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**For Immediate Release**

**Cardiologist Brandi Witt, MD joins the medical staff of  
Westfields Hospital and New Richmond Clinic**

February 6, 2013—Westfields Hospital and the New Richmond Clinic are pleased to welcome cardiologist Brandi Witt, MD to New Richmond. As of February 7, Dr. Witt increases the availability of cardiology services at the Westfields campus making it easier than ever to receive specialized heart care locally.

Heart disease is the number one health problem facing both men and women today, but there are a number of effective treatments available. Symptoms depend on the type of heart disease. Shortness of breath or fatigue can be caused by coronary artery disease (blocked vessels) or valve problems. Swelling of the feet and legs can be a symptom of heart failure. If you feel like your heart is racing, you have lightheadedness or fainting spells you may have heart rhythm problems.

Dr. Witt says the best thing you can do to improve your health is to follow a healthy diet, exercise and maintain a healthy weight. “Prevention is the key for heart disease. If you have high blood pressure, high cholesterol or diabetes, be sure to work closely with your doctor to control these issues,” says Witt.

Dr. Witt received her medical degree from the University of Minnesota. She completed her residency in internal medicine and a fellowship in cardiology at the Mayo Clinic in Rochester. As part of the HealthPartners family, Dr. Witt also sees patients at Lakeview Heart Center, Stillwater, Minn. where she has practiced since 2011.

She provides diagnostic studies, stress testing, echocardiography, stress echocardiography, nuclear cardiac stress testing and other procedures. She has a particular passion for women’s health issues as well.

If you think you might have a problem with your heart, don’t be afraid to speak up and get it checked out. For more information or to schedule an appointment call 715-246-6911.