

ELDERS

Lynn Mayfield Terry Pafford

DEACONS

Milton Lary Thomas Marshall
Waylon Mayfield Steve Mills Kyle Olree
Troy Patton Kris Pumphrey

PREACHERS

Mike Vestal – m.vestalpreach@gmail.com
Adam Orr – adam_orr@hotmail.com

MISSIONS

Denzil Roberts Nevis
Rod Kyle Palmerston North, New Zealand
Bear Valley Bible Institute of Denver

SCHEDULE OF SERVICES

SUNDAY

Morning Worship 9:00 AM
Sunday Bible Class 10:30 AM
Evening Worship 5:00 PM

WEDNESDAY

Ladies Bible Class 10:00 AM
Bible Class for All Ages 7:00 PM

Westside church of Christ
4410 W Illinois Ave
Midland TX 79703
432-694-3614
fax: 432-694-7712
e-mail:
wscoc.midland@gmail.com
web: www.westsidechristians.org
Return Service Requested

MAY 2021

Elder of the Month: Terry Pafford
Deacon of the Month: Steve Mills

SUNDAY, MAY 30, 2021
MEN TO SERVE

	AM	PM
Deacon in charge	Kris Pumphrey	Thomas Marshall
Call to Worship	Terry Pafford	Thomas Marshall
Song Leader	Thomas Marshall	Ryder Sawyer
Prayer	Aaron Ragle	Joe Prieto
Scripture Reading	Roger Bower	Kyle Olree
Closing Prayer	Jared Ivanhoe	Tim Tannich
Ushers/Greeters	Karl Ivanhoe Brian Cunningham	Jim Lorenz Jeff Scott
A/V	Bill Marshall	Kris Pumphrey
A/V	David Holman	Shadd Pumphrey

AM	AM	PM

WEDNESDAY, JUNE 2, 2021

Announcements/Prayer	Kris Pumphrey
Song Leader	Aaron Ragle
Speaker	
Closing Prayer	Tim Tannich
Ushers/Greeters	Alex Neth Phillip Marshall
A/V	Rob Wolf
A/V	Bob Williams

OTHER AREAS OF SERVICE

Sunday Nursery Workers	
Food Coordinators (June)	Caren Dixon Cherie Vestal
Funeral Coordinators (June/July)	Glenda Dolan Diane Powell
Lord's Table Preparation	

WEEK OF MAY 23, 2021

Bible Class – 140	PM Worship – 110
AM Worship – 130	Wednesday PM – 114
Contribution- 8120	Budget - 8872
Average -8985	

SUNDAY SERMON – MAY 30, 2021

Adam Orr	"Death's Descriptions"	Ecclesiastes 12:6-7
Mike Vestal	"Rubbing Shoulders With a Holy Man"	Psalm 15:1

WESTSIDE Church of Christ



THE WESTSIDE REMINDER

MAY 27, 2021
VOLUME 56, ISSUE 19

"Whatever you do, do all to the Glory of God!" - 1 Corinthians 10:31

News You Need to Know

May 31 – Office Closed for Memorial Day!

Give unto the Lord, O you might ones,
Give unto the Lord glory and strength.
Give unto the Lord the glory due to His name;
Worship the Lord in the beauty of holiness



Psalm 29:1-2

News & Notes

Prayers

Please keep Helen Wolf's sister Ruby and family in your prayers. Ruby's son, Bryson, was in a house fire and is to be taken off life support soon.

Note of Thanks

Dear Westside Family-

We want to thank you for all the loving support, cards and prayers that were said in our behalf the past few weeks. During my eye problem and the passing of my sister. They were very much appreciated. We are blessed to be part of such a caring Church family.

In Christian Love-
Eddie & Sandra Cooley

Address Update

Andrew Pafford
203 N. Eisenhower
Midland, TX 79703
432-269-5627

CHILDREN OPPORTUNITIES

BE SURE TO CHECK OUR SATURDAY MORNING STORY TIME ON WESTSIDES FACEBOOK PAGE AND VIRTUAL PEW PACKERS AVAILABLE ON WESTSIDE S FACEBOOK PAGE AS WELL AS ON OUR WEBSITE UNDER SERMONS

Stress and Young People

Although there is some disagreement among experts as to precisely why, there is an abundance of evidence which indicates young people are experiencing a seemingly unprecedented level of stress. Psychologist Daniel Keating noted: "Depression, anxiety and feeling overwhelmed are not all the same thing, but they do share a common feature: experiencing a level of stress that is beyond an ability to cope, with a negative impact on health and on the ability to function well in many situations" (Keating, Daniel).

www.psychologytoday.com/us/blog/stressful-lives/201711/why-are-teen-so-stressed-and-what-can-be-done-to-break-the-cycle). One wonders how aware many church leaders and congregations are of the seriousness of the situation. Even more, one wonders what specific actions are being taken by church leaders to help minister to youth dealing with this issue. Admittedly, parents have a primary responsibility, but this does not mean that our young people should not find support, strength and encouragement within the body of Christ.

Some of the major factors contributing to the stress of youth include (1) fear; (2) uncertainty; (3) lack of control; (4) competition, and (5) feelings of being socially "disconnected" or alone. For each of these factors, there's help and hope to be found in Christ, His gospel and His people! It simply is a must that Christians do what we can to help improve "the spiritual immune system" of young people. And this is because if Satan gets their hearts, bodies and minds, he will get their souls too! (Eph. 4:27; 2 Cor. 2:11).

What can be done? We could blame our culture, or claim that young people today are too fragile or weak. But this thinking does nothing to help improve matters. It does not appear that the factors contributing to stress among young people are going away anytime soon. What can we do to help? (Phil. 4:9) Here are four suggestions. Keep in mind that the more specific and concrete ways we positively implement these, the better. And they need to be done on both an individual and congregational level.

First, we must teach and model **faithfulness** (Matt. 22:36-40). If we're going to raise a generation of young people like Daniel, we better help them know how to have a vibrant relationship with God while living in Babylon! (Cf. Dan. 1:8; 1 Tim. 4:16). Second, we must teach and model **resilience**. Resilience will help better equip them to overcome the toxic effects of stress. If parents and churches constantly display a negative "the sky is falling" type outlook, this will not help. We must truly believe in the providential care of God (Rom. 8:28). We must believe we are "more than conquerors" through Christ (Rom. 8:37). Third, we must teach and model **mindfulness**. By this I mean that we must help them live properly in the moment. In Philippians 3, Paul exhibits a marvelous ability to properly think in terms of the past, present and future. Do we? Young people need to better see this quality in us. Fourth, we must teach and model **care**. Appropriate care is given to the body, the mind and the soul.

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This involves the appropriate application of exercise, nutrition and rest in all three areas.

Christians have a marvelous opportunity to show and tell young people of the joy and peace that is to be found in Jesus (Gal. 5:22-23). We cannot remove all the factors that might cause stress in their lives, but we can help them love and trust the One who can see them through them - Jesus.

Mike Vestal

From Mike's Desk

It seems the congregation's **Bible Classes** have gotten off to a good start. We're grateful to God to be able to begin them again for all ages and that they have been well received. It's only right that the church offer opportunities for people to grow in their knowledge and understanding of the word, as well as have an opportunity to get to know one another better. Why not make it a point to let the shepherds (Lynn and Terry) or a class teacher know you're thankful for this blessing?

Each week in the church bulletin and Sunday and Wednesday newsletters, a good bit of space is devoted to the sick and to those with **special prayer requests**. I know that many of you are great to add these individuals to your prayer lists and this is very encouraging! Let's remember to pray that those dealing with sickness and other serious issues will be faithful to the Lord, that God will be glorified and that others will see Jesus by the way those families respond. This helps our prayers show a concern for not just the here-and-now which people truly need, but allows them to have an eternal impact too.

Last Sunday evening, we had a wonderful get-together honoring **Hallie Patton**, who just graduated from Andrews High School. What a great Christian young lady Hallie is! She will be attending Texas A & M and rooming with her sister Hannah. It's great to be able to rejoice with her and her family in this achievement. Thanks to everyone who helped put this event together and to all who helped in the clean-up afterward.

It sounds like a number of Westside people will be out of town over the **Memorial Day weekend** and with Midland public schools beginning their summer break. May God help all of us to be salt and light for Him (Matthew 5:13-16). May our God give you safe travels and may He bless you richly with His grace, joy and love.

God is Spirit, and those who worship Him
must worship in spirit and in truth.
John 4:24

Continue in Prayer

OUR MEMBERS:

Margaret Hedges is in Encompass Room # 248A, but is supposed to be moved to Ashton Lodge on Friday. **Glenda Southerland, Dale Wolf, Darby Williams, Dorothy McQuerry, Carolyn Laschkewitsch, Wilbur Harkness, Patty Anderson, Ron & Paula Truex, Roxie Gray, Bill Powers, Steve Oualline, Bernice Bower, Jack Laschkewitsch, Alan & Skeet McClenahan, and Sonja Weerstra.**

Family and Friends:

Dorothy Ivanhoe (mother of Karl Ivanhoe) is in MMH Room 928. **Brittany Harris** (granddaughter of Etta Wright) suffering with lupus. **Derek Horton** (son of Steve Horton), will return from the Middle East in late June or early July. **Dorothy Ivanhoe** (mother of Karl Ivanhoe), **BreAnna Foresyth** (granddaughter of Myndi Smith), **Joan Lee** (Aunt of Amber Reynolds), **Brad Hocker**, (husband of Becki Hocker), **Dolly Andrews** (sister of Margaret Hedges), **Jeremy and Meredith Rowton** (Patty Rows' nephew and wife), **Weston Moses** (nephew of Mary Olree) and **Becky Ekstrom** (niece of Tanya McCann).

Those with Cancer:

June Deaver (grandmother of Lexie Sawyer) has been diagnosed with brain cancer. **Aimee Williams** (daughter of Bob Williams) will have surgery on June 8th. **Rob York** (cousin of Amber Reynolds) has been diagnosed with stage 4 cancer. **Mike Williams** (brother of Bob Williams), **Ruthie Ewen** (sister of Jena Prince), **Dan Winkler**, **Kendra Jakel** (granddaughter of Faye Floyd), **Gayle Williams** (sister of Mark Chamness), **InaBeth McCoy** (Cousin of Brandi Marshall, and Pat Flores (sister of Ron Truex).

See you Sunday for
Worship and Bible
class