

Enhance@Fitness
List of participating YMCAs

| Association Name | Street Address | City | State | Zip Code | Phone Number | Website |
|-------------------------------------------|-------------------------------|----------------|----------------------|------------|--------------|-------------------------------------------------------------------------------------|
| Birmingham Metropolitan YMCA | 2101 4th Ave N | Birmingham | Alabama | 35203-3303 | 205-801-9622 | http://www.ymcabham.org |
| YMCA of Southern Arizona | 60 W Alameda St. PO Box 1111 | Tucson | Arizona | 85702-1111 | 520-623-5511 | http://www.tucsonymca.org |
| YMCA of Burbank California | 321 E Magnolia Blvd | Burbank | California | 91502-1132 | 818-845-8551 | http://www.burbankymca.org |
| Central Coast YMCA | 500 Lincoln Ave | Salinas | California | 93901-2705 | 831-757-4633 | http://www.centralcoastymca.org |
| YMCA of Metropolitan Los Angeles | 625 South New Hampshire Ave | Los Angeles | California | 90005-1300 | 213-380-6448 | http://www.ymcala.org |
| YMCA of San Francisco | 50 California St., Ste. 650 | San Francisco | California | 94111-3937 | 415-777-9622 | http://www.ymca.org |
| YMCA of Silicon Valley | 80 Saratoga Ave. | San Jose | California | 95051- | 408-351-6400 | http://www.ymca.org |
| Channel Islands YMCA | 105 East Carrillo Street | Santa Barbara | California | 93101- | 805-569-1103 | http://www.ciyymca.org |
| YMCA of Boulder Valley | 2800 Dagny Way | Lafayette | Colorado | 80026- | 303-413-9622 | http://www.ymca.org |
| Meriden-New Britain-Berlin YMCA | 110 W Main St | Meriden | Connecticut | 06451-4142 | 203-235-6386 | http://www.meridenymca.org |
| Naugatuck YMCA | 284 Church St | Naugatuck | Connecticut | 06770-4122 | 203-729-9622 | http://www.naugatuckymca.org |
| Northern Middlesex County YMCA | 99 Union Street | Middletown | Connecticut | 06457-3430 | 860-347-6907 | http://www.midymca.org |
| The Riverbrook Regional YMCA | 404 Danbury Rd | Wilton | Connecticut | 06897-2095 | 203-762-8384 | http://www.wiltonymca.org |
| Southington-Cheshire Community YMCAs Inc. | 29 High Street | Southington | Connecticut | 06489-3176 | 860-628-5597 | http://www.sccymca.org |
| Regional YMCA of Western Connecticut Inc | 246 Federal Rd, Unit B 21 | Brookfield | Connecticut | 06804- | 203-740-3432 | http://www.regionalymca.org |
| YMCA of Metropolitan Washington | 1112 16th St NW Ste. 720 | Washington | District of Columbia | 20036-4824 | 202-232-6700 | http://www.ymca.org |
| YMCA of the Suncoast | 2469 Enterprise Road | Clearwater | Florida | 33763-1607 | 727-467-9622 | http://www.ymca.org |
| Florida's First Coast YMCA - Metropolitan | 40 East Adams Street Ste. 210 | Jacksonville | Florida | 32202- | 904-296-3220 | http://www.FirstCoastYMCA.org |
| YMCA of South Florida, Inc | 900 SE 3rd Avenue 3rd Floor | Ft. Lauderdale | Florida | 33316- | 954-334-9622 | http://ymcasouthflorida.org |
| Central Florida Metro YMCA | 433 N Mills Ave | Orlando | Florida | 32803-5798 | 407-896-9220 | http://www.ymca.org |
| Volusia/Flagler Family YMCA | 761 E. Int'l Speedway Blvd | DeLand | Florida | 32724- | 386-738-9622 | http://www.vfymca.org |
| Tampa Metropolitan Area YMCA | 110 E Oak Ave | Tampa | Florida | 33602- | 813-224-9622 | http://www.tampaymca.org/ |
| Tiftarea YMCA Inc. | 1657 S Carpenter Road | Tifton | Georgia | 31793- | 229-391-9622 | http://www.tiftareaymca.org |
| Metropolitan Augusta YMCA | 945 Broad Street | Augusta | Georgia | 30901-1289 | 706-922-9622 | http://www.thefamilyy.org |
| YMCA of Honolulu | 1441 Pali Hwy | Honolulu | Hawaii | 96813-2050 | 808-531-3558 | http://www.ymca.org |
| YMCA of Boise Inc. | 1177 W. State St. | Boise | Idaho | 83702-8364 | 208-344-5501 | http://www.ymca.org |
| YMCA of Idaho Falls Inc. | 155 N. Corner St | Idaho Falls | Idaho | 83402-4031 | 208-523-0600 | http://www.ifymca.org |
| Wood River Community YMCA | 101 Saddle Road PO Box 6801 | Ketchum | Idaho | 83340- | 208-727-9622 | http://www.woodriverymca.org |
| The West Cook YMCAs | 255 S Marion St | Oak Park | Illinois | 60302-3103 | 708-383-5200 | http://www.westcookymca.org |
| Kishwaukee Family YMCA Inc. | 2500 W Bethany Rd. | Sycamore | Illinois | 60178-0466 | 815-756-9577 | http://www.kishymca.org |
| Greater Joliet Area YMCA | 749 Houbolt Rd | Joliet | Illinois | 60431-9319 | 815-729-9638 | http://www.jolietymca.org |
| YMCA of Knox County | 1324 W Carl Sandburg Dr | Galesburg | Illinois | 61401-1348 | 309-344-1324 | http://www.knoxymca.org |
| Fox Valley Family YMCA Inc. | 3875 Eldamain Rd | Plano | Illinois | 60545-9583 | 630-552-4100 | http://www.foxvalleyymca.org |
| Mercer County Family YMCA | 401 SW 2nd Ave | Aledo | Illinois | 61231-1904 | 309-582-5101 | http://www.mercercountyymca.org |
| YMCA of Belvidere | 220 W Locust St | Belvidere | Illinois | 61008-3677 | 815-547-5307 | http://www.belviderefamilyymca.org |
| Decatur County Family YMCA Inc. | 1 YMCA Way | Greensburg | Indiana | 47240-3408 | 812-663-9622 | http://decaturcountyfamilyymca.org |
| YMCA of Greater Fort Wayne | 347 W Berry St Suite 500 | Fort Wayne | Indiana | 46802-3106 | 260-422-6488 | http://www.fwymca.org |
| Hobart Family YMCA Inc. | 601 W 40th Pl | Hobart | Indiana | 46342-2223 | 219-942-2183 | http://www.hobartymca.org |
| Cole of Greater Indianapolis | 615 N Alabama St. Ste. 200 | Indianapolis | Indiana | 46204-1359 | 317-266-9622 | http://www.indymca.org |
| Cole Center Family YMCA | 700 Garden St. PO Box 233 | Kendallville | Indiana | 46755-0233 | 260-347-9622 | http://www.coleymca.net |
| YMCA of Kokomo Indiana | 114 N Union St | Kokomo | Indiana | 46901-4697 | 765-457-4447 | http://www.kokomoymca.org |
| Kosciusko Community YMCA Inc. | 1305 Mariners Dr. | Warsaw | Indiana | 46582- | 574-269-9622 | http://www.kcymca.org |
| YMCA of La Porte Indiana | 901 Michigan Ave | La Porte | Indiana | 46350-3504 | 219-325-9622 | http://www.lpymca.org |
| YMCA of Vincennes Indiana | 2010 College Ave | Vincennes | Indiana | 47591-5631 | 812-895-9622 | http://www.vincennesymca.org |

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| YMCA of the Cedar Rapids Metropolitan Area | 207 7th Ave SE | Cedar Rapids | Iowa | 52401- | 319-366-6421 | http://www.crmetroymca.org/ |
| YMCA of Marshalltown Iowa | 108 Washington St | Marshalltown | Iowa | 50158-2833 | 641-752-8658 | http://www.ymca-ywca.org |
| Camp Foster YMCA | 1900 41st St | Spirit Lake | Iowa | 51360-0296 | 712-336-9622 | http://okobojiymca.com/ |
| YMCA of Greater Des Moines Iowa | 501 Grand Ave. | Des Moines | Iowa | 50309- | 515-282-9622 | http://www.dmymca.org |
| YMCA of Dubuque Iowa | 35 N Booth St | Dubuque | Iowa | 52001-7397 | 563-556-3371 | http://www.dubcommy.org |
| YMCA of Southwest Kansas, Inc. | 1224 Center St | Garden City | Kansas | 67846-4653 | 620-275-1199 | http://www.ymcaswkansas.com |
| McPherson Family YMCA | 220 N Walnut St. PO Box 1066 | McPherson | Kansas | 67460-1066 | 620-241-0363 | http://www.mcphersonfamilyymca.org |
| YMCA of Salina Kansas | 570 YMCA Drive | Salina | Kansas | 67401-7433 | 785-825-2151 | http://www.salinaymca.org |
| YMCA of Topeka Kansas | 421 SW Van Buren St | Topeka | Kansas | 66603-3377 | 785-435-8647 | http://www.topekaymca.org |
| YMCA of Wichita Kansas | 402 N Market | Wichita | Kansas | 67202-2012 | 316-219-9622 | http://www.ymcawichita.org |
| Barren County Family YMCA | 1 YMCA Way | Glasgow | Kentucky | 42141-1180 | 270-651-9622 | http://www.barrencountyyymca.org |
| YMCA of Central Kentucky | 381 West Loudon Avenue | Lexington | Kentucky | 40508-1409 | 859-255-9622 | http://www.ymcacky.org |
| Hopkins County Family YMCA | 150 YMCA Dr | Madisonville | Kentucky | 42431-9019 | 270-821-9622 | http://www.hopkinscountyyymca.com |
| Pikeville Area Family YMCA | 424 Bob Amos Dr | Pikeville | Kentucky | 41501-2035 | 606-433-9622 | http://www.pikevilleyymca.org |
| YMCA of Owensboro/Daviess County | 900 Kentucky Pkwy | Owensboro | Kentucky | 42301-5423 | 270-926-9622 | http://www.owensboroyymca.org |
| Limestone Family YMCA | 1080 US 68 | Maysville | Kentucky | 41056- | 606-564-6772 | http://www.limestoneymca.org |
| Paris-Bourbon County YMCA | 917 Main Street | Paris | Kentucky | 40361-0290 | 859-987-1395 | http://www.parisbourbonymca.org |
| YMCA of the Capital Area | 350 S Foster Dr | Baton Rouge | Louisiana | 70806-4105 | 225-923-0653 | http://www.ymcabatonrouge.org |
| YMCA of Greater Waterville | 126 North St | Waterville | Maine | 04901-4954 | 207-873-0684 | |
| Kennebec Valley YMCA | 31 Union Street | Augusta | Maine | 04330-5617 | 207-622-9622 | http://www.kvymca.org |
| Bangor YMCA | 17 Second Street | Bangor | Maine | 04401-4799 | 207-941-2808 | http://www.bangorY.org |
| YMCA of Cumberland MD | 601 Kelly Rd | Cumberland | Maryland | 21502-2878 | 301-777-9622 | http://www.cumberlandymca.org |
| Dorchester County Family YMCA Inc. | 201 Talbot Ave | Cambridge | Maryland | 21613-1500 | 410-221-0505 | http://www.dorchesterymca.org |
| YMCA of Frederick County MD Inc. | 1000 N. Market Street | Frederick | Maryland | 21701-4628 | 301-663-5131 | http://www.frederickymca.org |
| YMCA of Attleboro | 63 N Main St | Attleboro | Massachusetts | 02703-2219 | 508-222-7422 | http://www.attleboroyymca.org |
| YMCA of Greater Boston | 316 Huntington Ave | Boston | Massachusetts | 02115- | 617-536-6950 | http://www.ymcaboston.org |
| Old Colony YMCA | 320 Main St | Brockton | Massachusetts | 02301-5323 | 508-583-2155 | http://www.oldcolonyymca.org |
| Cape Cod Young Men's Christian Association | 2245 Rte 132 | West Barnstable | Massachusetts | 02668-0188 | 508-362-6500 | http://www.ymcacapecod.org |
| Greenfield YMCA | 451 Main St | Greenfield | Massachusetts | 01301-3304 | 413-773-3646 | http://www.ymcaingreenfield.org |
| Merrimack Valley YMCA Inc. | 101 Amesbury St. 4th Floor | Lawrence | Massachusetts | 01840- | 978-725-6681 | http://www.mvymca.org |
| Malden YMCA | 99 Dartmouth Street | Malden | Massachusetts | 02148-4906 | 781-324-7680 | http://www.ymcamalden.org |
| YMCA Southcoast | 18 So. Water St. | New Bedford | Massachusetts | 02740-7236 | 508-996-9622 | http://www.ymcasouthcoast.org |
| Hampshire Regional YMCA | 286 Prospect St | Northampton | Massachusetts | 01060-2098 | 413-584-7086 | http://www.hrymca.org |
| Hockomock Area YMCA | 300 Elmwood St | North Attleboro | Massachusetts | 02760-1304 | 508-695-7001 | http://www.hockymca.org |
| South Shore YMCA | 91 Longwater Circle | Norwell | Massachusetts | 02061- | 781-264-9400 | http://www.ssymca.org |
| MetroWest YMCA Inc. | 280 Old Connecticut Path | Framingham | Massachusetts | 01701-4539 | 508-879-4420 | http://www.metrowestymca.org |
| YMCA of the North Shore | 245 Cabot St | Beverly | Massachusetts | 01915-4598 | 978-922-0990 | http://www.northshoreymca.org |
| Berkshire Family YMCA | 292 North St | Pittsfield | Massachusetts | 01201-4604 | 413-499-7650 | http://www.pittsfieldfamilyymca.org |
| YMCA of Central Massachusetts | 766 Main St | Worcester | Massachusetts | 01610-3161 | 508-755-6101 | http://www.ymcaofcm.org |
| YMCA of Metro North, Inc. | 2 Centennial Drive Ste. 4A | Peabody | Massachusetts | 01960- | 978-775-3702 | http://www.ymcametronorth.org |
| Ann Arbor YMCA | 400 West Washington Street | Ann Arbor | Michigan | 48103- | 734-996-9622 | http://www.annarboryymca.org |
| Dow Bay Area Family YMCA | 225 Washington Avenue | Bay City | Michigan | 48708-6432 | 989-895-8596 | http://www.ymcabaycity.org |
| Benton Harbor-St. Joseph YMCA | 3665 Hollywood Rd. | Saint Joseph | Michigan | | | |
| YMCA of Metropolitan Detroit | 1401 Broadway St. Ste. 3A | Detroit | Michigan | 48226-3364 | 313-267-5300 | http://www.ymcadetroit.org |
| YMCA of Greater Grand Rapids | 475 Lake Michigan Dr NW | Grand Rapids | Michigan | 49504-2909 | 616-855-9600 | http://www.grymca.org |
| Grand Traverse Bay YMCA | 3700 Silver Lake Road | Traverse City | Michigan | 49684- | 231-486-6357 | http://www.gtbayymca.org |
| YMCA of Marquette County | 1420 Pine St | Marquette | Michigan | 49855-0441 | 906-227-9622 | http://www.ymcamqt.org |
| YMCA of Metropolitan Lansing | 119 N Washington Square | Lansing | Michigan | 48933- | 517-827-9623 | http://www.ymcaoflansing.org |
| YMCA of Lenawee County | 638 W. Maumee St | Adrian | Michigan | 49221-2030 | 517-263-2151 | http://www.ymcaoflenawee.org |

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| Monroe Family YMCA | 1111 W Elm Ave | Monroe | Michigan | 48162-2885 | 734-241-2606 | http://www.ymcaofmonroe.org |
| Muskegon YMCA | 1115 Third St | Muskegon | Michigan | 49441- | 231-722-9622 | http://www.muskegonymca.org |
| Jackson YMCA Center Inc. | 127 W Wesley St | Jackson | Michigan | 49201-2226 | 517-782-0537 | http://www.jacksonymca.org |
| Tri-Cities Family YMCA | 1 Y Drive | Grand Haven | Michigan | 49417-1768 | 616-842-7051 | http://www.tcfymca.org |
| YMCA of Barry County | 2055 Iroquois Trail; PO Box 252 | Hastings | Michigan | 49058-0252 | 269-945-4574 | http://www.ymcaofbarrycounty.org |
| YMCA of Greater Kalamazoo | 1001 W Maple St | Kalamazoo | Michigan | 49008-1885 | 269-345-9622 | http://www.kzooyymca.org |
| YMCA of Saginaw | 1915 Fordney St | Saginaw | Michigan | 48601-2809 | 989-753-7721 | http://www.SaginawYMCA.org |
| YMCA of the Blue Water Area | 1525 Third Street | Port Huron | Michigan | 48060- | 810-987-6400 | http://www.bluewateryymca.com |
| YMCA of Rochester Inc. | 709 1st Ave SW | Rochester | Minnesota | 55902-3354 | 507-287-2260 | http://www.rochfamy.org |
| Mississippi Gulf Coast YMCA | 1810 Government St | Ocean Springs | Mississippi | 39564-3931 | 228-875-5050 | http://www.mgcymca.org |
| YMCA of Greater Kansas City | 3100 Broadway St Ste 1020 | Kansas City | Missouri | 64111-2413 | 816-561-9622 | http://www.kansascityymca.org |
| YMCA of St. Joseph Missouri | 315 S Sixth St | St. Joseph | Missouri | 64501-2291 | 816-233-9622 | http://www.stjoymca.org |
| Gateway Region YMCA | 326 South 21st Street, 4th Floor | St. Louis | Missouri | 63103- | 314-436-1177 | http://www.gwryymca.org |
| Billings Family YMCA | 402 N 32nd St | Billings | Montana | 59101-1273 | 406-248-1685 | http://www.billingsymca.org |
| Southwestern Montana Family YMCA, Inc | 75 Swenson Way | Dillon | Montana | 59725- | 406-683-9622 | http://swmfymca.org |
| Greater Missoula Family YMCA | 3000 S Russell St | Missoula | Montana | 59801-8547 | 406-721-9622 | http://www.ymcamissoula.org |
| YMCA of Helena Inc. | 1200 N Last Chance Gulch | Helena | Montana | 59601-2995 | 406-442-9622 | http://www.helenayymca.org |
| Norm Waitt Sr. YMCA | 601 Riverview Dr | South Sioux City | Nebraska | 68776-1198 | 402-404-8439 | http://www.nwsymca.org |
| YMCA of Lincoln Nebraska | 570 Fallbrook Blvd, Suite 210 | Lincoln | Nebraska | 68521-9026 | 402-434-9233 | http://www.ymcalincoln.org |
| YMCA of Greater Nashua | 10 Cotton Road, Ste. 1 | Nashua | New Hampshire | 03063- | 603-598-1533 | http://www.nmymca.org |
| YMCA of Burlington and Camden Counties | 59 Centerton Rd | Mt Laurel | New Jersey | 08054-6101 | 856-231-9622 | http://www.ymca-bc.org |
| YMCA of Eastern Union County | 144 Madison Avenue | Elizabeth | New Jersey | 07201-2420 | 908-249-4800 | http://www.tgfymca.org |
| YMCA of Fanwood - Scotch Plains | 1340 Martine Avenue | Scotch Plains | New Jersey | 07076-2524 | 908-889-8880 | http://www.fspymca.org |
| YMCA of Madison NJ Inc. | 111 Kings Road | Madison | New Jersey | 07940- | 973-822-9622 | http://www.madisonareayymca.org |
| YMCA of Metuchen | 483 Middlesex Ave. | Metuchen | New Jersey | 08840-2399 | 732-516-9200 | http://www.ymcaofmewsa.org |
| Metropolitan YMCA of the Oranges | 139 E McClellan Ave | Livingston | New Jersey | 07039- | 973-758-9622 | http://www.metroymcas.org |
| Somerset County YMCA | 140 Mount Airy Road | Basking Ridge | New Jersey | 07920-2021 | 908-766-7898 | http://www.somersetcountyyymca.org |
| Summit Area YMCA | 490 Morris Avenue | Summit | New Jersey | 07901-2595 | 908-273-4270 | http://www.theSAY.org |
| Auburn YMCA-WEIU | 27 William St | Auburn | New York | 13021-3707 | 315-253-5304 | http://auburnymca.org |
| YMCA Buffalo Niagara | 301 Cayuga Rd Suite 100 | Buffalo | New York | 14225-1912 | 716-565-6000 | http://www.ymcabuffaloniagara.org |
| YMCA of Long Island | 121 Dosoris Lane | Glen Cove | New York | 11542-1216 | 516-674-8091 | http://www.ymcali.org |
| Olean-Bradford Area YMCA | 1020 Reed Street | Olean | New York | 14760-3696 | 716-701-1376 | http://www.yourymca.org |
| YMCA of Greater Rochester | 444 East Main St | Rochester | New York | 14604- | 585-546-5500 | http://www.rochesteryymca.org |
| Rockland County YMCA | 35 S Broadway | Nyack | New York | 10960-3189 | 845-358-0245 | http://www.rocklandymca.org |
| YMCA of the Greater Tri-Valley | 301 W. Bloomfield Street | Rome | New York | 13442- | 315-336-3500 | http://www.ymcatrivalley.org |
| YMCA of Rye NY | 21 Locust Ave | Rye | New York | 10580-2959 | 914-967-6363 | http://www.ryeyymca.org |
| YMCA of Capital District | 465 New Karner Road 2nd Floor | Albany | New York | 12205- | 518-869-3500 | http://www.cdymca.org |
| Greater Syracuse YMCA | 340 Montgomery St | Syracuse | New York | 13202-2015 | 315-474-0784 | http://www.ycny.org |
| Watertown Family YMCA | 119 Washington St | Watertown | New York | 13601-3323 | 315-782-3100 | http://www.watertownymca.org |
| YMCA of Yonkers Inc. | 17 Riverdale Ave | Yonkers | New York | 10701-3646 | 914-963-0183 | http://www.yoymca.org |
| YMCA of Broome County | 61 Susquehanna St | Binghamton | New York | 13901-3705 | 607-772-8984 | http://www.ymcabroome.org |
| YMCA of Kingston and Ulster County | 507 Broadway | Kingston | New York | 12401-3919 | 845-338-3810 | http://www.ymcaulster.org |
| Cortland County Family YMCA | 22 Tompkins St | Cortland | New York | 13045-2541 | 607-756-2893 | http://www.cortlandymca.org |
| Cleveland County Family YMCA | 411 Cherryville Rd; PO Box 2272 | Shelby | North Carolina | 28151-2272 | 704-484-9622 | http://www.clevecoymca.org |
| YMCA of Western North Carolina Inc. | 53 Asheland Avenue Ste. 105 | Asheville | North Carolina | 28801-1434 | 828-251-5909 | http://www.ymcawnc.org |
| Williams YMCA of Avery County | 436 Hospital Drive; PO Box 707 | Linville | North Carolina | 28646- | 828-737-5500 | http://www.ymcaavery.org |
| YMCA of Greater Cincinnati | 1105 Elm Street | Cincinnati | Ohio | 45202- | 513-651-2100 | http://www.cincinnatiymca.org |
| YMCA of Central Ohio | 40 W Long St | Columbus | Ohio | 43215-2891 | 614-224-1142 | http://www.ymcacolumbus.org |

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| YMCA of Greater Dayton | 118 W. 1st Street Ste.300 | Dayton | Ohio | 45402-1107 | 937-223-5201 | http://www.ymcaonline.org |
| YMCA of East Liverpool Ohio | 15655 State Route 170 | E. Liverpool | Ohio | 43920-3044 | 330-385-6400 | http://www.ymcanet.org |
| Great Miami Valley YMCA | 105 N 2nd St | Hamilton | Ohio | 45011-2701 | 513-887-0001 | http://www.gmvyymca.org |
| YMCA of Mansfield Ohio | 750 Scholl Rd. | Mansfield | Ohio | 44907-1570 | 419-522-3511 | http://www.mansfieldy.org |
| The Licking County Family YMCA | 470 W Church St | Newark | Ohio | 43055-4293 | 740-345-9622 | http://www.lcfymca.org |
| YMCA of Youngstown Ohio | 17 N Champion St. PO Box 1287 | Youngstown | Ohio | 44503-1602 | 330-744-8411 | http://www.youngstownymca.org |
| Putnam County YMCA | 101 Putnam Parkway | Ottawa | Ohio | 45875- | 419-523-5233 | http://www.putnamymca.org |
| Tuscarawas County YMCA Inc. | 600 Monroe St | Dover | Ohio | 44622-2047 | 330-364-5511 | http://www.tuscymca.org |
| Wapakoneta Family YMCA | 1100 Defiance St. | Wapakoneta | Ohio | 45895-1022 | 419-739-9622 | http://www.wapakymca.org |
| YMCA of Findlay Ohio | 300 E Lincoln St | Findlay | Ohio | 45840-4989 | 419-422-4424 | http://www.findlayymca.org |
| YMCA of Greater Tulsa - Metro Office | 420 S Main St., Ste 200 | Tulsa | Oklahoma | 74103-3689 | 918-747-9622 | http://www.ymcatulsa.org |
| Baker County YMCA | 3715 Pocahontas Rd | Baker City | Oregon | 97814-3129 | 541-523-9622 | http://www.bakerymca.org |
| YMCA of Ashland | 540 YMCA Way | Ashland | Oregon | 97520-3772 | 541-482-9622 | http://www.ashlandymca.org |
| Eugene Family YMCA | 2055 Patterson Street | Eugene | Oregon | 97405-2958 | 541-686-9622 | http://www.eugeneymca.org |
| YMCA of Grants Pass Oregon | 1000 Redwood Ave. PO Box 5439 | Grants Pass | Oregon | 97527-0439 | 541-474-0001 | http://www.grantsspassymca.org |
| YMCA of Columbia-Willamette Association Ser | 9500 SW Barbur Blvd Ste 200 | Portland | Oregon | 97219-5426 | 503-223-9622 | http://www.ymcacw.org |
| YMCA of Douglas County | 1151 NW Stewart Parkway | Roseburg | Oregon | 97471-1902 | 541-440-9622 | http://www.ymcaofdouglascounty.org |
| Family YMCA of Marion and Polk Counties | 685 Court St NE | Salem | Oregon | 97301-3844 | 503-581-9622 | http://www.theyonline.org |
| Tillamook County Family YMCA | 610 Stillwell Ave | Tillamook | Oregon | 97141-3752 | 503-842-9622 | http://tillamookymca.org |
| Carbondale YMCA | 82 N Main St | Carbondale | Pennsylvania | 18407-1914 | 570-282-2210 | http://www.greatercarbondaleymca.org |
| Greater Pittston YMCA | 10 North Main Street | Pittston | Pennsylvania | 18640-1806 | 570-655-2255 | http://www.greaterpittstonymca.org |
| Greater Scranton YMCA | 706 N Blakely St | Dunmore | Pennsylvania | 18512-1937 | 570-838-3130 | http://www.greaterscrantonyymca.org |
| Wayne County YMCA | 105 Park St | Honesdale | Pennsylvania | 18431-2049 | 570-253-2083 | http://www.ymcawayne.com |
| Wilkes-Barre Family YMCA | 40 West Northampton Street | Wilkes Barre | Pennsylvania | 18701-1774 | 570-823-2191 | http://www.wbymca.org |
| Beaver County YMCA | 2236 Third Ave | New Brighton | Pennsylvania | 15066-3205 | 724-891-8439 | http://www.beavercountyyymca.org |
| Philadelphia Freedom Valley YMCA | 400 Fayette Street, Suite 250 | Philadelphia | Pennsylvania | 19428- | 215-963-3700 | https://philaymca.org |
| Community YMCA of Eastern Delaware County | 2104 Garrett Road | Lansdowne | Pennsylvania | 19050- | 610-638-1270 | http://www.cyedc.org |
| Sewickley Valley YMCA | 625 Blackburn Road | Sewickley | Pennsylvania | 15143-1470 | 412-741-9622 | http://www.sewickleyymca.org |
| Shenango Valley YMCA | 925 North Hermitage Road | Hermitage | Pennsylvania | 16148-3219 | 724-981-6950 | http://www.svymca.com |
| York & York County YMCA | 90 N Newberry St | York | Pennsylvania | 17401-1012 | 717-812-0119 | http://www.yorkcoymca.org |
| Harrisburg Area Metropolitan YMCA | 123 Forster St | Harrisburg | Pennsylvania | 17102-3407 | 717-232-2068 | http://www.ymcaharrisburg.org |
| YMCA of Greater Pittsburgh | 420 Ft Duquesne Blvd., Ste. 625 | Pittsburgh | Pennsylvania | 15222-1908 | 412-227-3800 | http://www.ymcaofpittsburgh.org |
| Providence Metropolitan YMCA | 371 Pine Street | Providence | Rhode Island | 02903-4220 | 401-521-9622 | http://www.ymcagreaterprovidence.org |
| Ocean Community YMCA | 95 High St | Westerly | Rhode Island | 02891-1812 | 401-596-2894 | http://www.oceancommunityymca.org |
| Family YMCA of Greater Laurens | 410 Anderson Dr | Laurens | South Carolina | 29360-0426 | 864-984-2626 | http://www.laurensymca.org |
| YMCA of Metropolitan Chattanooga | 301 W. Sixth Street | Chattanooga | Tennessee | 37402-3112 | 423-265-8834 | http://www.ymcachattanooga.org |
| Sparta/White County Family YMCA | 123 Moore St | Sparta | Tennessee | 38583-1531 | 931-836-3330 | http://www.spartawhitecountyyymca.org |
| YMCA of Memphis & The Mid-South | 6373 Quail Hollow Road Ste. 201 | Memphis | Tennessee | 38120- | 901-766-7677 | http://www.ymcamemphis.org |
| Athens-McMinn Family YMCA | PO Box 376 | Athens | Tennessee | 37371-0376 | 423-745-4904 | http://www.athensmcminnymca.org |
| YMCA of Greater El Paso TX & Rio Grande Vall | 810 Wyoming | El Paso | Texas | 79902-5339 | 915-532-9622 | http://www.elpasoyymca.org |
| YMCA of the Greater Houston Area | 2600 North Loop West Ste. 300 | Houston | Texas | 77092- | 713-659-5566 | http://www.ymcahouston.org |
| YMCA of Greater San Antonio | 231 E. Rhapsody | San Antonio | Texas | 78216- | 210-246-9622 | http://www.ymcasatx.org |
| YMCA of Central Texas | 6800 Harvey Drive | Waco | Texas | 76710- | 254-776-6612 | http://www.ymcaactx.org |
| Arlington-Mansfield Area YMCA | 1148 W Pioneer Parkway Ste. H | Arlington | Texas | 76013-6243 | 817-299-9629 | http://www.ymca-arlington.org |
| YMCA of Northern Utah | 3216 Highland Dr., Ste. 200 | Salt Lake City | Utah | 84106- | 801-466-6299 | http://www.ymcautah.org |
| Greater Burlington YMCA | 266 College St | Burlington | Vermont | 05401-8318 | 802-652-8132 | http://www.gbymca.org |
| YMCA of Roanoke Valley | PO Box 2130 | Roanoke | Virginia | 24009-2130 | 540-527-9622 | http://www.ymcaroanoke.org |
| YMCA of Greater Seattle | 909 4th Ave | Seattle | Washington | 98104-1108 | 206-382-5000 | http://www.seattleyymca.org |
| YMCA of Parkersburg West Virginia | 1800 30th Street | Parkersburg | West Virginia | 26101- | 304-485-5585 | http://www.parkersburgymca.org |

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| YMCA of Eau Claire Wisconsin | 700 Graham Ave | Eau Claire | Wisconsin | 54701- | 715-836-8460 | http://www.eauclairemca.org |
| Sheboygan County YMCA | 812 Broughton Drive | Sheboygan | Wisconsin | 53081- | 920-451-8000 | http://www.sheboygancountymca.org |
| Kettle Moraine YMCA Inc. | 1111 W Washington St | West Bend | Wisconsin | 53095-2433 | 262-334-3405 | http://www.kmymca.org |
| YMCA of Dane County Inc. | 711 Cottage Grove Road | Madison | Wisconsin | 53716- | 608-664-9622 | http://www.ymcadanecounty.org |
| YMCA of the Fox Cities Inc | 218 E Lawrence St | Appleton | Wisconsin | 54911-5724 | 920-954-7644 | http://www.ymcafoxcities.org |
| Cheyenne Family YMCA | 1426 E Lincolnway | Cheyenne | Wyoming | 82001-4800 | 307-634-9622 | http://www.cheyeneymca.org |
| Sheridan County YMCA | 417 N Jefferson St | Sheridan | Wyoming | 82801-3827 | 307-674-7488 | http://www.sheridanymca.org |