

# What a Wonderful Life

Frances was born on May 19, 1931, in Piedmont Texas. She was the second of three children of Willie and Pearlina Howard. It was at an early age that she was immersed in Christianity, which would later become the foundation upon which she built all aspects of her life.

Frances graduated from Lincoln High School in College Station, TX, and went on to attend college in Austin Texas. She became engaged to Willie Hood in 1953 and was set to wed that same year, a wedding that never took place, as Willie was killed in a tragic car accident months prior.

In 1954, Frances gave birth to her one and only child, a daughter, who she named Linda. In 1959, she moved from Texas to San Diego, CA to start a new life for herself and her child. It was there that she met her husband TC Calhoun. The two married in 1960 and remained married until his passing in 2007. Frances loved helping others and decided to return to school to learn a profession in which she could do just that, help others. She completed a nursing program and worked in the nursing profession for over 23 years.

As a devout Christian, Frances made Phillips Temple CME her church home in 1962, where she attended church faithfully until her health restricted her. She instilled the faith of GOD in her daughter, ensuring that she knew the Lord so that her children, her children's children, and all future generations to follow would do as well. She had the kindest of hearts, and gave selflessly to anyone in need, even if it meant leaving her without. She had a sense of humor that could make one forget they were having a bad day. She was not only Mom but also Grandma, Great Grandma, Great-Great Grandmother neighborhood Mom, cook, counselor, mediator, confidant, and friend. She was the Matriarch and pillar of strength to her family. Dementia may have taken her memory, but her love for others remained intact.

Frances leaves behind to celebrate her life; her daughter Linda, Son in law Clarence, Granddaughter Moana, Grandsons Avier and Garrett, Great Grandchildren Mieya, Imani, Briana, Omari, Ariana, and Deja, and Great-Great Grandchildren Mana, Roman, Melody, Kevin IV, Nicholas, and Lavender, Great Grandson in Laws Eddy and Kevin, and a host of cousins, nieces, nephews, family, and friends. She will be missed dearly.

# Acknowledgments

The family of Frances Calhoun would like to thank you all for your expressions of love and support during their time of loss.

## Psalm 23

The LORD *is* my shepherd; I shall not want.  
He maketh me to lie down in green pastures:  
He leadeth me beside the still waters.  
He restoreth my soul:

He leadeth me in the paths of righteousness for his name's sake.  
Yea, though I walk through the valley of the shadow of death, I  
will fear no evil:  
for thou *art* with me; Thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine  
enemies:  
Thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my  
life:

**And I will dwell in the  
house of the Lord forever**

*Celebrating  
the Life of*



**Sunset: December 6th 2022**

*"I'm Blessed"*



*Frances Calhoun*

**Sunrise: May 19th 1931**

*Homegoing Service*

Phillips Temple CME Church  
Monday December 19th 2022