

Metro Women's Bible Study

Ephesians 6:10-13

Lesson 16

In this section Paul sets forth his analysis of the Christian life. Paul's analysis is that; in life there are struggles, there will be conflicts, and the Christian life is a battlefield! One of the first truths a new believer discovers is that we are in a war in which we are no match, in our own strength, for the enemy we face. Praise God that He has not left us without the means to fight, and the promises that, if we use His means (put on the armor He has provided), we will experience victory. Our goal is to learn to live, walk and war in the light of this certain truth!

DAY ONE: Read Ephesians 6:10-13

1. Read through this week's verses using both your Observation Worksheet and another Bible translation or paraphrase.

2. Ephesians 6:10-13 is a portion of the paragraph division which includes verses 10-20. List below the subjects(s) covered in verses 10-13 only.

OPTIONAL: From the list below record the key words on your chart.
God and Jesus (Christ/Lord/Master)

New to this lesson: underline the phrases: *whole armor of God* and *that you may be able to stand*
Term of conclusion: *Therefore*

OPTIONAL: Using the symbols you have chosen, mark each of the key words every time they are used in Ephesians 6:10-13. Remember, as you mark the words for *God, Jesus*, to mark any personal pronouns that refer to them.

3. Read through this section and answer the following questions about *the armor of God*:

Who should put it on? (verse 10)

What will we be able to do when we put it on? (verse 11, 13)

Who do we wrestle against? (verse 12)

How much of it are we to take up? (verse 11,13)

DAY TWO: Read Ephesians 6:10

1. Paul is drawing this incredible letter to a close. What word does he use in verse 10 to let us know he is wrapping things up?
2. Everything Paul has said previously in Ephesians is now being summed up as he closes the book. That word "Finally" is wrapping it all up. As we study Ephesians 6:10, let's look back at Paul's prayer for the saints in Ephesians 3:16 and then write it out.

The word "power" (*dunamis*) means ability, ability to do what you could not do before Jesus came into your life. The Holy Spirit now is in our lives. He lives in the inner man in order to **strengthen** us. The degree of the strengthening is "***according to the riches of His glory***". The greatest weapon we have in spiritual warfare is not what we say to the devil; my obedience, my surrender, my submission to the Lord is my greatest weapon in defeating the one who is the prince of darkness.

3. What instruction does Paul write in verse 10?
 - a. Who does he address this instruction to?
 - b. Why can't all people *be strong in the Lord*?
4. As believers we know that the Lord is our strength. Yet, here we are commanded to *be strong in the Lord and the power of His might*. What do the following verses tell us about our part?

Deuteronomy 20:3-4 ³And he shall say to them, 'Hear, O Israel: Today you are on the verge of battle with your enemies. Do not let your heart faint, do not be afraid, and do not tremble or be terrified because of them; ⁴for the LORD your God *is* He who goes with you, to fight for you against your enemies, to save you.'

Joshua 1:6-9 ⁶Be strong and of good courage, for to this people you shall divide as an inheritance the land which I swore to their fathers to give them. ⁷Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go. ⁸This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success."

1 Chronicles 28:20 ²⁰And David said to his son Solomon, "Be strong and of good courage, and do *it*; do not fear nor be dismayed, for the LORD God—my God—*will be* with you. He will not leave you nor forsake you, until you have finished all the work for the service of the house of the LORD."

1 Corinthians 16:13 ¹³Watch, stand fast in the faith, be brave, be strong."

- a. Which of these passages encouraged you the most? Why?

Challenge: Define the words *strong*, *power*, and *might* as they are used in Ephesians 6:10.

Strong

Power

Might

Power (Kratos) is exercised strength whereas Might (ischus) refers to great inherent strength.

5. What was Paul's desire for all believers to know about *power* according to the following passages?

Ephesians 1:18-20 “¹⁸the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, ¹⁹and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power ²⁰which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places.”

Philippians 3:10 “¹⁰that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death.”

Colossians 1:11 “¹¹strengthened with all might, according to His glorious power, for all patience and longsuffering with joy.”

6. Every believer at this very moment has the resources to deal with Satan, no matter what onslaughts the devil may bring. There are however two conditions that must be met -- (1) The believer's strength must be in the Lord and not in himself and (2) he must utilize the armor—the provision God has made for him. Remember that God would not command us to ***be strong in the power of His might***, had He not provided us with the resources that **ensure** victory in **each** and **every** battle. By faith in God's Word, believers can daily walk in the victory of the Cross as more than conquerors. What promises do we have from God in the following passages?

1John 5:4

1John 4:4

7. In Ephesians we have learned that the Source who strengthens us in our inner man is the Holy Spirit! We cannot empower ourselves for this spiritual struggle. Our strength source, is in the LORD! We must be willing to **surrender** to the Spirit, **yield** our will to His, and **allow** Him to strengthen us. **He** is the source of spiritual power. Spiritual battles are not natural and require supernatural spiritual strength. We must be continually filled with and controlled by the Spirit (see Eph 5:18) and continually walking in the Spirit (Gal 5:16). The result is supernatural strength for a supernatural life! What do you learn about Paul's source of strength from Philippians 3:11-13?

a. How is the believer to apply this verse in their daily life?

Someone said, “*you plus God equals a majority.*” No giant can withstand you when you are led and empowered by God's Spirit.

DAY THREE: Read Ephesians 6:11

For the LORD takes pleasure in His people; He will beautify the afflicted ones with salvation. Let the godly ones exult in glory; Let them sing for joy on their beds. Let the high praises of God be in their mouth, and a two-edged sword in their hand. (Ps 149:4-6).

1. Read and write out the instruction given in Ephesians 6:11.

2. **Put On (1746) (enduo)** from **en** = in + **dúo** = means literally to clothe or dress someone and to put on as a garment. With this in mind, underline what the following passages instruct us to *put on* as believers.

Romans 13:14 ^{“14}But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts.”

Ephesians 4:24 ^{“24}and that you put on the new man which was created according to God, in true righteousness and holiness.”

Colossians 3:10 ^{“10}and have put on the new *man* who is renewed in knowledge according to the image of Him who created him.”

Colossians 3:12 ^{“12}Therefore, as *the* elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering.”

1 Thessalonians 5:8 ^{“8}But let us who are of the day be sober, putting on the breastplate of faith and love, and as a helmet the hope of salvation.”

There is a sense of urgency in this command to ***put on the armor of God***. This word conveys the idea that it is your choice to do it. You make the choice to initiate the putting on these garments of God's armor and then you participate in the benefits of having it on. Not one is going to put it on for you, neither is God going to force you to put it on. His command and His good and acceptable and perfect will is, for you to put it on, but it still comes down to a choice **you** must make. It has to do with surrendering your will to His will. Saying no to self sufficiency, & self confidence, and saying yes to God! The armor is an absolute requirement for **daily** victorious living. And even when the battles seem to wane, we cannot become apathetic or forget that we are in spiritual warfare **everyday** for the rest of our life until the day we die!

3. The instruction in Ephesians 6:11 to *put on the whole armor of God* is followed by the instruction, *that you may be able to stand against the wiles of the devil*. A believer must have inner strength from God and a desire to fight before she clothes herself with spiritual armor on the outside. Where do we acquire this inner strength?

a. What could happen if a soldier put on battle gear before she had the inner strength from God and a desire to fight against the warfare?

b. Have you ever been in this situation? Explain.

4. According to Ephesians 6:11, why are we to *put on the whole armor of God*?

5. Look up the word *stand* in your Concordance and write out the English translation.

Stand-



The word "**stand**" has the idea not of a casual standing but of a digging in. The sandals of the Roman soldiers had spikes on the bottom of them so they could dig in and hold their ground and not be knocked off course. The spiked soldier shoes were called "**caligae**"

a. What are we to stand firm against?

6. In Ephesians 1:19 the phrase **exceeding greatness of His power** relates to the power that God used to raise Christ from the dead. It follows that Paul is commanding the saints to be **empowered with resurrection power** that conquered death and sin and Satan, **so that they might be enabled to stand firm**. Isn't it encouraging that the victory over the enemy is certain because of Calvary? We don't need to be afraid. Satan is a dangerous enemy, but Jesus sealed his ultimate fate when He rose from the dead. And He has given us everything we need to withstand the devil's attacks! What do we have to do to appropriate His provision to stand firm? See Ephesians 4:14

7. Verse 11, says, "¹¹Put on the whole armor of God, that you may be able to stand against the wiles of the devil. The word **wiles** means, "craftiness, given to making plots, shrewdly devious, tricks or strategy carried out with the intent to entice, ensnare or deceive." What does Revelation 12:9 say about the *devil*?

Revelation 12:9

a. As believers, we do not have to fall prey to the *wiles of the devil*. What do the passages below say will keep us from falling prey to the devil's wiles?

2 Corinthians 2:11 "¹¹lest Satan should take advantage of us; for we are not ignorant of his devices."

2 Corinthians 11:3 "³But I fear, lest somehow, as the serpent deceived Eve by his craftiness, so your minds may be corrupted from the simplicity that is in Christ."

1 Peter 5:8 "⁸Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour."

8. What are some synonyms for the word wiles or scheming?

Wiles or Schemes of the devil - Here we encounter the commander in chief of the invisible army arrayed against us. He is our sworn, mortal enemy. This is not a video game or a fairy tale but a very real war with a very real, deceptive foe! **Satan's scheming**, crafty actions and artful designs have 'method' and 'purpose', for his aim is to mislead the immature that are not grounded in the Word of God.

9. Think about this simple definition above in the context of spiritual warfare. Satan is orderly and logical in his steps employed against you to achieve his wicked purposes. What *wiles* or methods of trickery have you seen the *devil* use in **your** life or in the lives of others?

- a. Why do you think believers fall prey to the *wiles of the devil*?
- b. Do you think that complaining about our lot in life is an indication that we have succumbed to the **schemes** of the devil? What are some other subtle ways? Explain.

What are some of Satan's strategies towards us? He looks for ways to discourage us, and if possible, cause us to be depressed. He will use whatever it takes to achieve his goal. (people or circumstances) Maybe for you it's a, temptation to gossip, or a quick temper, or prone to coveting and jealousy, or weak in the area of lust. Don't kid yourself; he knows where your vulnerabilities lie! You've probably heard the slogan, "God loves you and has a wonderful plan for your life". That's great news, but it is also true that Satan hates you and has a plan and strategy to destroy your walk with Jesus Christ!

10. Underline/Highlight/Circle what you learn about the wiles and strategies of the devil from the passages below.

Revelation 12:10 "So the great dragon was cast out, that serpent of old, called the Devil and Satan, who deceives the whole world; he was cast to the earth, and his angels were cast out with him. And I heard a loud voice in heaven, saying, "Now the salvation, and the power, and the kingdom of our God and the authority of His Christ have come, for the accuser of our brethren has been thrown down, who accuses them before our God day and night."

Job 2:6-7 So the LORD said to Satan, "Behold, he is in your power, only spare his life."7 Then Satan went out from the presence of the LORD, and smote Job with sore boils from the sole of his foot to the crown of his head.

Luke 13:16 "And this woman, a daughter of Abraham as she is, whom Satan has bound for eighteen long years, should she not have been released from this bond on the Sabbath day?"

Acts 10:38 "You know of Jesus of Nazareth, how God anointed Him with the Holy Spirit and with power, and how He went about doing good, and healing all who were oppressed by the devil; for God was with Him."

John 8:44 "You are of your father the devil, and you want to do the desires of your father. He was a murderer from the beginning and does not stand in the truth, because there is no truth in him. Whenever he speaks a lie, he speaks from his own nature; for he is a liar, and the father of lies."

1 Thessalonians 2:18 ¹⁸"Therefore we wanted to come to you—even I, Paul, time and again—but Satan hindered us."

Luke 8:12 "And those beside the road are those who have heard; then the devil comes and takes away the word from their heart, so that they may not believe and be saved."

Mark 1:12-13 "And immediately the Spirit impelled Him to go out into the wilderness. And He was in the wilderness forty days being tempted by Satan; and He was with the wild beasts, and the angels were ministering to Him."

a. Why is it important to know who our opponent is and what his intentions are before we go into battle?

b. After reading the above passages, how does knowing the *devil* has strategic plans to cause you harm, help you to see your need to *put on the whole armor of God*?

11. How does Romans 8:37, Hebrews 2:14-15 & Revelation 12:11 encourage you in the battle against Satan?

Romans 8:37-39 ³⁷Yet in all these things we are more than conquerors through Him who loved us. ³⁸For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, ³⁹nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord."

Hebrews 2:14-15 ¹⁴Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, ¹⁵and release those who through fear of death were all their lifetime subject to bondage."

Revelation 12:11 ¹¹And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death."

DAY FOUR: Read Ephesians 6:12

1. The *armor of God* is not physical *armor*. It is spiritual *armor*. We must fight with *armor* appropriate for the battle. Why would physical *armor* fail to protect us in the battles we face spiritually? See verse 12.

2. Ephesians 6:12, says *we do not wrestle*. ***Wrestling***, at the time this letter was written, was taken very seriously. As such it is pictured as hand-to-hand combat between wrestling athletes, this combat in the ancient world was characterized by trickery, cunning and deception. When we consider that the loser in a Greek wrestling contest had his eyes gouged out resulting in blindness for the rest of his days, we can form some concept of the Ephesian Greek's reaction to Paul's illustration. Wrestling is a struggle, a fight, a combat. It refers to the struggle or combat which the Christian has to maintain in Christian warfare. What do ***you*** do to push through spiritual combat?

a. Why is it important that we *wrestle* against these spiritual powers?

b. What does 2 Corinthians 10:3-4 say about our *weapons of warfare*?

3. Verse 12 says, ***We wrestle not against flesh and blood***. Paul defines for us the nature of the struggle and this is a crucial point to understand. He tells us that ***our conflict is not against flesh and blood***. That is, spiritual warfare is not about the struggle of man against man. It is not a

political struggle, a **social** struggle, an **economic** struggle, or even a **religious** theological-doctrinal struggle. It is not a struggle between human beings. You may struggle intensely with a family member, your spouse or child or a parent. Or you may have personality conflicts and struggles in your office, or in your church, or in your neighborhood. But Paul says that our struggle is not against flesh and blood. Let me ask you a question: in reality your struggles might be with man, with the IRS, or governments, but who and what are behind these conflicts?

a. Which of these do you struggle with at this present time? How will you overcome these struggles?

b. How does knowing the truth of verse 12, *for we do not wrestle against flesh and blood*, change the way your view your conflicts or struggles?

c. Why did Paul want us to understand this truth?

4. According to Ephesians 6:12, **who do we wrestle against?**

Paul pulls back the curtain of the “invisible spiritual realm” to give us a brief glimpse of the tremendous spiritual forces arrayed against the children of God. There is an invisible audience of evil princes or chiefs among angels (rulers is plural in the Greek so he is not referring only to Satan). Paul is also teaching that even in the invisible angelic world there is a stratification of authority.

Principalities (NT:746) beginning, corner, (at the, the) first (estate), magistrate, power, principality, principle, rule.

Powers (1849) (**exousia** from **exesti** = it is permissible or allowed) means permission, authority, right, liberty, power to act. Until the end of the age these demonic forces, already defeated by Christ on the cross, are allowed to exercise a certain limited exousia (plural in this verse) in temporarily opposing the purposes of God.

Rulers (2888) (**kosmokrator** from **kósmos** = world, the world system opposed to God + **krateo** = to hold) describes one holding power over the world and thus means ruler of the world system, that system that is actively opposed to everything that God stands for. In the plural as used in this verse it speaks of Satan and his demonic forces composed of fallen angels who control the present evil world system.

Wickedness (4189) (**poneria** from **poneros** from **pónos** = labor, sorrow, pain and **poneo** = to be involved in work, labor) refers to depravity, to an evil disposition, to badness or to an evil nature. **Poneria** is used in the NT only in the moral and ethical sense and refers to intentionally practiced ill will. **Poneria** describes the state of lacking moral or social values (baseness, sinfulness, maliciousness, malevolence). **Poneria** is active malice. **Poneria** is malevolence, not only doing evil, but being evil. Webster defines malevolence as the condition which arises from intense often vicious ill will, spite, or hatred.

Heavenly places (2032) (**epouranios** from **epi** = upon + **ouranos** = heaven) means celestial, what pertains to or is in heaven. **Wuest** writes that in this context the **heavenly places** here are not those highest ones inhabited by the holy angels, but the lower heavens, the lower atmosphere surrounding this earth.

5. Sisters, after looking at the definitions of the *spiritual hosts of wickedness* above, let us not fear Satan or these evil forces. What do the following passages reveal about Jesus, Satan, & these powers?

Colossians 1:13 “¹³He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love.”

Colossians 2:15 ¹⁵“Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.”

1John 4:4 “You are from God, little children, and have overcome them; because greater is He who is in you (the Spirit of Christ) than he who is in the world.”

1John 5:18 “We know that no one who is born of God sins; but He who was born of God keeps him and the evil one does not touch him.”

John 12:31 ³¹“Now is the judgment of this world; now the ruler of this world will be cast out.”

Romans 8:38 ³⁸“For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, ³⁹nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.”

a. How do these passages encourage you and give you greater faith in dealing with spiritual warfare?

I had a “feeling” as I was writing this lesson yesterday (Monday) that Satan would probably try and assault my family with warfare because this study is so crucial to our lives in being aware of how **to stand** in the midst of spiritual battles. At 12:00 & 4:00 Tuesday morning we were blaringly awakened by our house alarm. The kids came running out of their rooms panicked, and my husband grabbed a baseball bat and proceeded to walk around the house checking doors and windows, while I tried to comfort two very freaked out kids! Nothing seemed to be disturbed, but the kids were not comforted by that at all, and both got into our bed and Richard got bumped to the couch! It took hours for them to settle down, only to be awakened **once again** with the alarm going off at 4:00 am! Needless to say we realized that Satan was trying to weaken our resolve! No one got much sleep last night, (probably not our neighbors as well) but it was a great lesson for our kids to understand how the enemy loves to play on our fears and weaknesses. Our God is an AWESOME God who is mighty in bringing down the strongholds of Satan! Whom shall we fear? Certainly not Satan!

DAY FIVE: Read Ephesians 6:13

1. The word *therefore* is based upon what we looked at in the previous three verses, what is Paul's exhortation in verse 13?

“**To take up**” means to use, to take to one's self, “to take up” as one takes armor to put it on. The verb is **aoirist imperative**, which issues a command given to be obeyed **at once**. The Christian is to take up and put on all the armor of God and keep that armor on during the entire course of his life.

2. Whose armor are we to *take up* according to this verse?

a. The qualifying phrase “**of God**” tells us that it is His armor, not ours. He provides the **full armor**, but we must **recognize** the battle and then **implement** God's sufficient provision by **faith** and **obedience**. God has **not** sent us into battle without everything we need at our disposal. The

problem with many Christians is that they are unaware they are in a spiritual battle. What could be some reasons why we are unaware of spiritual warfare in our lives?

May be Able (1410) (dunamai) means to have power by virtue of inherent ability and resources. Notice that Paul uses **dunamai** three times in this short section on spiritual warfare and each time it is in the **passive voice** indicating an external source of enablement to which the believer must be willing to yield and receive from the Holy Spirit! (Ep 6:11, 13, 16) In other words, attitudes such as self confidence, self sufficiency and self assurance, have to be cast off like filthy garments of unrighteousness if we are to receive the necessary divine empowerment that God graciously makes available to us.

3. Ephesians 6:13 in the Amplified Bible reads, *Therefore put on God's complete armor, that you may be able to resist and stand your ground on the evil day [of danger], and, having done all [the crisis demands], to stand [firmly in your place].* Notice we cannot defeat the enemy. What two things can we do?

4. Look up the word *withstand* (*resist*) in your Concordance and write out the English translation. **Withstand (Resist)-**

a. What are some synonyms for the word *resist*?

b. What are some antonyms for the word *resist*?

c. What are some ways you have learned to resist (oppose, strive against, refrain) sin, the flesh, and the devil?

5. The forces of evil are powerful. They are numerous. They are organized. They rule over darkness. They are wicked. Their power should be fearfully understood by the believer. Yet, we must never believe that we are without power to withstand (resist) him. Record the words of James 4:7 below.

a. Before we *resist the devil*, what must we do according to James 4:7?

b. Describe what it means to *submit to God*?

6. Verse 13 reads, *that you may be able to withstand in the evil day, and having done all, to stand.* The *evil day* or the *time of evil* began the moment sin entered the world. Any **day** when the **evil** one comes upon us in force is **the evil day**. Every day of temptation is an evil day in this sense for the Christian. There are seasons in our lives when pressures are more intense, and when problems, trials, and temptations seem to gang up on us all at once. Surely these would classify as evil days. By *taking up the whole armor of God*, what will we discover we have been able to do *in the evil day*?

a. What do you think it means: to *having done all* that we will *stand*?

7. **To Stand (2476) (histemi)** means to hold up: literally to support oneself on the feet in an erect position. It means to take up or maintain a specified position or posture. In context it conveys the idea of digging in (the Roman sandals had spikes for this purpose). To **"stand"** was used as a

military term for holding on to a position. **Stand firm** on the truth, the sound doctrines which Paul wrote about earlier in Ephesians, the believer's access to the same source of power that brought about Christ's resurrection. (Ep 1:19) Although, verse 13 indicates that if we *resist* and *having done all* will stand, we can never *stand* as a result of our own strength or efforts. How are we *to stand* according to the passages below?

1 Corinthians 16:13 ¹³"Watch, stand fast in the faith, be brave, be strong."

2 Thessalonians 2:15 "Therefore, brethren, stand fast and hold the traditions which you were taught, whether by word or our epistle."

Revelation 2:25-26 "But hold fast what you have till I come. And he who overcomes, and keeps My works until the end, to him I will give power over the nations."

1 Corinthians 15:1 ¹"Moreover, brethren, I declare to you the gospel which I preached to you, which also you received and in which you stand."

From Our Daily Bread - In an article for Youth Ministries magazine, a 14-year veteran of the Navy SEALs describes the color-code system they use to indicate levels of combat readiness. Each stage has a parallel in spiritual warfare.

Condition White-The soldier is relaxed and daydreaming, unaware of his surroundings. A Christian in this condition is easy prey for Satan.

Condition Yellow-The soldier is relaxed physically but alert mentally. A believer at this level may sense trouble coming, but he's not ready to confront it.

Condition Orange-The soldier is physically prepared, mentally alert, and ready to fight. A believer at this stage has on the full armor of God.

Condition Red- As in condition orange, the soldier is ready to fight. The difference is experience. A battle-seasoned Christian knows quickly what to do because of his experience and familiarity with Scripture.

Wherever we as followers of Christ happen to be--at work, in the mall, on a business trip, even among fellow believers--we need to know about Satan's methods and be prepared to resist. He always seems to attack at our most vulnerable moments. But if we stay alert and armed, we can fend off his most powerful attacks.

Thinking It Over - Which color code describes your spiritual condition? How have you responded recently to temptation? Are you studying and obeying God's Word?

Spiritual victory comes only to those who are prepared for battle.

DAY SIX: Review Ephesians 6:10-13

1. The armor of God is designed to protect us. How do you/would you protect those you love from danger?
2. Describe the intentions of our spiritual enemies.
3. In what way is the Christian life like a battle?

4. Ephesians 6:10-13 should whet our appetite to learn about the specific armor God has designed for us. What are you looking forward to learning about the *armor of God*?

5. In what ways have you been awakened to spiritual warfare by this lesson?

6. Record on your worksheets, **“Truths about God, Truths about Jesus, Truths about the Holy Spirit, Truths about the Believer, & Instructions.”**

I will call upon the LORD, who is worthy to be praised; So shall
I be saved from my enemies. – Psalm 18:3