



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STATEN ISLAND YMCA FACTS

OUR MISSION

The Staten Island YMCA is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities. With a focus on youth development, healthy living and social responsibility, the Y nurtures the potential of every youth and teen, improves Staten Island's health and well-being and provides opportunities to give back and support neighbors.

ENSURING ACCESS TO ALL

In 2015, we delivered more than \$4 million in free, subsidized or sponsored programs to more than 60,000 Staten Islanders, ensuring the availability of the YMCA's programs and services to those most in need.

THE Y. SO MUCH MORE.

The Annual Campaign provides families in need with financial support to participate in membership and program activities at the Staten Island YMCA. Funds for the Annual Campaign are raised by YMCA members and community volunteers. The YMCA provides membership assistance and scholarships to programs like summer camp, child care and teen activities, so that no one is turned away due to an inability to pay.

STATEN ISLAND YMCA

\$333,000

Our 2016 Goal

\$315,000

Total Raised in 2015

New York City's YMCA
**WE'RE HERE
FOR GOOD.®**

STATEN ISLAND YMCA

Anita Harvey, Senior Executive Director

Donald Sarcone, Board Chair

The Staten Island YMCA is making a difference in neighborhoods across the borough, operating over 20 locations throughout Staten Island with three main facilities and 19 program sites. In 2015, more than 60,000 people — including 30,000 kids and teens — received the support they needed to learn, grow and thrive.



to an assortment of fitness and aquatics facilities, exposes youth and adults to educational programming and encourages healthy lifestyles. Some of our most popular programs include swim lessons, basketball, soccer, Tae Kwon Do, jazz/hip hop, nursery school, adult basketball leagues, yoga, Spinning, Zumba, personal training, aqua exercise classes and SilverSneakers.

BROADWAY YMCA

Joseph Verhey, LCSW, Executive Director

John Birstler, Committee of Management Chair

The Broadway YMCA administers high-quality programs and services to our community that positively impact people from all walks of life. Our Y also makes membership opportunities available, granting convenient access to aquatics, cardiovascular and strength training equipment, recreational sports, and arts and leisure activities for health seekers and their families. The Broadway YMCA serves over 10,000 youth and 13,000 adults through innovative programs. Located in West Brighton, the Broadway Y offers access



the South Shore YMCA provides an assortment of fitness and aquatics options and offers youth, families and adults educational and recreational programming. A few of our most popular programs include Tae Kwon Do, lacrosse, baseball leagues, basketball, soccer, baby ballet/tap, swim lessons, nursery school, summer day camp, personal training, Spinning, Active Older Adults Aerobics, aquatic exercise classes and SilverSneakers.

SOUTH SHORE YMCA

Tom Swanciger, Executive Director

Michael Gervasi, Committee of Management Chair

Through programs and memberships, the South Shore YMCA promotes caring, honesty, respect and responsibility as our core values and adheres to a tradition of excellence that sets our organization apart from other not-for-profits. Serving our communities since 1997, our YMCA has been engaging youth and families in Staten Island with programs that captivate the spirit, enrich the mind and strengthen the body. The South Shore YMCA reaches over 13,000 youth and 20,000 adults through innovative programs. Located in Eltingville,



YMCA COUNSELING SERVICE

Jacqueline Fiore, LCSW, CASAC, Executive Director

Celia Iervasi, Committee of Management Chair

The YMCA Counseling Service offers hope to individuals whose lives have been turned upside-down by addiction. Since 1980, we have provided the Staten Island community with comprehensive prevention and treatment services that promote the development of spirit, mind and body. Our state-licensed outpatient program includes treatment services for adults and teens, prevention services for at-risk youth and counseling services for children, adolescents and teens who have been affected by a loved one's addiction. The YMCA Counseling Service offers programs that are specially tailored to address different aspects of addiction such as Little Steps, a program for children of substance abusers; adult programs that include individual and group counseling; programs for at risk youth; family support groups, and 12-Step Fellowship meetings for those in recovery. The YMCA Counseling Service is located on both the North and South shores of Staten Island.



Staten Island YMCA Locations

Staten Island YMCA Administrative Office
3939 Richmond Ave.,
Staten Island, NY 10312
(718) 227-4000
ymcanyc.org/statenland

1. Staten Island Broadway YMCA
651 Broadway, SI, NY 10310
(718) 981-4933
ymcanyc.org/broadway

2. Staten Island South Shore YMCA
3939 Richmond Ave., SI, NY 10312
(718) 227-3200
ymcanyc.org/southshore

3. Staten Island YMCA Counseling Service
3911 Richmond Ave., SI, NY 10312
(718) 948-3232
ymcanyc.org/counseling

Counseling Service Program Site
North Shore Center &
New Americans Welcome Center
285 Vanderbilt Ave., SI, NY 10304

Off-Site Locations

Summer Day Camp Program Site
Outdoor Adventure Day Camp
at Pouch Camp
1465 Manor Rd. SI, NY 10314

YMCA Youth Baseball & Recreation Field
The corner of Oakdale Street &
Pacific Avenue, SI, NY 10312

Y After School Program Sites

PS 19 — The Curtis School
780 Post Ave., SI, NY 10310

PS 22 — Graniteville School
1860 Forest Ave., SI, NY 10303

PS 32 — The Gifford School
232 Barlow Avenue, SI, NY 10308

PS 35 — The Clove School in the Valley
60 Foote Ave., SI, NY 10301

PS 36 — John C. Drumgoole School
255 Ionia Avenue, SI, NY 10312

PS 39 — Francis J. Murphy School
71 Sand Lane, SI, NY 10305

PS 44 — Thomas C. Brown School
80 Maple Pkwy, SI, NY 10303

PS 57 — Hubert H. Humphrey School
140 Palma Drive, SI, NY 10304

New Americans Welcome Center Off-Site Locations

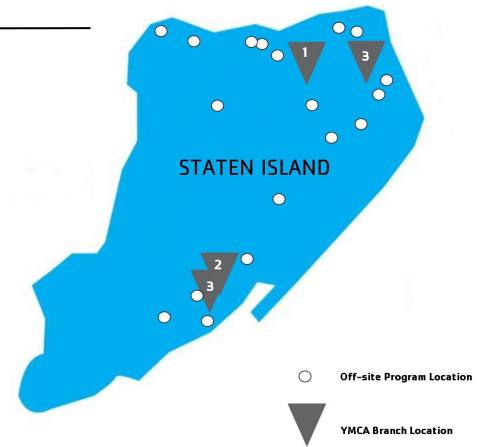
Kingsley Head Start
10 Kingsley Place, SI, NY 10301

El Centro del Inmigrante
1546 Castleton Ave., SI, NY 10302

CYO
120 Anderson Ave., SI, NY 10302

PS 16
80 Monroe Ave., SI, NY 10301

YMCA Counseling Service
3911 Richmond Ave., SI, NY 10312



PS 48
1055 Targee St., SI, NY 10304

St. Stanislaus Kostka Parish
109 York Ave., SI, NY 10301

PS 78
100 Tompkins Ave., SI, NY 10304

Staten Island YMCA Programs



Youth Programs: The Staten Island YMCA offers the highest quality youth programs including infant care, early childhood education programs, pre-school, after school and youth sports. YMCA youth programs provide kids with a safe environment to explore the arts, recreational sports and academics, while emphasizing our organizational values of caring, honesty, respect and responsibility.



Teen Programs: Our South Shore YMCA's Teen Fitness Center was designed as a safe, inviting environment for teens to learn about their own health in spirit, mind and body, with the latest equipment. For teens looking to develop as leaders and make a positive impact on their community, the Staten Island YMCA offers free civic engagement and service learning programs.



Family Programs: Offered in a nurturing and supportive environment, YMCA family programs help to provide a foundation of positive communication, teach positive parenting and mutual respect and create fond memories. Some of our most popular family programs include Family Nights and Parent & Me classes.



Older Adult Programs: The Staten Island YMCA provides an assortment of programs tailored to address the needs of Active Older Adults. Programs offer seniors opportunities to take part in cardiovascular fitness activities, arthritis exercise, instructional aquatics programs and social activities. We are also a provider of the SilverSneakers Fitness Program.



Summer Day Camp: Our Summer Day Camp program, located on 50 acres in the Greenbelt of Staten Island at Pouch Camp, focuses on developing the whole child through programs that support children's social, emotional, physical, intellectual and spiritual development. The Staten Island YMCA also offers early childhood camps for kids ages 3 to 6 and in-house camps for youth ages 7 to 12.



Y After School: The Y After School program is for elementary and junior high school students. It focuses on academic support and social and emotional growth with a program model based on learning enhancement, health and recreation, values and building competence and confidence in children. Children attend the same school as the Y After School program.



Strong Kids Card Initiative: As part of our commitment to combating the childhood obesity epidemic and improving children's health and wellness, the YMCA Strong Kids Card creates free access to the resources and facilities of the YMCA of Greater New York, to help kids develop healthy habits for the rest of their life, all in a safe, fun and supervised environment.



Y FIT START Program: This 12-week, personalized exercise program is geared for anyone interested in making a lasting lifestyle change by incorporating physical activity into their normal routine. The program helps people overcome the obstacles they have faced in the past like lack of time, lack of support and motivation, feeling uncomfortable in an exercise environment and confusion as to where and how to begin.



New Americans Welcome Center: The New Americans Welcome Center, located at the YMCA Counseling Service's North Shore Center, serves as a safe haven where the City's growing immigrant community, together with natural born citizens, can access free multilingual information, resources, referrals and services (instructional, vocational, recreational and family support) that will help them attain their goals.



YMCA Diabetes Prevention Program: If you are at high risk for type 2 diabetes, the YMCA's Diabetes Prevention Program can help you adopt and maintain healthy lifestyle choices that will help you reduce your chances of developing diabetes. In a classroom setting, a trained lifestyle coach facilitates a small group of participants in learning about healthier eating, physical activity and other behavior changes over the course of 16 one-hour sessions.



LIVESTRONG at the YMCA: The YMCA and LIVESTRONG have joined together to create LIVESTRONG at the YMCA, a physical activity and well-being program designed to help adult cancer survivors achieve their holistic health goals. The research-based program offers people affected by cancer, a safe, supportive environment to participate in physical and social activities focused on strengthening the whole person.

