

The Aging Road Map Group: Your Key to the Aging Journey

How The Group Came Together

On July 27, 2018 a handful of Community Outreach professionals working with older adults and people with disabilities met for lunch to discuss best practices. Our intention was to share what we found worked best in getting important information out to the community. The complexity of the topic and diversity of those seeking help can make getting the right information into the right hands complicated, and we wanted to help each other do our best job for Southwest Michigan. The conversation soon became about how we could work together to create a continuity of care program to educate our community about important topics relating directly to the aging and disabled population and those who care for them. The Aging Road Map presentations are the result.

Once a direction was established, the group began to grow as others were invited to share their expertise. The Aging Road Map group is now fourteen members strong, with each person representing a vital avenue for navigating through the myriad of programs for aging and disabled adults.

We believe complicated planning can be made less complicated through proper education and awareness. From the beginning of the planning process, to the end, there are professionals who know what needs to be done and how to do it. Our presentations are free of charge and intended to provide information and resources for those seeking answers and guidance. We do not solicit.

If you would like to talk to someone about hosting the Aging Road Map series please contact:

K. Lynn McFarlen: lynnm@langelands.com

Additional resources available : www.facebook.com/AgingRoadMapKzoo/

Revised 3/4/2020



Aging Road Map: Your Atlas to Aging and Disability Resources and Information

Class 1, **Enrichment for the Active, Aging Adult and Veteran Information**

Finding Fun and Companionship - Kim Phillips, Senior Citizen Services Manager
City of Portage, phillipk@portagemi.gov, myspc.portagemi.gov, 269-329-4555

Veteran information – Lauren King, Veterans Services Coordinator
Kalamazoo County Government, Ljking@kalcounty.com, <https://www.kalcounty.com/hcs/veterans/>, 269-373-5361

Class 2, **Healthcare and Legal Planning**

Healthcare Advance Planning - Hilary Kerr, N.M.G., N.C.P.G., Advance Care
Planning Specialist with Bronson Healthcare, kerrh@bronsonhg.org,
bronsonhealth.com/acp, 269-341-8778

Individualizing a Legal Plan - Samantha Sprague, J. D., Attorney-At-Law, Carrier
Law, ssprague@davidcarrierlaw.com, www.davidcarrierlaw.com, 269-350-2323

Class 3, **Medicare/Medicaid and Supplemental Insurance**

Medicare and Medicaid - Lisa Fuller, MMAP Regional Coordinator, Senior Services
of Southwest Michigan, lfuller@seniorservices1.org, 269-382-0515

Supplemental Insurance – Joe Garcia, MBA, CLTC, SMG Health CEO,
jgarcia@my-smg.com, 269-903-2510

Class 4, **Planning for the Unexpected**

Emergency Access – Kimberly Middleton, Community Relations, Life EMS
Ambulance, Southern Operations, kmiddleton@lifeems.com; www.lifeems.com,
269-343-5433

Unfinished Business—Jan Livesay, CSA, Consultant on Aging Issues,
unfinishedbiz@sbcglobal.net, 269-345-4887

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Class 5, **Staying Home With Help, Aging in Place**

Daytime Care – Greg Miller, Marketing Manager, Senior Care Partners P.A.C.E.,
g.miller@seniorcarepartnersmi.org, www.seniorcarepartnersmi.org, 269-986-6319

Community Services for Older Adults – TBD, Senior Services of Southwest
Michigan, [@seniorservices1.org](http://seniorservices1.org); www.seniorservices1.org, (269) 382-0515

Kalamazoo County Programs – Don Saldia, RN, BSN, Program Manager,
Kalamazoo County Area Agency on Aging (AAA); drsald@kalcounty.com;
www.kalcounty.com/AAA, 269-373-5219

Class 6, **Aging Adult Communities**

Care Facility Fact and Fiction - Molly Williams, Clinical Liaison LPN, Ascension
Living Borgess Place, molly.williams@ascension.org, www.ascensionliving.org,
269-501-7233

Assisted Living, Looking for the Right Place - Amanda Willer, Vineyard Assisted
Living Director of Marketing and Admissions, a.willer@gantonsc.com,
www.vineyardassisted.com, 269-775-0001

Class 7, **Making Connections Related to Disability Needs**

Accessing Disability Needs – Lisa Brink, Program Manager, Long Term Community
Supports, Disability Network Southwest Michigan; brinkl@dnswm.org;
www.dnswm.org, 269-345-1516

Memory Care, Laurel Space, Director of Community Relations and Admissions, New
Friends, LSpace@NewFriendsMemorycare.com, NewFriendsMemoryCare.com,
(269) 372-6100

Class 8, **Quality of Life, End of Life**

Quality of Life, End of Life - Tina Shivley, LMSW, Community Partner Liaison,
Hospice Care of Southwest Michigan, tina.shivley@hospiceswmi.org,
www.hospiceswmi.org, 269-345-0273

Saying Goodbye Well – K. Lynn McFarlen, Community Outreach Director,
Langeland Family Funeral Homes, lynnm@langelands.com, www.langelands.com,
269-343-1508