GYM A - Winter Schedule (Effective 2/1/2018) · Schedule subject to change, please visit Branch Updates on ymcanyc.org/mcburney

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
6:00am						GYM CLOSED	GYM CLOSED
6:30am							
7:00am							
7:30am		6:00am - 9:30am Level 1 Full Court B-Ball		6:00am - 9:30am Level 1 Full Court B-Ball			
8:00am	6:00am - 10:30am Level 2 Full Court B-Ball		6:00am - 10:30am	(D)	6:00am - 10:30am <i>Level 2</i> Full Court B-Ball	7:00am - 9:30am <i>Level 2</i> Half Court B-Ball	7:00am - 9:30am Full Court Basketball
8:30am	A COURT OF SUM		Level 2 Full Court B-Ball	W	zerer z Tan Coare B Ban	Description Court & Sum	(C)
9:00am	H					#	#
9:30am		9:30am - 10:30am Open Gym		4 9:30am - 10:30am		9:30am - 10:30am	
10:00aı		4		Open Gym		Open Gym	9:30am - 11:30am
10:30aı							Handball
11:00aı	10:30am - 12:00pm Alt School PE	10:30am - 12:10pm	11:00am - 12:00pm	10:30am - 12:10pm	10:30am - 12:10pm	10:30am - 12:00pm Instructional Basketball	
11:30aı	AIL SCHOOL PE	Alt School PE	Open Gym	Alt School PE	Alt School PE	IIISTI UCTIONAL DASKETDAN	
12:00pi	12:00pm - 1:00pm	10.10	40.40	10.10 10 11	42.42	12:00pm - 1:00pm	
12:30pi	Open Gym	12:10pm - 12:40pm Harvest Collegiate PE	12:10pm - 12:40pm Harvest Collegiate PE	12:10pm - 12:40pm Harvest Collegiate PE	12:10pm - 12:40pm Harvest Collegiate PE	Open Gym	
1:00pm	1:00pm - 2:00pm		1:00pm - 2:00pm	_	1		
1:30pm	1:00pm - 2:00pm Half Court B-Ball		Half Court B-Ball	1			11:30am – 4:00pm Paddle Ball/Racquetball
2:00pm		1:00pm - 4:00pm		1:00pm - 3:30pm Open Gym	12:15pm - 4:00pm		raddie ball/Racquetball
2:30pm		Open Gym		Topen dyin	Open Gym		
3:00pm						1:00pm - 6:00pm	
3:30pm	2:00pm – 6:00pm Paddle Ball		2:00pm - 6:00pm Paddle Ball			Paddle Ball	
4:00pm	r addie ball	4:00pm - 5:00pm	r dddie ball	3:30pm - 5:00pm			
4:30pm		YGames		Success Academy	4:00pm - 6:00pm		4:00pm - 5:30pm
5:00pm		5:00pm - 6:00pm	- 1	5:00pm - 6:00pm	Instructional Basketball (Full Court)		Birthday Parties
5:30pm		Open Gym		Open Gym			5:30pm - 7:00pm
6:00pm	6:00pm - 7:30pm	6:00pm - 7:00pm	Open Gym				Open Gym
6:30pm	Interval Training (FULL COURT)	Train Like An Athlete (FULL COURT)	6:30pm - 7:30pm			6:00pm - 8:00pm <i>Level 2</i> Half Court B-Ball	7:00pm – 8:00pm
7:00pm	(Set up 6:00pm - 6:30pm)	, , , , , , , , , , , , , , , , , , , ,	YAI Basketball	6:00pm - 9:00pm	6:30-9:00pm		Level 2 Full Court B-Ball
7:30pm				Paddle Ball	Teen Center	#	
8:00pm			7:30pm - 9:00pm			GYM CLOSED	GYM CLOSED
8:30pm	7:30pm - 11:00pm	7:00pm - 11:00pm	Open Gym			BASKETBALL LEAGUE	
9:00pm	Paddle Ball/Racquetball	Level 2 Full Court B-Ball				FAMILY OPEN GYM	
9:30pm			9:00pm — 11:00pm <i>Level 2</i> Full Court B-Ball	9:00pm - 11:00pm Level 2 Half Court B-Ball	9:00pm - 11:00pm	• OPEN GYM-BASKETBALL • RENTALS	
10:00рі					Open Gym	 ELP/AFTERSCHOOL PROGRAM GROUP EXERCISE CLASSES 	IS
10:30рг				#	•	YOUTH PROGRAMS	
11:00рг	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	• TEEN PROGRAMS • PADDLEBALL/RACQUETBALL	
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GYM B - Winter Schedule (Effective 2/1/2018) · Schedule subject to change, please visit Branch Updates on ymcanyc.org/mcburney

3-30m GORN SYM G		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.00am - 1.100am 1.00am - 1.200pm 6.00am - 1.100am 6.00am 6.00am 6.00am - 1.100am 6.00am 6.00am 6.00am - 1.100am 6.00am 6.	5:30am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
7.00m 7.00	6:00am						GYM CLOSED	GYM CLOSED
3.00m	6:30am							
### ### ##############################	7:00am							
5.00am - 1.100am 2.00pm 2.00pm 1.00am - 1.200pm 1.200pm - 3.00pm 0.0am 0	7:30am							
S-30m S-30	8:00am	6:00am - 11:00am		6:00am - 10:30am		6:00am - 11:00am		
9.30 mm 10.00m 10.00m 10.00m 11.00m 12.00pm 11.00m 12.00pm 11.00m 12.00pm 12	8:30am	Level 2 Full Court B-Ball	6	Level 2 Full Court B-Ball	6	Level 2 Full Court B-Ball	Open Gym	
11:00m − 12:00pm	9:00am							
11:00am - 12:00pm ELP Program 11:00am - 12:00pm ELP Program 11:00am - 12:00pm ELP Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program 11:00am - 12:00pm Ready, Set, Math & Read Program Ready, Set, Math & Read Program Pr	9:30am							
11:00am - 12:00pm 11:00am - 12:00pm Ready, Set, Math & Read 11:00am - 12	10:00aı		9.30am - 12.00am		9-20-m - 12-00-m			
11:00am - 12:00pm Ready, Set, Math & Read Ready, Set, Math & Ready, Set, Math & Ready, Set, Math & Read Ready, Set, Math & Read Ready, Set, Math & Ready, Set,	10:30aı						•	
11:30	11:00aı	11:00am - 12:00am		11:00am - 12:00pm		11:00am - 12:00pm		
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12:00pm 3:00pm 3:	12:00pi							
12:00pm	12:30pi							
1:30pm	1:00pm			open dyn		1		12-30nm - 2-30nm
2:00pm 2:30pm 3:00pm - 3:30pm	1:30pm	¶ Open Gym	Open Gym		Open Gym		12·30nm - 3·30nm	
2:30pm 3:00pm 3:30pm 4:00pm A/terSchool 3:30pm - 4:00pm AfterSchool 4:00pm AfterSchool 4:30pm - 5:00pm Sports Bugs 3:30pm - 4:30pm PS 41 Gym & Swim Qpen Gym Qpen Gym Qpen Gym Sports Bugs 3:30pm - 6:00pm PS 41 Gym & Swim Qpen Gym Qpen Gym Qpen Gym Qpen Gym Sports Bugs 3:30pm - 6:00pm Qpen Gym Qpen Gym Qpen Gym Sports Bugs 5:00pm - 6:00pm Sports Bugs 5:00pm - 6:00pm Qpen Gym Qpen	2:00pm					•		
3:30pm	2:30pm			winston Prep basketball				
3:30pm 4:00pm 3:30pm - 6:00pm	3:00pm	3:00pm - 3:30pm A/S	3-00nm = 4-00nm		3:00pm - 3:30pm A/S			2-30nm = 5-00nm
4:00pm	3:30pm				3-30nm - 4-30nm		3.30nm - 4.30nm	
4:30pm	4:00pm		4.00nm - 5.00nm	3.00nm - 6.00nm				
5:00pm 6:00pm 7:00pm 7:0	4:30pm							
5:30pm Success Academy PE Side Total Tumbing 6-3 6:00pm 6:00pm - 7:30pm Interval Training (FULL COURT) Side Train Like An Athlete (FULL COURT) 7:00pm 7:30pm Revel 2 Full Court B-Ball 9:00pm 7:30pm 11:00pm Level 2 Full Court B-Ball 10:00p 10:30pm 10:3	5:00pm	Instructional Basketball	F.00nm F.00nm					
6:30pm Coopm Coopm	5:30pm				Youth lumbling 6-9	(5.11 5 5 1.15	Birthday Party	
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7:30pm (Set up 6:00pm - 6:30pm) 8:30pm 8:30pm 9:00pm Teen Center Te		Interval Training	Train Like An Athlete				6.20nm 9.00	
7:30pm 3:00pm 7:30pm 11:00pm 2:00pm 11:00pm 2:00pm 10:00pm 10:30pm 1	——————————————————————————————————————		U DEE COOKIN	New School		New School		Level 2 Full Court B-Ball
8:00pm 8:30pm 9:00pm 9:30pm 10:30pp 10:30pp 10:30pp 8:00pm 10:30pp 8:00pm 10:30pp 7:30pm - 11:00pm Level 2 Half Court B-Ball 7:30pm - 9:00pm Open Gym 7:30pm - 9:00pm Open Gym 7:30pm - 9:00pm Open Gym 7:30pm - 11:00pm Volleyball 7:00pm - 11:00pm Volleyball 9:00pm - 11:00pm Open Gym 9:00pm - 11:00pm Open Gym 10:00pp 10:30pp 7:30pm - 9:00pm Open Gym 7:30pm - 9:00pm Teen Center 9:00pm - 11:00pm Open Gym 0 PEN GYM CLOSED 9:00pm - 11:00pm Open Gym 0 Open Gym 10:00pm Open Gym 10:00pm Open Gym Volleyball 7:00pm - 11:00pm Open Gym 10:00pm Open Gym 10	· ·						•	
8:30pm 9:00pm 10:00pi 10:30pi 10:30pi 8:30pm 10:30pi 7:00pm - 11:00pm Level 2 Full Court B-Ball 9:00pm - 11:00pm Open Gym 10:30pi 10:30pi 10:30pi 7:00pm - 11:00pm Open Gym 9:00pm - 11:00pm Open Gym 10:00pm Open Gym 10:00p							GYM CLOSED	GYM CLOSED
9:00pm 7:30pm - 11:00pm Level 2 Half Court B-Ball 9:00pm - 11:00pm Level 2 Full Court B-Ball 9:00pm - 11:00pm Level 2 Full Court B-Ball 9:00pm - 11:00pm Open Gym 0 0 0 0 0 0 0 0 0			7.00 11.00	Open Gym	7.00 11.00	Teen Center		
9:30pm 10:30pt 10:30pt 10:30pt 9:30pm 10:30pt 9:00pm - 11:00pm Level 2 Full Court B-Ball 9:00pm - 11:00pm Open Gym 9:00pm - 11:00pm Open Gym 0:00pt 0:00pm - 11:00pm Open Gym 0:00pm - 11							 FAMILY OPEN GYM 	
10:30pi 10:		Level 2 Half Court B-Ball				0.00 11.00-		ALL 💖
• YOUTH PROGRAMS • TEEN PROGRAMS			***				ELP/AFTERSCHOOL P	
• IEEN PRUGRAMS				\mathscr{W}		7	 YOUTH PROGRAMS 	1
	11:00рг	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED		s for heavy bags use.