




































* Schedule subject to change, please visit Branch Updates on ymcanyc.org/mcburney

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:30am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	GYM CLOSED	GYM CLOSED		
6:00am	<div>6:00am - 10:30am Level 2 Full Court B-Ball</div> 	<div>6:00am - 9:30am Level 1 Full Court B-Ball</div> 	<div>6:00am - 10:30am Level 2 Full Court B-Ball</div> 	<div>6:00am - 9:30am Level 1 Full Court B-Ball</div> 	<div>6:00am - 10:30am Level 2 Full Court B-Ball</div> 			<div>7:00am - 9:30am Level 2 Half Court B-Ball</div> 	<div>7:00am - 9:30am Full Court Basketball</div> 
6:30am									
7:00am									
7:30am									
8:00am									
8:30am	<div>9:30am - 10:30am Open Gym</div> 	<div>9:30am - 10:30am Open Gym</div> 	<div>9:30am - 10:30am Open Gym</div> 	<div>9:30am - 11:30am Handball</div>					
9:00am									
9:30am									
10:00am									
10:30am	<div>10:30am - 12:00pm Alt School PE</div>	<div>10:30am - 12:10pm Alt School PE</div>	<div>11:00am - 12:00pm Open Gym</div> 	<div>10:30am - 12:10pm Alt School PE</div>	<div>10:30am - 12:10pm Alt School PE</div>	<div>10:30am - 12:00pm Instructional Basketball</div>	<div>11:30am - 4:00pm Paddle Ball/Racquetball</div> 		
11:00am									
11:30am									
12:00pm	<div>12:00pm - 1:00pm Open Gym</div> 	<div>12:10pm - 12:40pm Harvest Collegiate PE</div>	<div>12:10pm - 12:40pm Harvest Collegiate PE</div>	<div>12:10pm - 12:40pm Harvest Collegiate PE</div>	<div>12:10pm - 12:40pm Harvest Collegiate PE</div>	<div>12:00pm - 1:00pm Open Gym</div> 			
12:30pm									
1:00pm	<div>1:00pm - 2:00pm Half Court B-Ball</div> 	<div>1:00pm - 4:00pm Open Gym</div> 	<div>1:00pm - 2:00pm Half Court B-Ball</div> 	<div>1:00pm - 3:30pm Open Gym</div> 	<div>12:15pm - 4:00pm Open Gym</div>	<div>1:00pm - 6:00pm Paddle Ball</div> 	<div>4:00pm - 5:30pm Birthday Parties</div>		
1:30pm									
2:00pm	<div>2:00pm - 6:00pm Paddle Ball</div> 	<div>4:00pm - 5:00pm YGames</div>	<div>2:00pm - 6:00pm Paddle Ball</div> 	<div>3:30pm - 5:00pm Success Academy</div>	<div>4:00pm - 6:00pm Instructional Basketball (Full Court)</div>	<div>5:30pm - 7:00pm Open Gym</div> 			
2:30pm									
3:00pm		<div>5:00pm - 6:00pm Open Gym</div> 	<div>5:00pm - 6:00pm Open Gym</div>	<div>5:00pm - 6:00pm Open Gym</div>	<div>6:00pm - 7:30pm Interval Training (FULL COURT) (Set up 6:00pm - 6:30pm)</div>	<div>6:00pm - 8:00pm Level 2 Half Court B-Ball</div> 	<div>7:00pm - 8:00pm Level 2 Full Court B-Ball</div> 		
3:30pm									
4:00pm									
4:30pm	<div>7:30pm - 11:00pm Paddle Ball/Racquetball</div> 	<div>7:00pm - 11:00pm Level 2 Full Court B-Ball</div> 	<div>7:30pm - 9:00pm Open Gym</div> 	<div>6:00pm - 9:00pm Paddle Ball</div> 	<div>6:30-9:00pm Teen Center</div>	<div><div><div>BASKETBALL LEAGUE</div><div>FAMILY OPEN GYM</div><div>OPEN GYM-BASKETBALL</div><div>RENTALS</div><div>ELP/AFTERSCHOOL PROGRAMS</div><div>GROUP EXERCISE CLASSES</div><div>YOUTH PROGRAMS</div><div>TEEN PROGRAMS</div><div>PADDLEBALL/RACQUETBALL</div></div></div>			
4:30pm									
5:00pm									
5:30pm									
6:00pm									
6:30pm	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED				
7:00pm									
7:30pm									
8:00pm	<div>7:30pm - 11:00pm Paddle Ball/Racquetball</div> 	<div>7:00pm - 11:00pm Level 2 Full Court B-Ball</div> 	<div>7:30pm - 9:00pm Open Gym</div> 	<div>6:00pm - 9:00pm Paddle Ball</div> 	<div>6:30-9:00pm Teen Center</div>	<div><div><div>BASKETBALL LEAGUE</div><div>FAMILY OPEN GYM</div><div>OPEN GYM-BASKETBALL</div><div>RENTALS</div><div>ELP/AFTERSCHOOL PROGRAMS</div><div>GROUP EXERCISE CLASSES</div><div>YOUTH PROGRAMS</div><div>TEEN PROGRAMS</div><div>PADDLEBALL/RACQUETBALL</div></div></div>			
8:30pm									
9:00pm									
9:30pm									
10:00pm									
10:30pm	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED				
11:00pm									

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GYM CLOSED

- **BASKETBALL LEAGUE**
- **FAMILY OPEN GYM**
- **OPEN GYM-BASKETBALL**
- **RENTALS**
- **ELP/AFTERSCHOOL PROGRAMS**
- **GROUP EXERCISE CLASSES**
- **YOUTH PROGRAMS**
- **TEEN PROGRAMS**
- **Available boxing times for heavy**

- Available boxing times for heavy bags use.