

KID STUFF

Spring 1: February 26th, 2017–April 29th, 2018
Members– \$95; Non-Members– \$125 (1x a week)
unless noted otherwise



REGISTER ONLINE!

Take a look at our website and get acquainted with our online registration process!

register.ymcanyc.org

TAE KWON DO

Learn basic punches, strikes, blocks and kicks while gaining focus, strength and coordination. TKD at the Y is all about teamwork, respect and patience—not combat or self-defense.

3-5 YEARS

TUESDAYS 5:00-5:50PM
THURSDAYS 5:00PM-5:50PM



4-99 YEARS

TUESDAYS & THURSDAYS 6:15-7:15PM (BEG)
TUESDAYS & THURSDAYS 7:15-8:15PM (INT/ADV)
SATURDAYS 9:30-10:30AM (BEG)
SATURDAYS 10:30-11:30AM (INT/ADV)
Munch Center

BALLET

The basics are introduced with patience and care, not to mention fun! Our programs nurture kids' sense of self-confidence and introduce them to positive, fun activities that build athletic, social and interpersonal skills.

BEGINNER 3-5 YEARS
SATURDAYS 12:30-1:10PM

BEGINNER/INT 3-5 YEARS
SATURDAYS 1:15-2:00PM

BEGINNER 6-12 YEARS
SATURDAYS 2:00-2:50PM
Fitness Studio



HIP HOP

This introductory-level Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment, and offers a new set of combinations and routines every time.

3-5 YEARS
SATURDAYS 1:30-2:20PM
6-8 YEARS
SATURDAYS 2:30-3:20PM
9-12 YEARS
SATURDAYS 3:30-4:20PM
SPIN STUDIO

Member Registration:
2/10/2018

Non-Member
Registration:
2/17/2018



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPORTS SAMPLER

Instructional program designed to prepare kids for sports without the threat of competition or fear of getting injured. Parents follow along with children to learn all of the basic skills, such as throwing, kicking, batting, etc.

The sports introduced are baseball, basketball, soccer and football.

SUNDAYS
12:30 PM-1:20PM
3-4 YEARS
Munch Center



Toddler Play

Toddler play is an introduction for toddlers to the basics of dance, STEM and ART. Pre-schoolers will explore the arts as a tool for self-expression using rhythm games, songs, and stories. Children learn balance, coordination, and develop basic locomotive skills.

12 MONTHS-2 YEARS
SATURDAYS 10:00-10:45AM

3-5 YEARS
SATURDAYS 11:00-11:45AM
MPR

Need financial assistance? JUST ASK!

Schedule subject to change; classes need minimum 3 participants to operate.

BRONX YMCA. 2 Castle Hill Avenue Bronx, NY 10473. 212-912-2490

QUESTIONS?

Stefany Navarro
snavarro@ymcanyc.org

Jr. Knicks

Thanks to the donation of the NY Knicks children will learn the fundamentals of the sport, along with being able to compete with their peers. Instructors will prepare kids for real-time competition by teaching skills such as dribbling, shooting, formations, plays, endurance performance, defense and offense.



5-6 YEARS
SATURDAYS 12:10PM-1:00PM
7-9 YEARS
SATURDAYS 1:15PM-2:30PM
10-12 YEARS
SATURDAYS 2:45PM-4:00PM
13-18 YEARS
SATURDAYS 4:15PM- 5:30PM
Munch Center

SOCCER

This program offers children the basic skills needed to comprehend the sport. Children will learn how to become comfortable with their feet while maneuvering, passing, and kicking the ball properly.



5-6 YEARS
SUNDAYS: 9:30AM-10:20AM
7-9 YEARS
SUNDAYS: 10:30AM-11:20AM
10-12 YEARS
SUNDAYS: 11:30AM-12:20PM

Field
Make up classes due to weather will resume following Friday.

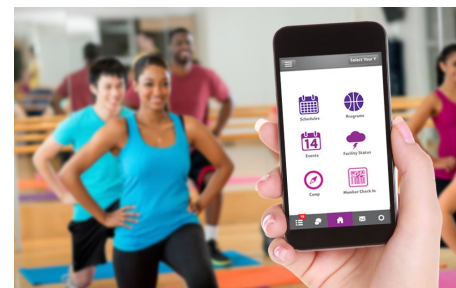
YOUNG PICASSO

Exploring all different drawing and painting techniques using different media such as a variety of pencils, pastels, watercolor and acrylics. Students will find their individual expression through art and develop technical skills with rendering and color.

10-12 YEARS
SATURDAYS 10:00AM-10:50AM
5-6 YEARS
SATURDAYS 11:00AM-11:50AM
7-9 YEARS
SATURDAYS 12:00PM-12:50PM
MUNCH CENTER CLASSROOM

* MEMBERS: \$100 NON-MEMBERS: \$ 130

MOBILE APP!



MOBILE APP!

Download our mobile app for automatic updates on class changes and cancellations.

ymcanyc.org/app or visit the app store on your device and search:

YMCA of Greater NY

Select: Bronx