

# SPORTS CAMP A SUMMER OF FUN



## 2017 SPORTS CAMP INFORMATION

### SESSIONS AND FEES

Program Session is 2 weeks. Participants can enroll in any combination of weeks.

Sessions/Weeks	Dates	Members	Non-Member
Session 1   Week 1	July 3 - July 7	\$336	\$396
Session 1   Week 2	July 10 - July 14	\$420	\$495
Session 2   Week 3	July 17 - July 21	\$420	\$495
Session 2   Week 4	July 24 - July 29	\$420	\$495
Session 3   Week 5	July 31 - August 4	\$420	\$495
Session 3   Week 6	August 7 - August 11	\$420	\$495
Session 4   Week 7	August 14 - August 18	\$420	\$495
Session 4   Week 8	August 21 - August 25	\$420	\$495

### HOURS OF OPERATION

Monday - Friday 9:00 AM - 5:00 PM

#### Extended Hours

Morning: 8-9 AM; \$55 per week | Afternoon: 5-6 PM; \$55 per week | AM/PM: \$100 per week

### OPEN HOUSES

Saturday, January 7	Saturday, March 4	Saturday, May 20
Saturday, January 21	Saturday, April 29	Saturday, June 3

10:00 AM - 3:00 PM in the West Side YMCA Lobby

### PARENT ORIENTATION

Parents should plan on attending one of the following camp orientations once they are registered.

Tuesday, June 6, 2017	6:00 - 7:00 PM
Wednesday, June 21, 2017	6:00 - 7:00 PM

### PROMOTIONAL OFFERS

Early Bird Discounts: 10% discount for participants who are registered and paid in full by May 20. Siblings Discounts: 10% discount for each additional sibling. Discounts cannot be combined. Financial Aid is available.

### 3RD PARTY PAYMENT & UNION VOUCHERS

We accept TWU Local 100, and 1199 SEIU vouchers. You must have your confirmation letter with you at the time of registration.

### PAYMENT INFORMATION

A \$150 non-refundable deposit per child is required for each registered session. (\$75/week)

### SPORTS CAMP FULL PAYMENT DEADLINES ARE:

Weeks 1-4 due by June 15, 2017      Weeks 5-8 due by July 15, 2017

## FINANCIAL ASSISTANCE

Financial Assistance applications will be available on January 2.

The completed form must be returned by April 14. Please note that for a form to be considered complete we require proof of income and expenses.

We will mail financial aid award letters on May 5.

Please note that we have a limited amount of financial aid to give, and we do consider the applications on a first-come, first-serve basis.

## FOR MORE INFORMATION

#### Please contact:

Ciaseem Andrews  
Day Camp Director  
Youth & Family Department  
212-912-2668  
candrews@ymcanyc.org

## ABOUT WEST SIDE

The West Side YMCA has been serving the needs of our community since 1929. Its four centers, Youth and Family, Healthy Lifestyles, Membership and Guest Accommodations provide diverse programming and services for people of all ages.

## GENERAL INFO

**WEST SIDE YMCA**  
5 West 63rd Street  
New York, NY 10023  
212-912-2600  
ymcanyc.org/westside

# A SUMMER TO DISCOVER



## WEST SIDE YMCA Sports Camp 2017

### CAMP DESCRIPTION

#### SPORTS CAMP | AGES 7 - 12

Our Sports Camp is designed to enhance various sports skills and fundamentals in age-appropriate groups. Through the coaching and support of camp staff with backgrounds or education in sports, campers will learn the history, rules and key skills in tennis, basketball and soccer, all while practicing their techniques in mini-games. The tennis specialty program incorporates the USTA QuickStart Tennis format which allows kids to rally and play tennis early. Basketball offers a daily format of fundamental instruction, clinics, drills and team games, which will allow players the opportunity to develop and refine their basketball skills. The soccer program is designed to help young children discover the joy of soccer, and it's a great way to keep young ones fit and introduce them to a lifelong sport. In addition, campers will explore the values of teamwork, good sportsmanship and strong work ethics.



### WHAT YOU NEED TO KNOW

#### STAFF

The counselors are experienced in working with children. There is a 5:1 ratio with youngest groups staffed by a Senior Counselor and three Counselors. Ratios for older children are as follow:

AGES 6 - 7: 7:1  
AGES 8 - 11: 10:1  
AGES 12 - 14: 12:1

All staff are thoroughly vetted and trained by our professional facilitators for a minimum of 40 hours before camp begins. Trainings covered include: Behavior management, ages & stages of development, risk management, lesson implementation, and professionalism just to name a few.

#### FACILITY

Housed in the West Side YMCA, Sports Camp starts each day with instructional time in the gymnasium, and operates in various classroom settings. Each room is air-conditioned and equipped with age-appropriate materials and equipment. Campers play outdoors, using the rooftop playground or Central Park. On days when it is too hot or raining, the children use the indoor gymnasium and racquet courts. Campers will enjoy recreational and educational opportunities throughout the YMCA.

#### SWIMMING

Campers swim three times a week in a small, warm pool dedicated to lessons. All counselors are in the water, and two swim instructors, and a lifeguard supervise the children in the water at all times. The YMCA believes in a nurturing approach to swimming. Children are never forced into the water but gently cajoled. Usually, before you know it, everyone is happily splashing.

#### FIELD TRIPS

Campers participate in weekly, age appropriate field trips, using various forms of transportation. They will walk to the Carousel and the Central Park Zoo, go to the Children's Museum of Manhattan and bowl at Frames via public transportation.

#### SNACK AND LUNCH

Sports Camp is a nut-restricted camp. Parents are expected to provide a healthy lunch and snack for their child.