

0 GRAMS TRANS FAT PER SERVING

Cookie update! All varieties of Girl Scout Cookies contain 0 grams of trans fat per serving. The new healthier oil blend we now use to bake our cookies is great news for health-conscious consumers.



Did you notice... our packaging does not say "trans fat free?" That's because hydrogenated oils are listed on the food label. There's a difference between 0 and nothing. Technically, there is a trace of trans fat (hydrogenated oil), but it amounts to **less than 0.5 grams**. Following all FDA labeling laws, this negligible sum is rounded down to 0.

Have you ever... substituted a liquid oil for a hydrogenated product such as traditional butter or shortening in your own cookies? If so, you know that some hydrogenation is needed or the cookie will be flat and oily and does not hold together well.

Did you hear... some new crunching sounds? Some people may notice that healthier oil occasionally makes uncoated cookies a little crunchier. But all of these high-quality Girl Scout Cookies have been thoroughly tested for shelf life, freshness and customer taste appeal.

At Little Brownie Bakers, we're proud of our work to find suitable ingredient replacements that greatly reduce trans fats in our cookies. We are working to completely eliminate trans fats while keeping the same taste and texture consumers have come to love.

★ **Cookie Update** ★

