

Lose The Ledge

Make Fitness Fun

Clients tire of the same boring routines. LTL injects fun through game mechanics



Achievement

Clients become addicted to LTL's achievement system which provides a progression system that tracks a client's success

- Badges
- Levels
- Competencies
- Loyalties

Performance

LTL's performance center provides your clients with measurable results

- Goal Setting
- Feedback
- Real-time Reports

Spice Up Groups

Create a team and compete with personal trainers around the country



Squads

The largest challenge of group training is ensuring that all of your clients are focused on their goals and not attending to hangout with their new friends

With LTL's squads, your clients are giving team achievements to complete

You can create new squad training sessions that complement your existing sessions

Compete against other squads to showcase gain bragging rights and promote your business

Integrate Your Way

Ready to get started?
Use our site or integrate with yours



LoseTheLedge.com

If you don't have a website, your clients can login to losetheledge.com directly

Your Website

Add a member's section to your existing website that brings our tools to your clients

Mobile Apps

Mobile apps present an opportunity to differentiate your business

Wordpress Plugin

Our Wordpress plugin can add LTL's member functionality to your site