



JUST FOR KIDS

SUMMER / SESSION 4: 7/2/18 - 8/29/18

(as of 6.7.18)



CLASS NAME	LEVEL/AGE RANGE	DAY	START TIME	END TIME	FEE	ROOM
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Childwatch Hours: Mon, Tues, & Thurs 6:15 PM - 8:30 PM / Wed. 6:30-8:30 PM / Saturday 8:45 AM - 1:15 PM

PRESCHOOL/ TODDLER

Check back for our Fall Line-up in August 2018

EC Center - 176 Java

EARLY CHILDHOOD TOURS (NEW FAMILIES)

EC Tours (School Year)	First Tuesday of every month	Tuesday	9:30 AM	10:15 AM	NO COST	EC Center - 176 Java
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MY GROWN UP AND ME

Art & Swim	Ages 18 - 36 months	Saturday	9:15-9:45 am (Gym)/10-10:30 am (Swim)		Member \$105/ NM \$187	Studio B/ Pool
Gym & Swim Starters	Ages 6-18 months	Monday	9:15-9:45 am (Gym)/10-10:30 am (Swim)		Member \$105/ NM \$187	Gym/ Pool
Gym & Swim Starters	Ages 18-36 months	Monday	9:50-10:20 am (Gym)/ 10:30-11 am (Swim)		Member \$105/ NM \$187	Gym/ Pool
Baby & Me Yoga	Ages 1-10 months	Monday	11:00 AM	11:50 AM	FREE - Y Family Members	Studio A
Baby & Me Yoga	Ages 1-10 months	Wednesday	1:00 PM	1:50 PM	FREE - Y Family Members	Studio A
Baby & Me Yoga	Ages 1-10 months	Friday	1:00 PM	1:50 PM	FREE - Y Family Members	Studio A
Tot & Me Yoga	Ages 10 - 24 months	Tuesday	12:00 PM	12:50 PM	FREE - Y Family Members	Studio A
Tot & Me Yoga	Ages 10 - 24 months	Wednesday	10:00 AM	10:50 AM	FREE - Y Family Members	Studio A

LIBRARY AT THE Y

Toddler Time	Ages 18 months - 3 years	Tuesday	10:00 AM	10:30 AM	FREE	Studio A
Babies and Books	Ages 0 - 18 months	Thursday	10:00 AM	10:30 AM	FREE	Studio A

DANCE & MOVEMENT

Check back for our Fall Line-up in August 2018

ARTS

Check back for our Fall Line-up in August 2018

MUSIC

Check back for our Fall Line-up in August 2018

SPORTS, MARTIAL ARTS & FITNESS

Fees per 8 week session: D: Member \$91/ Community Member \$159

Shotokan Karate - Beg.	Ages 4 - 6	Saturday	12:00 PM	1:00 PM	Fee: D	Studio B
Shotokan Karate - Beg.	Ages 7 - 12	Saturday	1:00 PM	2:00 PM	Fee: D	Studio B
Shotokan Karate - Adv.	Ages 7 - 12	Saturday	2:00 PM	3:00 PM	Fee: D	Studio B

Check back for our Fall Line-up of Sports in August 2018

FAMILY & YOUTH OPEN GYM

Open Play - Family Play Time	Families & Kids Ages 5 & under	Monday	10:30 AM	11:50 AM	FREE - Y Family Members	Gym
Open Play - Family Play Time	Families & Kids Ages 5 & under	Tuesday	8:00 AM	9:50 AM	FREE - Y Family Members	Gym
Open Play - Family Play Time	Families & Kids Ages 5 & under	Wednesday	11:00 AM	11:30 PM	FREE - Y Family Members	Gym
Open Play - Family Play Time	Families & Kids Ages 5 & under	Friday	11:00 AM	11:50 AM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Tuesday	11:00 AM	11:50 AM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Tuesday	3:30 PM	4:30 PM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Wednesday	11:30 AM	1:30 PM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Thursday	11:00 AM	11:50 AM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Thursday	3:00 PM	4:00 PM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Friday	3:00 PM	4:30 PM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Saturday	1:00 PM	4:00 PM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Sunday	7:00 AM	9:45 AM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Sunday	2:40 PM	3:40 PM	FREE - Y Family Members	Gym

SPECIALTY CLASSES - PARENT/CHILD | 6 - 36 MONTHS

Fee: Member: \$105 per 8 week session/ Program Member: \$187 per 8 week session

Gym/ Swim A/ Water Discovery	(6-18 months)	Monday	9:15-9:45 AM (Gym)/10-10:30 AM (Swim/ Pool)			Gym/ Pool
Gym/ Swim B/ Water Exploration	(18-36 months)	Monday	9:50-10:20 AM (Gym)/ 10:30-11 AM (Swim/Pool)			Gym/ Pool
Art/ Swim B/ Water Exploration	(18-36 months)	Saturday	9:15-9:45 AM (Art-Studio B)/ 10:00 - 10:30 AM (Swim-Pool)			LL/ Pool

PARENT/CHILD SWIM | 6 - 18 MONTHS

Fee: Member: \$92 per 8 week session/ Program Member: \$171 per 8 week session

Swim Starters (6-18 months)	Stage A/ Water Discovery	Saturday	9:15 AM	9:45 AM		Pool
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PRESCHOOL SWIM | 3-5 YEARS OLD

Fee: Member: \$92 per 8 week session/ Program Member: \$171 per 8 week session

Swim Basics	Stage 1/ Water Acclimation	Tuesday	3:30 PM	4:00 PM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Wednesday	3:30 PM	4:00 PM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Saturday	10:40 AM	11:10 AM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
Swim Basics w/ Parent	Stage 1/ Water Acclimation	Sunday	9:30 AM	10:00 AM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Sunday	10:00 AM	10:30 AM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Tuesday	4:10 PM	4:40 PM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Thursday	3:30 PM	4:00 PM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Saturday	10:40 AM	11:10 AM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Sunday	10:40 AM	11:10 AM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Tuesday	4:50 PM	5:20 PM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Sunday	11:20 AM	11:50 PM	3-5 years old	Pool
Swim Strokes	Stage 4/ Stroke Introduction	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool

YOUTH SWIM | 5-12 YEARS OLD

Fee: Member: \$105 per 8 week session/ Program Member: \$187 per 8 week session

Swim Basics	Stage 1/ Water Acclimation	Saturday	12:40 PM	1:25 PM	5-12 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Saturday	1:35 PM	2:20 PM	5-12 years old	Pool
Swim Basics	Stage 2/ Water Movement	Thursday	4:10 PM	4:55 PM	5-12 years old	Pool
Swim Basics	Stage 2/ Water Movement	Saturday	12:40 PM	1:25 PM	5-12 years old	Pool
Swim Basics	Stage 2/ Water Movement	Saturday	2:30 PM	3:15 PM	5-12 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Wednesday	4:10 PM	4:55 PM	5-12 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Saturday	1:35 PM	2:20 PM	5-12 years old	Pool
Swim Strokes	Stage 4/ Stroke Introduction	Wednesday	5:05 PM	5:50 PM	5-12 years old	Pool
Swim Strokes	Stage 4/ Stroke Introduction	Saturday	12:40 PM	1:25 PM	5-12 years old	Pool
Swim Strokes	Stage 4/ Stroke Introduction	Saturday	1:35 PM	2:20 PM	5-12 years old	Pool
Swim Strokes	Stage 4/ Stroke Introduction	Saturday	2:30 PM	3:15 PM	5-12 years old	Pool
Swim Strokes	Stage 4/ Stroke Introduction	Sunday	12:00 PM	12:30 PM	5-12 years old	Pool
Swim Strokes	Stage 5/ Stroke Development	Thursday	5:05 PM	5:50 PM	5-12 years old	Pool
Swim Strokes	Stage 5/ Stroke Development	Thursday	6:00 PM	6:45 PM	5-12 years old	Pool
Swim Strokes	Stage 6/ Stroke Mechanics	Monday	4:30 PM	5:15 PM	5-12 years old	Pool

TEEN SWIM | 12-17 YEARS OLD

Fee: Member: \$105 per 8 week session/ Program Member: \$187 per 8 week session

None Scheduled

FAMILY SWIM

Family, Youth & Private Swim	Families	Monday	2:15 PM	3:15 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Monday	5:30 PM	6:55 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Wednesday	6:00 PM	6:55 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Friday	3:45 PM	6:00 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Saturday	3:30 PM	5:00 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Sunday	1:45 PM	3:00 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Sunday	4:45 PM	6:00 PM	FREE - Y Family Members	Pool

GET SOCIAL: FACEBOOK AND TWITTER - GREENPOINTYMCA



CELEBRATE WITH US!

Having a birthday party? Rent our pool on Sundays from 3:30 - 4:30 PM. Inquire at the front desk.

Space	Family Member	Individual Member	Non-Member	Availability
Pool per hour	\$ 178	\$ 195	\$ 208	Sun. 3:30 - 4:30 pm
Room per hour	\$ 72	\$ 83	\$ 97	Sun. 4:45 - 5:45 pm
Both Pool & Room	\$ 237	\$ 265	\$ 297	Sun. 2:30 - 3:00 pm Set-up Sun. 3:30 - 4:30 pm Pool Sun. 4:45 - 5:45 pm Room