

GYM A - Summer Schedule 2018 (Effective 7/02/18)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
6:00am						GYM CLOSED	GYM CLOSED
6:30am							
7:00am		6:00am-9:30am		6:00am - 9:30am			
7:30am		Level 1 FULL COURT		Level 1 FULL COURT		7:00am - 9:30am	
8:00am	6:00am - 11:00am <i>Level 2</i> FULL COURT	B-Ball	6:00am - 11:00am <i>Level 2</i> FULL COURT	B-Ball	6:00am - 11:00am <i>Level 2</i> FULL COURT	Level 2 Half Court	7:00am-9:30am Open Gym
8:30am	B-Ball	40	B-Ball		B-Ball	B-Ball	- ,
9:00am						10	
9:30am		Open Gym	#	Open Gym	40		
10:00am		10:00am - 12:00pm		10:00am - 12:00pm			9:30am -11:30am
10:30am		Paddle/Hand Ball		Paddle/Hand Ball		9:30am-1:00pm	Handball . J
11:00am	11.00 13.30		11:00am -12:30pm			Open Gym	3 4
11:30am	11:00am –12:30pm Open Gym		Open Gym	- 1			
12:00pm		12:00am -1:00pm		12:00am -1:00pm	11:00am - 2:00pm		
12:30pm		Open Gym		Open Gym	Open Gym		
1:00pm	12:30-2:00pm Summer Camp Basketball		12:30-2:00pm Summer Camp Basketball				11 200 4 00 00
1:30pm	Camp		Camp				11:30am – 4:00 pm Paddle Ball
2:00pm							
2:30pm		1:00-5:00pm		1:00 - 5:00pm	2:00-4:00pm Summer Camp Basketball		
3:00pm		Paddle Ball		Paddle Ball	Camp	1:00pm -6:00pm	
3:30pm	3.00 5.00					Paddle Ball	
4:00pm	2:00-6:00pm Open Gym		2:00-6:30pm			Games and the same of the same	
4:30pm			Open Gym				4:00pm - 7:00pm
5:00pm		5:00-6:00pm		5:00-6:00pm			Open Gym
5:30pm		Open Gym		Open Gym			
6:00pm	6.00-7-20	6:00-7:00pm				6:00pm - 8:00pm	
6:30pm	6:00–7:30pm Super Sculpt	Peak Conditioning	6:30pm - 7:30pm			Level 2 Half Court	7:00pm - 8:00pm
7:00pm			YAI	6:00pm - 9:00pm	4:00-11:00pm	B-Ball	<i>Level 2</i> FULL COURT B-Ball
7:30pm			7.30 0.00	Paddle/Hand Ball	Open Gym		
8:00pm		7:00pm - 11:00pm	7:30-9:00pm Open Gym			GYM CLOSED	GYM CLOSED
8:30pm	7:30pm - 11:00pm Paddle/Hand Ball	Level 2 FULL COURT B-Ball		- 4		- DACKETBALL LEAGUE	
9:00pm	raddie/nand bail					BASKETBALL LEAGUE FAMILY GYM	
9:30pm			9:00pm - 11:00pm <i>Level 2</i> FULL COURT	9:00pm - 11:00pm <i>Level 2</i> Half Court		BASKETBALLSCHOOL PROGRAMS	
10:00pm		#	B-Ball	B-Ball		 GROUP EXERCISE CL 	ASSES
10:30pm						 YOUTH PROGRAMS PADDLE BALL 	
11:00pm	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED		



GYM B - Summer Schedule 2018 (Effective 7/02/18)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
6:00am						GYM CLOSED	GYM CLOSED
6:30am							
7:00am		6:00am - 9:30am		6:00am - 9:30am			
7:30am		Level 1 FULL COURT		Level 1 Full Court B-Ball			
8:00am	Level 2 6:00am - 11:00am	B-Ball	6:00am - 10:00am <i>Level 2</i> FULL COURT	B-Ball	6:00am - 11:00am <i>Level 2</i> FULL COURT		
8:30am	FULL COURT B-Ball	96	B-Ball	40	B-Ball		7.00
9:00am							7:00am - 11:30am <i>Level 2</i> Half Court B-Ball
9:30am	H				Al O		
10:00am							AQ .
10:30am		9:30am - 1:00pm	10.00 11.00				
11:00am		Open Gym	10:00am-11:00am	9:30am - 1:30pm			
11:30am	11:00am-1:00pm Open Gym			Open Gym	11:00am-1:00pm		
12:00pm	Open dym				Open Gym	7:00am - 7:00pm	
12:30pm			11:00am-1:00pm Open Gym			Open Gym	
1:00pm							
1:30pm				1:00-4:00pm			
2:00pm	1:00-4:00pm Summer Circus Camp	1:00-4:00pm Summer Circus Camp	1:00-4:00pm Summer Circus Camp	Summer Circus Camp	1:00-4:00pm		
2:30pm					Summer Circus Camp		11:30am - 7:00pm Open Gym
3:00pm 3:30pm							- 7
4:00pm							
4:30pm				4:00-6:00pm			
5:00pm	4:00-6:00pm Open Gym	4:00-6:00pm Open Gym		Open Gym			
5:30pm				4			
6:00pm	•	6:00-7:00nm	400 000	500 700			
6:30pm	6:00pm - 7:30pm Super Sculpt	6:00–7:00pm Peak Conditioning (Full court)	4:00pm - 9:00pm Open Gym	6:00pm – 7:00pm Super Sculpt		7:00pm - 8:00pm	7:00pm – 8:00pm
7:00pm	(FULL COURT)				4.00 11.00	Level 2 FULL COURT	Level 2 FULL COURT
7:30pm					4:00-11:00pm Open Gym	B-Ball	B-Ball
8:00pm						GYM CLOSED	GYM CLOSED
8:30pm		7:30pm - 11:00pm		7:00pm - 11:00pm		BASKETBALL LEAGUE	
9:00pm	7:30pm - 11:00pm <i>Level 2</i> Half Court	Level 2 Full Court B-Ball		Volleyball	-	 FAMILY Open GYM 	
9:30pm	B-Ball		9:00pm-11pm			BASKETBALLSCHOOL PROGRAMS	
10:00pm			Level 2 Full Court B-Ball			 EARLY CHILDHOOD P GROUP EXERCISE CL 	
10:30pm						YOUTH PROGRAMS	
11:00pm	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	Available boxing time use.	es for speed and heavy bags