What can we do about bullying?



JOSÉ LUIS'S STORY

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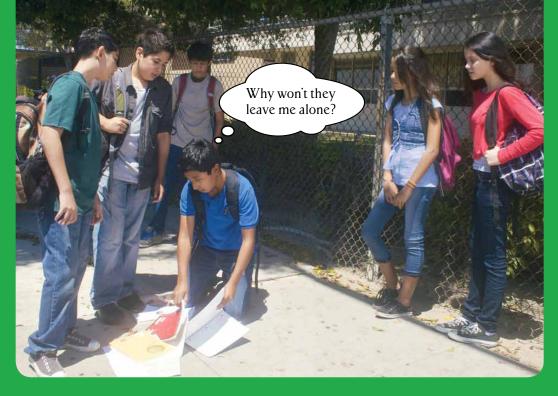
JOSÉ LUIS'S STORY

PRODUCED BY





"Hey loser, you dropped something!"



THEY STOP HIM ON THE WAY HOME TOO.



PATRICIA WATCHES AND DOESN'T SAY ANYTHING.



MOTHER: "What's the matter, José Luis?"



MOTHER: "José Luis won't say, but I know something is wrong. He's sad and quiet and doesn't seem to have any friends. I think he's being picked on."

HER FRIEND MARIA: "It sounds like he is being bullied.

Let's talk to his teacher."



MOTHER: "My son has been very sad and quiet lately. He seems scared to go to school – I think he is being bullied."

MEANWHILE...



PATRICIA: "The kids are mean to him. They call him names. I feel bad about it."

HER FATHER: "You're right to feel bad. When I came to this country as a little boy, bullies messed with me, too."



PATRICIA: "What happened?"

HER FATHER: "I left school because I was scared, and never went back.

It made life a lot harder. You need to help stand up for him and
make sure adults at school know what's going on."



LATER



MARCO: "I said, get out of my way!"

PATRICIA & FRIENDS: "Hey, back off!"

"Yeah, leave him alone."

"Come on, let's get to class."



PATRICIA: "You should eat with us tomorrow."



What can we do about bullying?

Bullying is unwanted, aggressive behavior that causes serious harm. Bullying can be a problem for anyone and there are many ways children are bullied. Learn more at: www.WellnessEveryDay.org/bullying





Signs that may mean that your child is being bullied:

- · Seems sad or scared
- Doesn't want to go to school
- Problems eating or sleeping

If you think your child is being bullied, get help right away:

- Tell a teacher, school administrator or counselor.
 Translators are available.
- Encourage your children to talk to you.
- Reach out to a community organization or other parents.







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"Among individuals, as among nations, when there is respect, there is peace."

- DON BENITO JUAREZ GARCIA, MEXICAN PRESIDENT FROM OAXACA