

Connection Block

From: _____ - _____

[M] [T] [W] [Th] [F] [S] [S]

Catch All Block

From: _____ - _____

[M] [T] [W] [Th] [F] [S] [S]

Bedtime Block

From: _____ - _____

[M] [T] [W] [Th] [F] [S] [S]

Block: _____

From: _____ - _____

[M] [T] [W] [Th] [F] [S] [S]

Block: _____

From: _____ - _____

[M] [T] [W] [Th] [F] [S] [S]

Block: _____

From: _____ - _____

[M] [T] [W] [Th] [F] [S] [S]

Enter the time frame for each block and which days they will be used. Then in the empty space list all general tasks (think pay bills not pay the power bill) that will be done within that block from your master to-do list.