

The Center for Mindfulness and Consciousness Studies
at the University of Pittsburgh
presents the second annual

Mindfulness Fair



ALL ARE WELCOME

Saturday, March 25 2017
10 a.m. to 4 p.m.

University Club
123 University Place
(near Soldiers and Sailors Hall)

The Fair will showcase resources and activities available to both the campus community and the Pittsburgh region, and will feature a variety of talks, yoga and Tai Chi demonstrations, information tables, and family activities. Lunch/refreshments provided and admission is free.

For more information go to our Facebook event page: [Spring 2017 Mindfulness Fair](#)

You can also check out our Website at MindfulnessPitt.org
or send us an email at MindfulnessPitt@pitt.edu.