



GREEN OAKS HOSPITAL AT MEDICAL CITY IS JOINTLY SPONSORING THIS ACTIVITY WITH THE  
**NORTH TEXAS SOCIETY OF CLINICAL HYPNOSIS**

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A COMPONENT OF THE AMERICAN SOCIETY OF CLINICAL HYPNOSIS

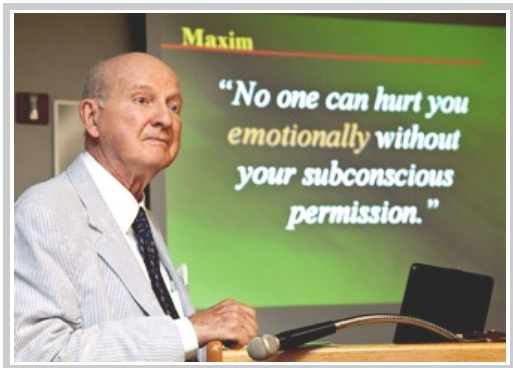
**SEPTEMBER 26, 27 & 28, 2014**

**FEATURING 2 1/2 DAYS WITH NATIONAL & INTERNATIONALLY  
RECOGNIZED TEACHERS OF HYPNOTHERAPY & PSYCHOTHERAPY**

**FRIDAY FULL DAY: KAY COLBERT, LCSW, "MINDFULNESS; CLINICAL APPLICATIONS"**

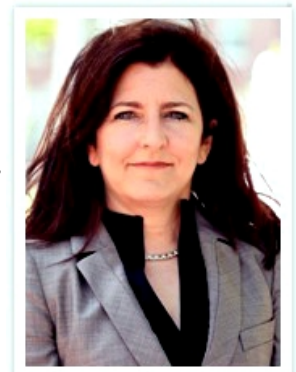
**SATURDAY FULL DAY: DABNEY M. EWIN, MD, "APPLICATIONS OF HYPNOTHERAPY &  
AGE-REGRESSION"**

**SUNDAY 1/2 DAY: S. LANE PIERCE, "APPLICATIONS OF NEURO LINGUISTIC PROGRAMMING  
(NLP)"**



**DABNEY M. EWIN, M.D.**, FACS is Clinical Professor of Surgery and Psychiatry at Tulane Medical School, and Clinical Professor of Psychiatry at Louisiana State University Medical School. One of the pioneers and past President of both the American Society of Clinical Hypnosis and the American Board of Medical Hypnosis. Also, Fellow and past Officer of the Society for Clinical and Experimental Hypnosis. Acclaimed internationally, he has received the Milton Erickson award from ASCH, the Roy Dorcas Award from SCEH, and the Pierre Janet Award from ISH. He was honored as Distinguished Visiting Professor by the Royal Society of Medicine in the UK.

**KAY COLBERT** is a Licensed Clinical Social Worker in private practice in Dallas, TX. She has had extensive professional training through the University of California San Diego Center for Mindfulness and also with Jon Kabat-Zinn. Kay specializes in substance abuse and addictive behaviors and trauma. She lectures on mental health, addiction, trauma and mindfulness topics at local and national workshops. A native of London, England, Kay lives in Dallas, Texas and Whitefish, Montana. She and her husband of 33 years have two adult children. She co-authored a book published in October 2013, *Engage the Group, Engage the Brain: 100 Experiential Activities for Addiction Treatment* published by the Erickson Foundation Press,



**S. LANE PIERCE** is a Master Trainer of Neuro Linguistic Programming and Certified Master Practitioner of NLP, and is certified in several systems of energy work and the releasing of emotional baggage. He is a Charter Member of the Advisory Board for the International Positive Psychological Association and is the founder of The Foundation for Integrative Research, Inc. He is devoted to his work of helping people to improve their lives. Lane shows the same deep compassion and commitment to his work, his community, and his family.

**YOUR TUITION INCLUDES:**

- ➔ 20 CEU Hours with 3 Hours Ethics
- ➔ Lunches, snacks and breaks provided
- ➔ 1 year membership in NTSCH
- ➔ Hours count toward Certification by The American Society of Clinical Hypnosis
- ➔ Other presentations by senior faculty members will be highlighted throughout the weekend

**REGISTRATION**

7:30am, Fri & Sat.

**WORKSHOP HOURS**

Fri: 8am - 4:45pm  
Sat: 8am - 4:45pm  
Sun: 8am - 12pm

**MEETING LOCATION**

**Argosy University**  
5001 Lyndon B Johnson Fwy  
●  
**Heritage Square**  
N.W. Corner LBJ & Tollway



Our Argosy room setting only allows for 50 participants, so make your reservation early. [Fees for early enrollment \\$235 for members, non members \\$260 and graduate students \\$140 before Sept 15. After Sept 15 fees for members \\$260, non members \\$280, graduate students \\$155, and one day attendance \\$165.](#) To insure your seat, send a deposit for \$100 now to Dr. Mount, 6750 Hillcrest Plaza Dr., Ste 221, Dallas, Texas 75230. Contact Dr. George Mount, 972-458-8333 [georgermount@yahoo.com](mailto:georgermount@yahoo.com) or myself with any questions.

## NTSCH

### SEPTEMBER 26, 27 & 28, 2014 WORKSHOP SCHEDULE & SPEAKER AGENDA

#### FRIDAY & SATURDAY

7:30 – 8:00 REGISTRATRATION

8:00 – 4:45 PROGRAMME

#### SUNDAY

8:00 – 12:00 PROGRAMME

#### FRIDAY, SEPTEMBER 26<sup>TH</sup>

- 8:00 – 10:00** **KAY COLBERT, LCSW: “MINDFULNESS I” – *Demonstrations, experiential activities and video***  
Introduction to “Mindfulness, meditation”. Overview of Mindfulness Based Interventions (MBI’s). Applications for using mindfulness and specific MBI’s in clinical practice with individuals and with groups.
- 10:15 – 12:00** **KAY COLBERT, LCSW: “MINDFULNESS II” – *Demonstrations, experiential activities and video***  
Discussion of MBI’s and how they are structured, and how they benefit various client populations. Mindfulness-Based Stress Reduction, Mindfulness-Based Cognitive Therapy for Depression, Mindfulness-Based Relapse Prevention, and Mindful Self-Compassion presented. How to teach, how to conduct inquiry.
- 12:15 – 1:30** **STEVE BELL, MS: “ETHICS”**
- 1:30 – 3:30** **KAY COLBERT, LCSW: “MINDFULNESS III” – *Demonstrations, experiential activities***  
The science behind mindfulness and mindful meditation and how it facilitates therapeutic change. Discussion of integrating mindfulness techniques into treatment. Differences/similarities of mindfulness and hypnosis presented.
- 3:30 – 4:45** **“GEORGE MOUNT, PhD: ETHICS”**

#### SATURDAY, SEPTEMBER 27<sup>TH</sup>

- 8:00 – 8:15** **NTSCH BUSINESS**
- 8:15 – 10:00** **DABNEY M. EWIN, M.D: “SPECIAL INTAKE QUESTIONS”**  
Listen for volunteered negatives, non-responsive answers, gratuitous clauses, sighs, asides and Freudian slips.
- 10:15 – 12:15** **DABNEY M. EWIN, M.D: “IDEOMOTOR SIGNALS”**  
Major value is in obtaining and confirming true diagnosis. Causes for poor response, technique, questions. must be “yes or no.”
- 12:30 – 1:30** **ROXANNA ERICKSON-KLEIN, RN, PhD: “ETHICS”**
- 1:30 – 3:30** **DABNEY M. EWIN, M.D: “REGRESSIONS”**  
Affect bridge vs age regression. MRI evidence that newborns have intact brain circuits that we believe are responsible for autogenic memory. Video of regression to in utero.
- 3:45 – 4:30** **DABNEY M. EWIN, M.D: “DEMONSTRATION”**  
Demonstrations of regression to birth or to preverbal state if we can get an appropriate volunteer from the group, or a patient under Rx (preferably for asthma, because their introduction to life is often anoxic).

#### SUNDAY, SEPTEMBER 28<sup>TH</sup>

- 8:00 – 11:00** **S. LANE PIERCE: “LINGUISTIC MENTAL SHIFTING”**  
This session will focus on how language constructs images in the mind of the listener and how those images influence our attitudes and what we believe to be real. The words you choose have a direct impact on the perceptions you hold in your mind and those in the mind of your listener. If you could reconstruct your language so as to nudge your hypnosis client into success, you and your client will achieve better results more quickly. In this session you will learn what NLP is and how your language can change what you and others believe to be real. Participants will have the opportunity to experience how language and reality are associated.
- 11:00 – 12:00** **NTSCH FACULTY: Discussion and Integration of Hypnosis, Mindfulness, NLP and Ethics.**