

Health Care Provider – Please check the “UNABLE to perform” column if the employee is not able to meet the functional demands required below. Pictures on the following page offer additional information on typical postures. Please use the comments section on the next page to indicate what the current maximum abilities are for the behaviours the employee is “UNABLE” to perform at present.

Job Title: Wheat Specialty

Task Organization:

Job Physical Demands: Loading grain into ships hatches and levels off load once full

Schedule: Works 8.5hrs with one 30 minute lunch break and two 15 minute coffees take when able. When loading work is continuous until hatch is filled

Equipment: Joystick, buttons and other controls (PECO crane only)
Ropes, shovels, brooms, scooter and elbow attachments

Job Demands		Max. Weight/ Avg. Weight (kg)	Duration per exposure h=hrs s=secs m=mins	Frequency	UNABLE to perform	Comments
STRENGTH	Lifting/Carry	40/20	<1m	O		Lifting jewelry to attach, typically a 2 man lift so heaviest item is 80lb steel scooter (40lbs/worker)
	Push/Pull	200/20	<30	O		Repetitive pulling on ropes at to move semi-automated pipes, dragging jewelry
	Supporting Body Weight		<1m	O		Climbing up/down gangway or stairs to edge of hatch
	Gripping / Handling		V	F		Varies from a few seconds on PECO controls to several minutes when holding ropes or longer when holding remote at fully automated pipes
	Fine Motor Skills		<5m	O		PECO only when using joystick controls to move pipe into corners or filling edges
POSTURE & MOBILITY	Sitting		V	V		Never for auto/semi-auto & occasionally in PECO
	Driving		n/a	N		
	Standing		V	F		Varies between potentially 4hrs standing in PECO and few seconds at a time for others
	Walking		V	V		Never for PECO operator, Freq for others
	Bending/ Stooping		<30s	O		Shoveling, sweeping, lifting, bending over side of hatch to see inside
	Sustained Crouching/ Kneeling		15m	O		For machine man only when trimming the hatch
	Climbing Stairs		<30s	O		Steps to side of hatch, in/out of PECO cab
	Climbing Ladders		<30s	O		In/out of hatch and in/out of PECO cab
	Crawling		15	O		For trimming the hatch only
	Balancing		<30s	O		On stairs and ladders sometimes on pipes on desk when pulling ropes
	Throwing		n/a	N		
	Overhead Reach		<1m	O		When attaching jewelry
ENVIRONMENT	Exposure to Elements		4-8h	V		Never when operating PECO, constant for others
	Uneven Surfaces		V	F		Gangway, obstacles and grain on decks, duration of exposure varies depending on circumstances from few seconds to few hours.
	Proximity to moving objects		4-8h	V		Ropes, pipes, flowing grain, varies depending on speed of loading, downtime, etc.
	Vibration (upper extremity)		n/a	N		
	Vibration (whole body)		n/a	N		

Frequency Ratings:**R:** Rare Not daily or up to 1% of shift (<5mins/day)**F:** Frequent 34%-67% of shift (2.5-5hrs)**N:** Never**O:** Occasional 1%-33% of shift (up to 2.5hrs)**C:** Constant >67% of shift (>5hrs)

Health Care Provider Comments:

Please use the box above to include guidelines or limitations on the functional abilities that the employee is UNABLE to perform in their entirety at present.

Sample pictures of tasks and postures:

