

Wood Lane School Wellness Policy

The Board recognizes that good nutrition and regular physical activity affect the health and well-being of the School's students. Wood Lane School is committed to providing a school environment that promotes children's health and wellbeing by supporting healthy eating and physical activity.

Therefore, it is the policy of Wood Lane School that:

- The operation of the food services program shall be the responsibility of the Director of Children's Services. The cafeteria shall be operated on a non-profit basis, and a periodic review of the accounts shall be made by the Director of Fiscal Services.
- The child nutritional professional in agreement with the physical education department will educate and promote health and wellness through healthy and nutritional foods and physical exercise in accordance with the NSLP guidelines.
- Planned instruction in physical education shall be individualized for students to achieve a realistic goal to improve their health and wellness in accordance with the guidelines established by the State.
- The Board shall notify the Public of the financial opportunities available to them through the Free/Reduced lunch program and inform them of the eligibility and application process as per the guidelines required by the State.
- The Director of Children's Services shall appoint a "Wellness Committee" that will include appropriate school health professionals, the general public, and the school community to discuss and support the implementation of this program to enhance the health and wellness of the students.
- The school cook shall provide students with an affordable and nutritious meal; a clean and safe eating environment, potable water, and adequate time to consume their meal by following the guidelines set forth by the NSLP.
- The school cook agrees to complete the eligibility verification by the established deadline or request an extension. Failure to do so could result in corrective action.