



THE Y NEWS



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

The latest happenings at the South Shore YMCA

April 2018

› Easter Sunday

April 1st

The South Shore branch will be open from 8:00AM-8:00PM. Classes will be running on a limited schedule. For more information, contact us

› Safety Around Water Week

April 2nd-6th

During Safety Around Water Week, the Y helps kids learn essential water safety skills, which can open up a world of possibilities for them to satisfy their curiosity safely. This program is **FREE** and open to the community. For more information, visit ymcanyc.org/southshore.

› School's Out Activities

April 2nd-6th

When school's out the Y is in. Join us for activities during the April Spring Break. Our fun and engaging activities are held from 8:00AM-5:00PM each day. The cost is \$40 per day for South Shore Y members or \$50 for program members. For more information, contact Arielle Fiorica at 718-227-3200 or afiorica@ymcanyc.org.

› Program Registration

Begins April 14th

Don't miss out on your favorite programs. Member Registration for our Spring 2 Session begins on Saturday, April 14th and Community Registration starts Saturday, April 21st. Registration can be done at the branch or by visiting ymcanyc.org/southshore.

› Clothing Collection

April 20th

We will be collecting wearable and usable clothing, linens, stuffed animals and more to benefit the Annual Campaign. The YMCA will receive 20 cents per pound for every pound collected. Donations can be dropped off at the South Shore YMCA parking lot on April 20th from 8:00AM-3:00PM.

› Healthy Kids Day

Saturday, April 21st

Join us for this fun and **FREE** community event. We will have loads of activities the whole family can enjoy along with local community vendors, all aimed at helping you lead a healthy, happy lifestyle.

› **NEW!** 21-Day Food Revolution

Take the journey to feeling better and having more energy with the 21-Day Food Revolution. This program will focus on strengthening your plant-based eating habits. Form a new eating habit that will transform the way you eat and live. This is a 4-week class. Contact Valerie Krause for start dates at 718-227-3200 or vkrause@ymcanyc.org.

MARK YOUR CALENDAR	
April 1st	Easter Sunday
April 2nd-6th	Safety Around Water Week
April 2nd-6th	School's Out Activities
April 14th	Registration Begins
April 20th	Clothing Collection
April 21st	Healthy Kids Day
Spring Session	21-Day Food Revolution

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