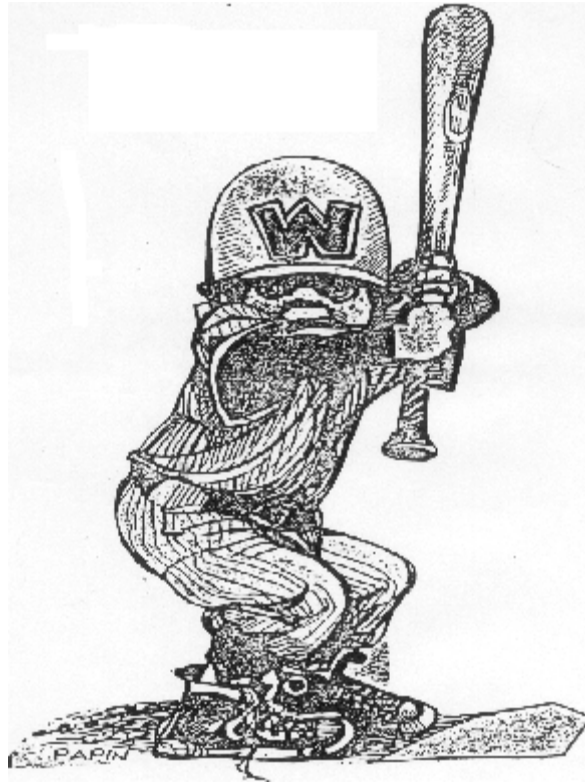




# Wantagh Little League



**2018**

# Safety Manual

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## Important Contact Info

### Emergency Services

<b>Agency</b>	<b>Phone Number</b>
<b>Police/Fire/EMT</b>	<b>911</b>
<b>Nassau Police – 7<sup>th</sup> Pct</b>	<b>516-573-6700</b>
<b>Wantagh Fire Dept</b>	<b>516-785-0215</b>

### Little League Contacts

<b>Safety Officer Ed Pecinka</b>	<b>516-221-6055 (home) 516-317-4100 (cell)</b>
<b>Wantagh Little League Main Office Ray Whitaker, President</b>	<b>516-308-1110*</b>

<b>Williamsport Insurance Claims Office</b>	<b>570-327-1674 570-326-2951 (fax)</b>
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\* **Note new phone number for WLL office**

Safety is everyone's responsibility



### League Safety Code

- + Responsibility for safety procedures belong to all adult members of the Wantagh Little League.**
  - + First Aid Kits and Ice Packs are to be available at every practice and game.**
  - + No games or practices to be held when weather or field conditions are not good, particularly when lighting is inadequate.**
  - + Play area will be inspected before all games and practices for holes, stones, glass and other foreign objects.**
- + Baseball Bat Rules:**
- Majors & below
- Bats shall not be more than 33” in length or more than 2-1/4” in diameter.**
  - Non-wood bats shall have a BPF (bat performance factor) of 1.15 or less.**
  - Composite bats are prohibited unless approved by Little League International (view**

approved listing on Little League website  
[www.littleleague.org/learn/equipment/baseballbatinfo/batrules](http://www.littleleague.org/learn/equipment/baseballbatinfo/batrules)

- + Except when a runner is returning to a base, head first sliding is not permitted (12 yrs old & younger).**
- + Equipment shall be inspected regularly. Make sure all equipment fits properly.**
- + Catchers must wear catcher's helmet, mask with throat protector, shin guards, chest protector, and male catchers must wear protective supporter at all times which includes between innings and bullpen practice.**
- + Players must not wear watches, rings, pins, jewelry or other metallic items.**
- + Parents of players wearing glasses should be encouraged to provide safety glasses.**
- + The Wantagh Little League HIGHLY RECOMMENDS that all players wear athletic supporters and Heart Guard protectors under uniform shirts whenever on the field.**
- + At no time should "horse play" be permitted on or around the playing field.**
- + During warm up drills players should be spaced so that no one is endangered by wild throws or missed catches.**
- + Batters must wear approved protective helmets during practice and during games.**

- + Only players, managers, coaches and umpires are permitted on the field during play and practice sessions.**
- + During practice and games, all players should be alert and watching the batter on each pitch.**
- + Team equipment to be stored within dugout or behind screens and not on area of field deemed in play. Use bat racks located in dugouts.**
- + Procedure should be established to retrieve foul balls that leave playing area.**
- + On-deck batters are not permitted. Only person swinging a bat is person actually at bat.**
- + Managers will use only league supplied baseballs.**
- + No metal cleats permitted.**
- + No alcohol or drugs allowed on fields at any time.**
- + No smoking within 20 feet of fields.**
- + Make sure a cell phone is available at all games and practices.**
- + No climbing fences and observe all posted signs.**
- + During sliding practice bases should not be strapped down and should be located away from base anchoring system.**
- + Never hesitate in notifying League of any present or potential safety hazards.**
- + Players and spectators should be alert at all times for foul balls and errant throws.**
- + Use crosswalks when crossing roadways. Always be alert for traffic.**

**NOTE: Wantagh Little League utilizes Volunteer Application Forms for all coaches, managers, board members and any other volunteers that have access to players to conduct a search against the Department of Justice’s nationwide sex offender registry.**

**Important Mandatory League Meetings**

***Safety Meeting*** – review of safety rules by Safety Director, handout safety manual, first-aid training by Physical Therapist and Registered Nurse

**Date: March 13, 2018**

**Time: 8:30pm-10:00 pm**

**Place: Wantagh Elementary – Beech St**

***Rules & Fundamental Training Meeting*** – review league rules, manager training

**Dates: March 13, 2018**

**Time: 7:30pm-8:30pm**

**Place: Wantagh Elementary – Beech St**

## Wantagh Little League 0 Tolerance Policy

The Board of Directors of Wantagh Little League have adopted a ZERO Tolerance policy in regards to ANYONE present at an WLL event, whether on the field or off. Our main desire in making this decision is to ensure that all league events remain safe and pleasant for all people attending.

The term "Zero Tolerance" encompasses a wide range of actions or verbiage directed from one person to another, or to a group of people. This includes, but is not limited to:

Making derogatory comments about umpire calls, or making defaming statements to the umpires themselves.

Making derogatory comments about any coaches ability to coach, or the decisions they make concerning the players on their teams.

Making derogatory comments to any player, on the field or off, for any reason.

Any negative remark made from one spectator to another.

Any of the above actions will result in removal from the game you are attending and a suspension from the next game. You will also be asked to leave the field, which includes getting into your vehicle and leaving the premises completely. Any subsequent infraction will result in a two game suspension. If the abusive behavior occurs a third time, the person may be permanently removed from the league, pending review by the Board of Directors.

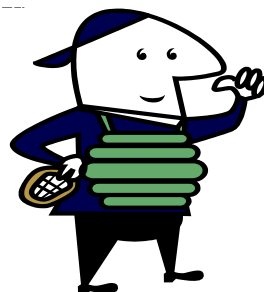
Any person threatening another person at a WLL event will be immediately asked to leave, and will be suspended for two games. ANY subsequent occurrence of the same offense will result in a one-year suspension from the league. Any occurrence after this will result in a permanent removal from WLL.

Any person assaulting: i.e.; hitting, kicking, pushing, shoving, which results in bodily injury will be permanently removed from WLL. In this case the police will be called and charges may be filed. Any person hitting, kicking, pushing, or shoving, which does not result in bodily injury, will be brought before the Board of Directors, where a decision about that person's future in the league will be determined.

Wantagh Little League is dedicated to providing a safe and fun atmosphere for the children that are participating in league events. We are also dedicated to ensuring the safety of the league officials and volunteers at the games, as well as the spectators that are present.

If you bring friends and relatives to league events, we are asking that you inform them of league policy concerning acceptable behavior at league events BEFORE you arrive at the fields.

Wantagh Little League Board of Directors.





## Managers & Coaches Safety Checklist



**Walk field & check for any safety issues**



**Inspect all equipment (helmets, bats, catchers' gear) and ensure equipment properly fits players during use.**



**Make sure first aid kit and ice packs are available**



**Make sure working cell phone is available at field**



**Warm up players before game or practice.**



**Establish safe means to retrieve any foul ball that leaves playing field into area of vehicular traffic.**



**Monitor pitch count and ensure compliance with league rules.**



**During play on hot days ensure players well hydrated. Encourage players to drink between every inning.**



**Keep eye on players and reinforce safety rules (no horseplay, no on-deck circle, no head first sliding, pitch count rules, etc)**



***\* Rain***

**If it starts to rain:**

- 1. Evaluate impact on field and traction of players**
- 2. Determine strength of rain and direction of storm**
- 3. STOP game or practice if playing conditions become unsafe – use common sense**

***\* Lightning***

**Each year over 400 people are struck by lightning in the US. Most could be avoided by following some simple proper precautions:**

- ❖ Postpone activities if thunderstorms are imminent**
- ❖ Keep an eye on the sky and weather conditions**
- ❖ Listen for thunder**
- ❖ If you hear thunder**
  - Immediately suspend event**
  - Instruct everyone to get to a safe place**
  - Avoid open areas. Stay away from trees, tall structures, and utility poles**
  - Stay away from metal bleachers, fences**
  - Do not resume play until 30 minutes after last thunder was heard**

## **Accident Reporting**

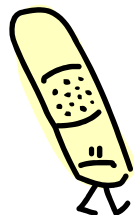
### ***What to report –***

**Any incident that causes any player, manager, coach, umpire or volunteer to receive medical treatment and/or first aid must be reported to the League Safety Officer. This includes even passive treatments such as the evaluations and diagnosis of the extent of an injury.**

### ***When to report –***

**All such incidents described above must be reported to the League Safety Officer within 24 hours of the incident. The Wantagh Little League Safety Officer can be reached at the following:**

<b>Evenings</b>	<b>516-221-6055</b>
<b>Email</b>	<b><a href="mailto:epecinka@aol.com">epecinka@aol.com</a></b>
<b>League Office</b>	<b>516-308-1110</b>





## IN CASE OF AN EMERGENCY

- ❖ Dial 9-1-1
- ❖ Notify Parent/Guardian immediately if they are not at practice or game
- ❖ Provide 9-1-1 Dispatcher with necessary information:
  - exact location to include on street, cross streets, field name & #
  - telephone number from which call is being made
  - caller's name
  - description of what happened
  - describe how many people involved
  - condition of those injured
  - type of any first aid being administered
- ❖ Do not hang up until dispatcher hangs up
- ❖ Continue to care for injured until professional help arrives
- ❖ Appoint someone to go to street and look for ambulance
- ❖ Notify league / safety officer within 24 hours on incident. Use attached **Accident Report** to document what took place,

## Wantagh Little League Accident Report

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Date: \_\_\_\_\_ Time: \_\_\_\_\_ Field Location: \_\_\_\_\_

Name of Person Injured: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: M F Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Team Name: \_\_\_\_\_ Division: \_\_\_\_\_

Manager/Coach Name: \_\_\_\_\_

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Description of Injury:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Preliminary Extent of Injury: \_\_\_\_\_

Name of Person Reporting Incident: \_\_\_\_\_

Could accident have been avoided? How:

\_\_\_\_\_  
\_\_\_\_\_

\*\*\* Forward completed form to

Ed Pecinka, Safety Officer  
Wantagh Little League  
3536 Anita Lane, Wantagh, NY 11793  
(516) 317-4100