

Let's Move! Outside

List of Participating YMCA Locations

YMCA Branch	Street Address	City	State	Zip	Contact	Phone	Email Address	Website
Birmingham Metro YMCA	2101 4th Ave N	Birmingham	AL	35203	Sarah Wilson	205-324-4563	swilson@ymcabham.org	http://www.ymcabham.org
YMCA of Central Ohio	40 W Long St	Columbus	OH	43215	Jennifer Fowler	614-224-1131	jfowler@ymcacolumbus.org	http://www.ymcacolumbus.org
Valley of the Sun	350 N 1st Ave	Phoenix	AZ	85003	James Diaz	602- 404-9622	jdiaz@vosymca.org	http://www.valleymca.org
YMCA of San Diego County	3708 Ruffin Rd	San Diego	CA	92123	Courtney Baltiysky	858-292-9622	ctaylor@ymca.org	http://www.ymca.org
Tampa Metro Area YMCA	110 E Oak Ave	Tampa	FL	33602	Ryan Gelhaus	813-244-9622	ryan.gelhaus@tampaymca.org	http://www.tampaymca.org/
YMCA of Boise Inc	1177 W. State St.	Boise	ID	83702	Erin Riley	208- 344-5502	erin.riley@ymcatvidaho.org	http://www.ymcatvidaho.org
YMCA of Greater Indianapolis	615 N Alabama St, Suite 200	Indianapolis	IN	46204	Anne Graves	317-547-9622	agraves@indymca.org	http://www.indymca.org
YMCA of Wichita	402 N Market	Wichita	KS	67202	Lori Spencer	316- 838-9622	lori.spencer@ymcawichita.org	http://www.ymcawichita.org
YMCA of Greater Louisville	545 South 2nd Street	Louisville	KY	40202	Marigny J. Bostock	502-933-9622?	marigny@gmail.com	http://www.ymcalouisville.org
YMCA of Greater Kansas City	3100 Broadway St Ste 1020	Kansas City	MO	64111	Courtney Negro	816- 561-9622	courtneymeyer@kansascityymca.org	http://www.kansascityymca.org
YMCA of Greater Omaha	430 S 20th St	Omaha	NE	68102	Anqie Fredrick	402- 341-1600	afrederick@metroymca.org	http://www.ymcaofpittsburgh.org
YMCA of Newark and Vicinity	600 Broad St	Newark	NJ	7102	Roneasha Bell	973-624-8900	rbell@newarkymca.org	http://www.newarkymca.org
YMCA of Greater Charlotte	400 E Morehead St	Charlotte	NC	28202	Karen Gibson	704-716-6600	karen.qibson@YMCACharlotte.org	http://www.ymcacharlotte.org
YMCA of the Triangle Area	801 Corporate Center Drive, Suite 200	Raleigh	NC	27607	Keith Kim	919-719-9622	Kim.Keith@ymcatriangle.org	http://www.ymcatriangle.org
YMCA of Greater Oklahoma City	500 N Broadway, Ste. 500	Oklahoma City	OK	73102	Angela Jones	405 733-9622	AnJones@ymcaokc.org	http://www.ymcaokc.org
YMCA of Greater Pittsburgh	420 Ft Duquesne Blvd, Suite 625	Pittsburgh	PA	15222	Lila de Klaver	412-648-7960	ldklaver@pitt.edu	http://www.ymcaofpittsburgh.org
San Juan - Puerto Rico YMCA	PO Box 360590	San Juan	PR	936	Robert Arzola	787- 728-7200	r.arzola@ymcasanjuan.org	http://www.ymcasanjuan.org
Providence Metro YMCA	371 Pine Street	Providence	RI	2903	Kate Messier	401-427-1858	Kmessier@qpymca.org	http://www.ymcagreaterprovidence.org
YMCA of Middle Tennessee	1000 Church St	Nashville	TN	37203	Ted Cornelius	615-259-9622	tcornelius@ymcamidtn.org	http://www.ymcamidtn.org
YMCA of the Greater Houston Area	2600 North Loop West, Suite 300	Houston	TX	77092	David Lopez	713-758-9106	david.lopez@ymcahouston.org	http://www.ymcahouston.org
Austin Metro YMCA	3208 Red River, Suite 200	Austin	TX	78705	Christianna Burwell	512-322-9622	Christianna.burwell@austinyymca.org	http://www.austinyymca.org
YMCA of Greater Richmond	2 W Franklin St	Richmond	VA	23220	Katie Gholson	804-474-4322	gholsonk@ymcarichmond.org	http://www.ymcarichmond.org
YMCA of South Hampton Rds	920 Corporate Lane	Chesapeake	VA	23320	Julie Clark	757-962-5515	jclark@ymcashr.org	http://www.ymcashr.org
YMCA of Greater Seattle	909 4th Ave	Seattle	WA	98104	Courtney Aber	206-382-5343	caber@seattleyymca.org	http://www.seattleyymca.org
YMCA of Metro Milwaukee	161 W Wisconsin Ave Ste 4000	Milwaukee	WI	53203	Helen Boom	414-313-1646	hboomsma@ymcamke.org	http://www.ymcachicago.org
YMCA of Anchorage	5353 Lake Otis Pkwy	Anchorage	AK	99507	Jennifer Howell	907-563-3211	jennifer@ymcaalaska.org	http://www.ymcaalaska.org
YMCA of Southern Arizona	60 W Alameda St, PO Box 1111	Tucson	AZ	85702	Chip Hutler	520-623-5511	charlesh@tucsonymca.org	http://www.tucsonymca.org
YMCA of Metropolitan Los Angeles	625 South New Hampshire Ave	Los Angeles	CA	90005	Juan Llamas	213-639-7421	juanLlamas@ymcala.org	http://www.ymcala.org
YMCA of San Francisco	50 California St., Ste. 650	San Francisco	CA	94111	Lara Hitchcock	415-447-9606	lhitchcock@ymcasf.org	http://www.ymcasf.org
YMCA of Metropolitan Denver	2625 S Colorado Blvd	Denver	CO	80222	Linda James Diederichsen	720-524-2725	lajames55@gmail.com	http://www.denverymca.org/
YMCA of the Rockies	2515 Tunnel Rd	Estes Park	CO	80511	Courtney Danis, Carlie Banqs	970-586-3341	cdanis@ymcarockies.org, cbanqs@ymcarockies.org	http://www.ymcarockies.org
YMCA of Greater Washington	1112 16th St NW, Suite 720	Washington	DC	20036	Janice M. Williams, La Shaun Mur	202-797-4460	janice.williams@ymcadc.org, lashaun.murray@ymcadc.org	http://www.ymcadc.org
YMCA of South Florida	900 SE 3rd Avenue, 3rd Floor	Fort Lauderdale	FL	33316	Yvonne So	954-334-9622	yso@YMCASouthFlorida.org	http://ymcasouthflorida.org
Florida's First Coast YMCA	40 East Adams Street, Suite 210	Jacksonville	FL	32202	Kimberly Lewis	904-265-1833	klewis@firstcoastymca.org	http://www.FirstCoastYMCA.org
YMCA of Metropolitan Atlanta	100 Edgewood Ave NE Ste 1100	Atlanta	GA	30303	Amanda Minix	404-267-5359	amandam@ymcaatlanta.org	http://www.ymcaatlanta.org
YMCA of Honolulu	1441 Pali Hwy	Honolulu	HI	96813	Lisa Ontai	808-531-3558	lontai@ymcahonolulu.org	http://www.ymcahonolulu.org
YMCA of Metropolitan Chicago	1030 W Van Buren St.	Chicago	IL	60607	DaWanda Williamson	312-932-1200	dwilliamson@ymcachicago.org	http://www.ymcachicago.org
Dryades YMCA	2220 Oretha Castle Haley Blvd PO Box 51	New Orleans	LA	70113	Greg Phillips	504-299-4310	gphillips@dryadesymca.com	http://www.dryadesymca.com
YMCA of Greater Boston	316 Huntington Ave	Boston	MA	2115	Sean Toland	617-927-8022	stoland@ymcaboston.org	http://www.ymcaboston.org
YMCA of Central Maryland	303 W. Chesapeake Avenue	Baltimore	MD	21204	Eric Somerville	410-823-8870	ericsonomerville@ymaryland.org	http://www.ymaryland.org
YMCA of Metro Detroit	1401 Broadway St., Suite 3A	Detroit	MI	48226	Tricia Hamzik	904-854-2000	thamzik@ymcadetroit.org	http://www.ymcadetroit.org
YMCA of the Greater Twin Cities	2125 E Hennepin Ave	Minneapolis	MN	55413	Niall Murton	952-435-9015	niall.murton@ymcatwincities.org	http://ymcatwincities.org
YMCA of Greater St Louis	326 South 21st Street, 4th Floor	St. Louis	MO	63103	Laurie McTearnen	314-421-8873	lmctearnen@ymcastlouis.org	http://www.gwymca.org
YMCA of Central New Mexico	4901 Indian School Rd NE	Albuquerque	NM	87110	Katy Marcotta	505-265-6971 x1	katy.marcotta@gmail.com	http://www.ymcacnm.org
YMCA of Southern Nevada	4141 Meadows Ln	Las Vegas	NV	89107	Breezy Bolden	702-877-9622	bbolden@lasveqasymca.org	http://www.lasveqasymca.org
YMCA of Greater New York	5 W 63rd St, 6th Fl	New York	NY	10023	Paul Custer	212-630-9600	pcuster@ymcanyc.org	http://www.ymcanyc.org
YMCA of Greater Cleveland	2200 Prospect Ave Ste 900	Cleveland	OH	44115	Barb Clint, Patricia Terstenyak	216-344-0095	bclint@clevelandymca.org, pterstenyak@clevelandymca.org	http://www.clevelandymca.org
YMCA of Columbia-Willamette	9500 SW Barbur Blvd Ste 200	Portland	OR	97219	Bruce Patton	503-223-9622	BPatton@ymcacw.org	http://www.ymcacw.org
Philadelphia Freedom Valley YMC	400 Fayette Street, Suite 250	Conshohocken	PA	19428	Mary Frances Reilly	215-735-5800	mfreilly@philaymca.org	http://philaymca.org
YMCA of Greater San Antonio	231 E. Rhapsody	San Antonio	TX	78216	Posey Duncan	210-246-9622	poseyd@ymcasatx.org	http://www.ymcasatx.org
YMCA of Northern Utah	3216 Highland Dr, Suite 200	Salt Lake City	UT	84106	Jamie Nelson	801-839-3384	Jnelson@ymcasaltlake.org	http://www.ymcautah.org

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