



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

#### Adult Swim Lesson Fees:

Member Fee: \$130  
Community Member Fee: \$210

#### Youth Swim Lesson Fees:

Member Fee: \$95  
Community Member Fee: \$190

#### Pre-school Swim Lesson Fees:

Member Fee: \$90  
Community Member Fee: \$180

#### Water Exploration & Art & Play Combo (8-week Session)

Member Fee: \$150  
Community Member Fee: \$300

Private Lessons are by appointment only. For more information, please email Aquatics Director, Justin Daniels at [jdaniels@ymcanyc.org](mailto:jdaniels@ymcanyc.org)

- ⇒ Proper swim attire is required for all persons entering the pool at all times (swim cap, bathing suits).
- ⇒ Children must be accompanied by an adult 18+ years of age while changing in the family, Men's or Women's locker rooms.
- ⇒ Pool is closed throughout the day in 15-minute increments for lifeguard breaks. Lifeguard breaks will occur at the top of every EVEN hour throughout the day.
- ⇒ Schedule is subject to change without notice.
- ⇒ **ALL CLASSES HAVE A 10-MINUTE GRACE PERIOD**

**\*\* Aqua Aerobics has a 19-person max, per class\*\***

For more information, please contact Aquatics Director, Justin Daniels at (212) 912 - 2116 or [jdaniels@ymcanyc.org](mailto:jdaniels@ymcanyc.org)

#### Pool Operating Hours

Monday - Friday	6:00am - 10:30pm
Saturday	7:00am - 7:30pm
Sunday	8:30am - 7:30pm

For more information contact Justin Daniels  
at 212.912.2116 or email [jdaniels@ymcanyc.org](mailto:jdaniels@ymcanyc.org)



**Session 4**  
**July 2 - August 26, 2018**



# HARLEM YMCA AQUATICS

# POOL SCHEDULE

Classes with an \* will share the pool

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Aerobics	8:00 - 9:00am	8:00 - 9:00am 7:00 - 7:55pm	8:00 - 9:00am	8:00 - 9:00am 7:00 - 7:55pm	8:00 - 9:00am	8:00 - 8:55am 9:00 - 9:55am	
Deep Aqua Impact							
Youth Aquatic Lessons	4:00 - 7:15pm	4:00 - 7:00pm	4:00 - 7:15pm	4:00 - 7:00pm	4:00 - 7:15pm	10:00 - 4:00pm	11:00 - 2:30pm
Lap Swim	6:00 - 7:55am 12:15 - 1:45pm 7:15 - 10:30pm	6:00 - 7:55am 12:15 - 1:45pm 8:15 - 10:30pm	6:00 - 7:55am 12:15 - 1:45pm 7:15 - 10:30pm	6:00 - 7:55am 12:15 - 1:45pm 8:15 - 10:30pm	6:00 - 7:55am 12:15 - 1:45pm 7:15 - 10:30pm	6:30 - 7:55am 6:15 - 7:30pm	8:30 - 10:55am 4:15 - 7:30pm
Family Swim						4:15 - 6:00pm	2:30 - 4:00pm
Adult Lessons			Beginner 6:15 - 7:00pm			Beginner 3:00 - 3:45pm	11:00 - 11:45am
External Groups							

Lifeguard breaks occur for 15-minutes at the top of every **EVEN** hour throughout the day at **8:00am, 10:00am, 12:00pm, 2:00pm and 4:00pm.**

**\*\* Aqua Aerobics has a 19-person max, per class\*\***