

## NFL SUSPENDS 49ERS WR VICTOR BOLDEN JR. FOUR GAMES

## Statement by an NFL Spokesperson:

Victor Bolden of the San Francisco 49ers has been suspended without pay for the first four games of the 2018 regular season for violating the NFL policy on performance-enhancing substances.

Bolden will be eligible to return to the 49ers' active roster on Monday, October 1 following the team's September 30 game against the Los Angeles Chargers.

Bolden is eligible to participate in all offseason and preseason practices and games.

[Note: The NFL policy on performance-enhancing substances is posted on <a href="mailto:nflcommunications.com">nflcommunications.com</a>. After logging in, click on "About NFL" from the homepage and then "NFL Policies."]

## San Francisco 49ers WR Victor Bolden Jr.:

"Unknowingly, I used a supplement that was on the NFL's banned substance list. As a professional athlete, I take full responsibility for not verifying the ingredients of the supplement. In the future, I will be much better educated when choosing what to put in my body. It hurts to know that I will not be on the field with my team for the first four games of the season."

## San Francisco 49ers General Manager John Lynch:

"Victor made an unintentional mistake, but learned a valuable lesson. Professional athletes must be meticulous in their supplement choices. We know Victor is disappointed, but we hope this is a reminder to all our players how important it is to make educated decisions on what to put in their bodies."