



THE Y NEWS



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

The latest happenings at the South Shore Y

February 2018

› Healthy Heart Seminar

Thursday, February 8th, 9:30AM

Monday, February 12th, 7:00PM

Are you ready to start a heart-healthy lifestyle? Join us for a **FREE SEMINAR** on heart-healthy foods and how they can benefit your overall health and wellness. Learn which foods provide nutrient-rich benefits and make them part of your heart-healthy lifestyle. Healthy food can be delicious. Bring your friends! RSVP to Valerie Krause at 718-227-3200 or vkrause@ymcanyc.org.

› Celebrate with Red

Wednesday, February 14th

Help us celebrate the season of love—and American Heart Month—by wearing red on Valentine’s Day. Everyone is welcome to join, members, staff and students. Show the love on this special day!

› Holiday Camp

February 16th & 19th - 23rd

Midwinter Recess = FUN AT THE Y! When school’s out, the Y is here with activities designed to keep your kids having fun all week long. Holiday camp is open to children ages 4-12 and runs from 8am-5pm each day. Cost for members is \$40 per child per day; non-members cost is \$50 per child per day. For more information, contact Arielle Fiorica at afiorica@ymcanyc.org.

› FREE GUITAR LESSON DEMO CLASS

Saturday, February 17th, 11:00AM

FREE GUITAR LESSON DEMO CLASS on February 17th at 11:00AM. Join us and bring your guitar! Our beginner guitar lessons are designed for kids ages 6-12. Contact Tylar Simon at 718-227-3200 or tsimon@ymcanyc.org.

› Camp Registration OPEN On Going

Is your child ready for a summer of fun and adventure? Look no further than YMCA camps. We offer options for children ages 3-16 at our branch camps located at 3939 Richmond Avenue, or our Outdoor Adventure Day Camp at Pouch Camp, located at 1465 Manor Rd. Registration is open, sign up by April 21st for a 10% Early Bird Discount!

› Preschool Registration Ongoing

Registration is open for the 2018-19 school year at the South Shore YMCA for Nursery School, Pre-K 3 and Pre-K for All. Questions? Contact Bonnie Schiuma at 718-227-3200 or bschiuma@ymcanyc.org.

› Dine `N Dance Reservations Thru February 23rd

It’s time to kick up your heels for Staten Island kids and families. All proceeds from our Dine `N Dance event, held **Friday, March 9th**, benefit our Annual Campaign, ensuring no one is turned away from our services due to the inability to pay. This year our honorees are Angela Mirizzi-Olsen, Dr. Ginny Mantello, Dr. Mark Sherman & Jacob Carey. Our Event Chair is Gerald Amerosi. Tickets, sponsorships and electronic journal ads available. Reserve your seat today by contacting Tracy Bilotto (718) 907-6069.

MARK YOUR CALENDAR

Feb. 8th & 12th	Healthy Heart Seminar
Feb. 14th	Celebrate with Red
Feb. 16th & 19th -23rd	Holiday Camp
Feb. 17th	FREE Guitar Lessons Demo
On Going	Camp & Preschool Registration
Thru Feb. 23rd	Dine `N Dance Reservations

YMCA OF GREATER NEW YORK South Shore YMCA 3939 Richmond Avenue Staten Island, NY 10312 718-227-3200

New York City’s YMCA | WE’RE HERE FOR GOOD.®

ymcanyc.org/southshore

[SISouthShoreY](https://www.facebook.com/SISouthShoreY)

[@SISouthShoreY](https://twitter.com/SISouthShoreY)

[statenislandsouthshoreymca](https://www.instagram.com/statenislandsouthshoreymca)