:00 AM at the Knotty Pine in Brandon. Please bring a valentine to exchange. If you have any questions call Jackie at 320-834-4483.

A NOTE FROM JERI

The journey of grief is one that you must ultimately decide to complete. You cannot remain where you are right now. Time moves forward, and so must you. We do live in the now and in the moment. However we have to keep an eye on the path you are walking today and look towards greater joy and contentment. There will come a day when you will not feel as you do right now.

In case of cancellations due to inclement weather for any of our events, listen to KXRA or call the person that is taking the reservations. Any questions that you may have regarding any event, please call me.

MARCH 2018 HAPPENINGS

MARCH NOON MEALS: The meals for March will take place at the following restaurants:

March 4th Boulder Tap House
March 11th D Michael B's

March 18th Mi Mexico
March 25th Great Hunan

All meals are scheduled to meet at 12:15 PM. To make your reservation to join others for your Sunday meal, please call Jean at 320-760-1674 by 7:00 PM on Saturday evening. If no answer, please leave a message.

ANDRIA THEATRE – NUNSENSE: We have twenty-five seats reserved for Friday, April 27 at 7:30 PM for "Nunsense". Your cost will be \$14.00. Stop in at Anderson's On Broadway to pay for your ticket prior to March 30th. We will meet at Traveler's Inn at 6:00 PM for supper before the play. Call Jeri with questions.

CARDS/GAMES/FELLOWSHIP: We meet on Tuesdays for cards at Anderson's On Broadway starting at 1:00 PM. Parking is on the east side of the building. Call Jeri if you have any questions at 320-491-5409. Call a widowed friend and invite them to come with you. If you don't know how to play cards, come and learn. Feel free to bring a snack to share.

SPRING GRIEF SEMINARS: The spring grief seminars will be starting in March for 6 weeks. The seminars will be at Anderson's On Broadway starting Monday evening, March 5th thru April 9th at 6:00 PM. The day seminars will be starting Tuesday, March 6th thru April 10th at 10:00 AM. These seminars are for anyone who has lost a loved one and if you want to come to the class for a 2nd time, please come. Call Anderson's On Broadway to register at 320-219-6278. Feel free to share this information with others that you may know and please offer to come with them.

EVENING SOCIAL: We are going to have an evening social on Thursday, March 8th at 5:30 PM at Anderson's On Broadway. We will start the evening with pizza being delivered from Pizza Ranch and your cost will only be \$7.00. Call in your reservation by 7:00 PM Tuesday evening, March 6th to Carole at 320-815-3257. After the meal, we will have an evening of socializing with a variety of table games or darts for those who want to play. Please bring any games that you think would be fun for us to learn and to play.

SATURDAY MORNING COFFEE: Come join us at Anderson's On Broadway for morning coffee and treats at 9:30 AM on Saturday, March 10th. We will be celebrating the birthdays for the month of March. Call a widowed friend or someone from your grief seminar to come with you.

ST. PATRICK'S DAY: Join us on Saturday, March 17th for a St. Patrick's Day meal of corned beef and cabbage at the State Street Café in Garfield at 12:30 PM. Call in your reservation to Jackie at 320-834-4483 by Wednesday evening, March 7th. The early reservation deadline is requested by State Street Café so they can order the corned beef for our group.

MARCH BRUNCH: Tuesday, March 20th at 9:30 AM at Traveler's Inn. Good time to visit and share a meal together. Any questions call Shirley at 320-762-8202. Bring a friend with you.

ANDY BEARS: We will be helping families make memory bears on Saturday, March 24th at Anderson's On Broadway at 9:00 AM. We need helpers to assist families with cutting, pressing, pinning and stuffing. Call Jeri at 320-491-5409 if you can help. You will find it very heart warming to help the families.

B-GEMS: Come join us on Friday, March 9th for St. Patrick's Day dinner at 11:00 AM at the State Street Café in Garfield. If you have any questions call Jackie at 320-834-4483. Wear green and you will receive \$2.00 off the price of your meal.

APRIL-MAY NEWSLETTER: The date set for folding, stuffing, stamping, labeling and sealing the New Horizons Newsletters will be on **MONDAY, MARCH 26th at 9:00 AM** at "**Anderson's On Broadway**" located at **801 Broadway**. We appreciate everyone who helps. So please come join us.