

POLARITY SQUARES

TRANSCENDENT STATES:

- | | | | | | |
|---|--------------------------------------|---------------------------------------|--|---------------------------------------|---|
| <input type="checkbox"/> Acceptance | <input type="checkbox"/> Devotion | <input type="checkbox"/> Flow | <input type="checkbox"/> Harmony | <input type="checkbox"/> Patience | <input type="checkbox"/> Tolerance |
| <input type="checkbox"/> Attunement | <input type="checkbox"/> Dharma | <input type="checkbox"/> Forgiveness | <input type="checkbox"/> Humility | <input type="checkbox"/> Purity | <input type="checkbox"/> Trust |
| <input type="checkbox"/> Balance | <input type="checkbox"/> Discernment | <input type="checkbox"/> Generosity | <input type="checkbox"/> Impeccability | <input type="checkbox"/> Quiescence | <input type="checkbox"/> Truth |
| <input type="checkbox"/> Bliss (Ananda) | <input type="checkbox"/> Equality | <input type="checkbox"/> Grace | <input type="checkbox"/> Joy | <input type="checkbox"/> Samadhi | <input type="checkbox"/> Unconditional Love |
| <input type="checkbox"/> Clarity | <input type="checkbox"/> Equanimity | <input type="checkbox"/> Gratitude | <input type="checkbox"/> Loyalty | <input type="checkbox"/> Selflessness | <input type="checkbox"/> Unity |
| <input type="checkbox"/> Compassion | <input type="checkbox"/> Eternality | <input type="checkbox"/> Harmlessness | <input type="checkbox"/> Neutrality | <input type="checkbox"/> Surrender | <input type="checkbox"/> Wisdom |
| <input type="checkbox"/> Detachment | <input type="checkbox"/> Faith | | | | |

DESIRE FOR _____

FEAR OF _____



DESIRE FOR _____

FEAR OF _____

RELEASE STATEMENT:

Oh Eternity, please take all of these states of mind which are unbalanced in this pattern and balance and clear them. Do this so that I may see more clearly and find my way home more easily. I give thanks knowing it will be done.

SOURCE:
LESLIE TEMPLE-THURSTON
THE MARRIAGE OF SPIRIT

