

# BOOK REVIEW

## *The Boy Who Could See Only Purple. That's right!*

By Claire Ashmore

Illustrated by Katherine Q. Merewether

32 pages

Trattford Publishing  
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Reviewed by:

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It was immediately apparent to me that this charming tale was inspired by my dad, Milton H. Erickson MD. The author, who had been introduced to Erickson's work through NLP training, confirmed this fact. Known for his creative approaches to mobilize unconscious resources, Erickson's ideas fostered a change in the way professional psychotherapy is practiced. Decades after his death, Erickson's work continues to influence a broad variety of positive, growth-oriented therapeutic directions. His work laid a foundation for the value of nurturing curiosity, self-acceptance, and internal search coupled with implied suggestion. This story shows the harmony of these processes as the joy of discovery transitions into healthy adaptive opportunities for ongoing exploration. That's right, is it not?

This publication is the first in which the New Zealand team of author and artist have worked together. Hopefully it is the first of many. Author, Claire Ashmore, is an educator with a background in grassroots literacy research and currently is working in embedded literacy training. She started out as an elementary school teacher and then taught English as a second language developing her strength of presenting complex ideas in a straightforward manner. She describes the work as a resource for parents, teachers, and therapists in support of helping children lead safe, peaceful, and productive lives. When asked about fu-

ture possibilities, Ashmore described ideas now on the drawing board—future children's stories with equally important messages.

The artist with whom Ashmore partnered is Katherine Q. Merewether. Starting with Ashmore's initial rough sketches, Merewether brought the story to life with line drawings that flow through the book matching the lightness of the text. The style is distinctly different from her previous publications as an illustrator of children's stories. Throughout, the story's economy of words is mirrored with deceptively simple illustrations.

A fanciful storyline illustrates the limitations each of us hold within, while illustrations draw out internal imagery to blend with written images on the pages. The beautifully executed line drawings punctuated with subtle washes of color show how limitations can alter perceptions. In a gentle way, the work shows how habitual patterns express themselves, and then it models possibilities for future growth. The discrete transition into ongoing growth invites the reader, in unspoken words, to self-reflect and explore his or her own habitual margins. The direction of expectation, engagement, exploration, and discovery becomes a pathway. Enrichment by sensory exploration generates new possibilities and appreciation for beauty of every day surroundings. It is all part of the story and of life itself.

*The Boy Who Could See Only Purple, That's Right!* is an engaging story that exemplifies the unique artistry of Milton Erickson's approaches. Dad would have found great pleasure in the imaginative way this tale welcomes the reader into the story with simple words complemented by line drawings. The tale unfolds into a beautiful metaphor of the emergent process of self-awareness and discovery.

Depth is revealed through the stillness of uncomplicated simplicity.