



LOS ANGELES RAMS

Rams Running Back Todd Gurley II – Media Availability – January 25, 2019

(On how frustrated he's been the last couple of weeks and his health)

"I'm fine, bro. We've been winning. I'm going to my first Super Bowl. I'm good."

(On the relationship he has with RB C.J. Anderson)

"That's my teammate. We're in the room all day together. That's my teammate. That's my boy. We help each other out. We're all in there together. Just like I've got the same relationship – I mean, obviously, I'm not as close with him as I am with (RB) Malcolm (Brown) and (RB) Justin Davis 'JD', I've been with those guys a long time. Whoever comes on the team, we embrace them, whether if it's a dude that just got signed yesterday. We're family – everybody. We're all together."

(On how special it is to meet up with Patriots RB Sony Michel after spending a year together at Georgia in 2014)

"It's cool. It's cool. He's on the other side though, so we aren't talking about him (laughs)."

(On what it's been like the past four days going from the high of winning the NFC Championship game to now going back to the region where he played collegiately and being a part of his first Super Bowl)

"It's been fantastic. It's a great feeling. You just sit back and you're just like, 'Damn, we're going to the Super Bowl'. You just say it randomly. It ain't (like) no (other) feeling. It's different. It's like, we're going to the Super Bowl. I'm used to going to the Super Bowl, being with my boys, hanging out. But, we actually get a chance to play in it this year. So, it's cool, man. It's a great feeling. We're all happy. I'm happy. It's no better feeling than how we're feeling right now."

(On if there is any issue with his knee because some people are speculating)

"No, I'm good. If there was an issue on my knee, it would be on the injury report. Come on now. I'm at practice. I'm playing."

(On how hard it was to be on the sidelines and not get a lot of touches on Sunday and if he understands why he didn't get more touches)

"I don't ask no questions. I just do my job. We got the win, that's all that matters. I can not play one snap. I don't care if (LS) Jake McQuaide is the Super Bowl MVP (laughs). I've got one more game left. I don't care what nobody's talking about. Y'all can call me hurt. Y'all can call me whatever, but we're going to the Super Bowl. What do y'all not understand? It's not about me. This sport has never been about me. It's never been about one player. (RB) Todd's (Gurley II) only going to be with the Rams so much longer. It's going to be another dude that comes in just like me. This whole game is bigger than me. It's not just about me. Why is Todd not getting the ball? Why is that? Because there's only one football and there's 11 guys. Only one guy can touch the ball each time. It's way bigger than me."

(On if practice felt any different since they are practicing for the Super Bowl)

"We talkin' about practice? (Laughs). It's football. It's just another day. Football is literally the only sport where you literally practice more than you play. There's like 100 practices. So, it's like, it's another day. It's literally like it's another day."

(On the Los Angeles Dodgers stopping by the facility today)

"We appreciate those guys coming through. I didn't know who was coming, so it was just like, trying to figure out who was there and stuff like that. I just saw 'Freese' on the back and I'm like, 'Oh (explicit)! That's David Freese.' I remember him when he was with the (St. Louis) Cardinals. I saw (Justin) Turner, (Cody) Bellinger. Yeah, it was like a surprise though, but we appreciate those guys coming and supporting."

(On his relationship with RB Sony Michel and the impressions he has of him from this season)

"Oh, that's my little bro. I taught him everything. So, everything he's doing, I taught him that (laughs). Obviously, he had a little talent, but we've got a good relationship. Like I said, I kind of taught him the ropes and he just took off from there (laughs)."

(On what he learned from the NFC Championship that he can apply to the Super Bowl)

"That's just a part of the game. That's just a part of the sport, no matter what sport you play – and life, period. You know what I'm saying? We're all going to have our downs, but you enjoy it even more when you do something great or you have that success. I know who I am. I'm comfortable with myself. I'm the best. I'm the best at my position. I've been that way all my whole life, so it's like I'm going to keep striving. I know what I can do. I know what I'm capable of and my teammates know what I'm capable of. We're all in this together, you know what I'm saying? So, it's just like – 24-hour rule. You know how it goes – 24-hour rule, leave it in the past. 'Hey, let's go. We've got another game.' Going against the GOAT. It's a good feeling, great feeling."

(On if attending previous Super Bowls was even more of a motivator to eventually play in the game)

"Yeah. I'd be in the chair – I'd be so happy because I always have friends. Like last year, I had (Eagles WR) Nelson (Agholor) playing in it, I had (Eagles DE) Chris Long. Then, the year before that like (former Patriots WR) Malcolm Mitchell. So it's just like, I'm just so happy, so happy for my friends. That's what I care about is just other people having success and I can be able to just live through them guys. Just being at those games, man, it's crazy. It's like you get the chills. You're mad, but you're so excited for your friends. I just remember, just like each I'm just like, 'I'm going to be there. I'm going to be there' and it's like, I'm here. It's crazy, but it's a great feeling. It's a great feeling. Then like I said, all those guys I just named, they're calling me now. They're like, 'Yeah, let's go, man. We going to be there. I'm going to be at the game.' It's a good feeling when you can just enjoy this with your family, your teammates, your friends. It's a dream. They got to live their dream and now I'm doing the exact same thing they (were) doing. It's just a good feeling overall."

(On how much it would mean to him to play his best game on the biggest stage in the Super Bowl)

"That's a good feeling. You don't really look at it...this is the biggest game of your career. It's the most-watched game. You live for moments like that, but like I said, you live, you learn. I don't give a damn what I do, honestly. I just want to win, so I don't really care. But, you always want to do good, but you just want to win. I've just got one more game. I'm in the 'A' (Atlanta), going back to Georgia, super excited. You just want to win."

(On what makes Head Coach Sean McVay unique as a coach)

"He's the best. He's the best at what he do. It speaks for itself. Last year he came in here, we did what we did. Led us to the playoffs, lost first round. This year, come back, do the exact same thing and some more. Add some new additions. Working with him, man, it's a good feeling just to have him as our coach. He's a players' coach. He's a great guy. You can talk to him, you can understand and he does everything for a reason. He does everything for us, for the team. So, you love playing for a guy like that."

(On if the past two years have gone by quickly from a 4-12 season to playing in the Super Bowl)

"Yeah, but that's what I'm saying. It goes back to what we were just asking, like you're saying about a game or something. That's why I'm so happy. I've been 4-12, you know what I'm saying? Like, I've been broke. I got money (laughs). I've done had terrible seasons. I'm in the Super Bowl. It's a blessing. It's a blessing from God. It's like no better feeling than to be able to be at the bottom and you're at the top because you always wanted to be in that position and to be in that position is a great feeling. It's a motivator. You don't want to go back. It's just a stepping stone of where we're heading to."