



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Youth & Teen Registration Information

Registration for classes opens 2 weeks prior to the session for members and 1 week prior to the session for community members.

- Classes meet once per week for 8 weeks

Karate & Tennis Specials (2 classes per week)

Member Fee	\$124
Community Member Fee	\$180

Youth Membership : 3 months - 11 years

\$22 / month
\$264 / year

Teen Membership : 12 - 17 years

\$28 / month
\$336 / year

Kids Gym - Family Time

It's time for FUN! Bring kids to a safe space where they can run, play and jump their way to a healthy lifestyle. The Kids Gym is free for Family and Youth Members. Community Members will be charged a youth day pass fee of \$6 per child.

Ages:	Parent/Guardian and Children up to 7 years old
Monday - Friday	1:30 - 4:30 pm
Saturday & Sunday	3:00 - 6:00 pm

For more information contact Caroline Sanchez at 212.912.2167 or email csanchez@ymcanyc.org

HARLEM YMCA

YOUTH & TEEN SCHEDULE

Session 2

February 29 - April 24, 2016



FITNESS PROGRAMS						
Class	Age	Day	Time	Location	M	CM
Rumble & Tumble	9-24 mos.	Saturday	9:15 – 9:45 am	Kids Gym	Free	\$128
Rhythm & Movement	12-24 mos.	Saturday	11:45a – 12:15p	Kids Gym	Free	\$128
Tumbling Tots	2-3 yrs.	Saturday	10:00 – 10:45 am	Kids Gym	Free	\$128
Tumbling Tots II	3-4 yrs.	Saturday	11:00 – 11:30 am	Kids Gym	Free	\$128
Baby & Me Yoga	6-18 mos.	Saturday	9:00 – 9:45 am	Little Theatre	\$80	\$128
Kids Yoga	6-8 yrs.	Saturday	10:00 – 10:45 am	Little Theatre	\$80	\$128
Karate Beginner I	3-5 yrs.	Wednesday	6:15 – 7:15 pm	Little Theatre	\$80	\$128
		Saturday	1:00 – 2:00 pm			
Karate Beginner II	6-8 yrs.	Tuesday	6:15 – 7:15 pm	Little Theatre	\$80	\$128
		Saturday	2:00 – 3:00 pm			
Karate Beginner III	9-12 yrs.	Saturday	3:00 – 4:00 pm	Little Theatre	\$80	\$128
Karate Advanced	9-12 yrs.	Thursday	6:00 – 7:00 pm	Little Theatre	\$80	\$128
		Saturday	4:00 – 5:00 pm			

SPORTS PROGRAMS						
Class	Age	Day	Time	Location	M	CM
QuickStart Tennis I	4-5 yrs.	Tuesday	5:00 - 6:00 pm	Gym	\$80	\$128
		Saturday	9:00 - 10:00 am			
QuickStart Tennis II	6-10 yrs.	Thursday	5:00 - 6:00 pm	Gym	\$80	\$128
		Saturday	10:00 - 11:00 am			
Basketball Beginner	3-5 yrs.	Wednesday	4:00 - 5:00 pm	Gym	\$80	\$128
		Tuesday	4:00 - 5:00pm			
		Saturday	Will return Session 3			
	6-8 yrs.	Wednesday	5:00 - 6:00 pm			
		Tuesday	6:00pm-7:00pm			
		Saturday	Will return Session 3			
	9-12 yrs.	Thursday	4:00 - 5:00 pm			
Basketball Intermediat	6-8 yrs	Sunday	1:30 - 2:30 pm	Gym	\$80	\$128
	9-12 yrs.	Sunday	2:30 - 3:30 pm	Gym	\$80	\$128
Basketball Advanced	9-12 yrs.	Sunday	3:30 - 4:30 pm	Gym	\$80	\$128
Soccer Foundations	3-5 yrs.	Monday	4:30 - 5:30 pm	Gym	\$80	\$128
	6-8 yrs.	Monday	5:30 - 6:30 pm			
Kick, Catch, Throw*	5-8 yrs.	Thursday	6:00 - 7:00 pm	Gym	Strong Kids Card Program	

DANCE PROGRAMS						
Class	Age	Day	Time	Location	M	CM
Kids Ballet	3-5 yrs.	Friday	5:45 – 6:45 pm	Studio 2	\$80	\$128
	6-8 yrs.	Friday	6:45 – 7:45 pm			
	3-5 yrs.	Saturday	9:00 – 9:50 am			
	6-8 yrs.	Saturday	10:00 – 11:00 am			
Kids Ballet II	3-5 yrs.	Saturday	11:00a – 12:00p	Studio 2	\$80	\$128
	6-8 yrs.	Saturday	12:00 – 1:00 pm			
Jazz Dance	4-6 yrs.	Tuesday	4:00 – 5:00 pm	Studio 2	\$80	\$128
	7-10 yrs.	Tuesday	5:00 – 6:00 pm			
Tap Dance	3-5 yrs.	Thursday	5:45 – 6:45 pm	Studio 2	\$87	\$134
	6-8 yrs.	Thursday	6:45 – 7:45 pm			
Dance*	8-12 yrs.	Monday	6:15 – 7:15 pm	Studio 2	Strong Kids Card Program	
		Tuesday	6:15 – 7:15 pm			

EDUCATIONAL PROGRAMS						
Class	Age	Day	Time	Location	M	CM
Art & Play (with adult)	18 mos.-3 yrs.	Tuesday	9:00 – 10:00 am	Art Room	\$80	\$128
Art Start	4-10 yrs.	Saturday	11:00a – 12:00p	Art Room	\$80	\$128
		Tuesday	6:00 – 7:00 pm			
Clay Works	6-8 yrs.	Saturday	10:00 – 11:00 am	Art Room	\$80	\$128
Kids Knit	5-7 yrs.	Saturday	1:30 – 2:30 pm	Community Room	\$80	\$128
	8-10 yrs.	Saturday	2:30 – 3:30 pm			
S.T.E.M.	6-10 yrs.	Saturday	12:15 – 1:15 pm	Art Room	\$80	\$128

Teen Programs	Day	Time
Teen Center	Monday, Wednesday, Friday	3:00 – 6:00 pm
Leaders Club	Monday	4:00 – 6:00 pm
Family Programs	Day	Time
Family Night	March 11th & April 8th	6:00 – 8:00 pm
Kids Night Out	March 25th & April 22nd	5:00 – 7:00 pm
Family Swim	Saturday	4:15 – 6:00 pm
	Sunday	2:30 – 4:00 pm

*Denotes Strong Kids Card Programs

